



**SKILLSIQ**

CAPABLE PEOPLE MAKE CLEVER BUSINESS

# **SIS Sport, Fitness and Recreation Training Package V5.0**

**Companion Volume Implementation Guide**

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## Training package modification history

The table tracks modifications to training package products in the *SIS Sport, Fitness and Recreation Training Package* made after the initial release.

Please check that you are using the current version of the *SIS Sport, Fitness and Recreation Training Package* by accessing information from [training.gov.au](http://training.gov.au).

Table 1: Training package modification history at time of publication

Version	Release Date	Comments
5.0	XX 2021	<p>Release 6.0 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following Fitness qualifications:</p> <ul style="list-style-type: none"> <li>• SIS30321 Certificate III in Fitness</li> <li>• SIS40221 Certificate IV in Fitness</li> </ul> <p>Endorsement of four skill sets:</p> <ul style="list-style-type: none"> <li>• SISSS00127 Aqua Exercise Instruction</li> <li>• SISSS00128 Group Exercise Leader</li> <li>• SISSS00129 Pool Lifeguard</li> <li>• SISSS00130 Pre-exercise Screening</li> </ul> <p>Endorsement of 22 updated Fitness units of competency, SISFFIT032 - 053.</p>
4.1	March 2021	<p>Release 4.1 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>In response to Skills Reform Ministerial Statement of 9 October 2020, modifications include the removal of unused units of competency from the SIS Training Package.</p> <p>One unit removed:</p> <p>SISCAQU013 Coordinate lifeguard service at an aquatic facility.</p> <p>Minor modification to SIS40115 Certificate IV in Sport and Recreation. Removal of SISCAQU013 Coordinate lifeguard service at an aquatic facility from electives.</p>
4.0	September 2019	<p>Release 4.0 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following Sport qualifications:</p> <ul style="list-style-type: none"> <li>• SIS20219 Certificate II in Sport - Developing Athlete</li> <li>• SIS20319 Certificate II in Sport Coaching</li> <li>• SIS30419 Certificate III in Sport - Athlete</li> <li>• SIS30519 Certificate III in Sport Coaching</li> <li>• SIS40319 Certificate IV in Sport Coaching</li> <li>• SIS40419 Certificate IV in Sport Development</li> <li>• SIS50319 Diploma of Sport</li> </ul> <p>Endorsement of the following Outdoor Recreation qualifications:</p> <ul style="list-style-type: none"> <li>• SIS20419 Certificate II in Outdoor Recreation</li> <li>• SIS30619 Certificate III in Outdoor Leadership</li> <li>• SIS40619 Certificate IV in Outdoor Leadership</li> </ul>

Version	Release Date	Comments
		<ul style="list-style-type: none"> <li>SIS50419 Diploma of Outdoor Leadership</li> </ul> <p>Please see the separate Outdoor Recreation Companion Volume Implementation Guide for specific information relating to outdoor recreation training package products.</p>
3.0	December 2017	Endorsement of 15 Equine Units of Competency (Separate Companion Volume has been merged with the Outdoor Recreation Companion Volume Implementation Guide).
2.0	December 2015	<p>Endorsement of the following qualifications:</p> <ul style="list-style-type: none"> <li>SIS10115 Certificate I in Sport and Recreation</li> <li>SIS20115 Certificate II in Sport and Recreation</li> <li>SIS30115 Certificate III in Sport and Recreation</li> <li>SIS40115 Certificate IV in Sport and Recreation</li> <li>SIS50115 Diploma of Sport and Recreation Management</li> </ul>
1.0	September 2015	Primary release of <i>SIS Sport, Fitness and Recreation Training Package</i> .

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### **Date of Publication**

XX 2021

## Introduction

This Companion Volume Implementation Guide has been developed to provide advice and guidance on the implementation of the SIS Sport, Fitness and Recreation Training Package.

Training packages consist of endorsed and non-endorsed components that are developed to comply with the *Standards for Training Packages 2012*. Endorsed components must be submitted for approval by the Australian Industry and Skills Committee before they are released for use.

Endorsed components can include:

- units of competency which specify the standard of performance required in the workplace
- assessment requirements (associated with each unit of competency)
- qualifications that are consistent with the Australian Qualifications Framework specifications
- credit arrangements which specify any arrangements between training package qualifications and higher education qualifications.

Non-endorsed components can include:

- a quality assured Companion Volume Implementation Guide (Implementation Guide)
- other quality assured guides to assist users
- skill sets.

### Quality assurance of companion guides

This Implementation Guide contains some mandatory content such as lists of units and their prerequisites. Other content is informed by consultation processes with industry representatives, trainers, assessors, and project reference committees so that information is relevant and useful to all users of the training package.

The content is reviewed by the Industry Reference Committee (IRC), editors, and State and Territory Training Authorities before publication. Implementation Guides are reviewed and updated in response to ongoing feedback received by SkillsIQ, subject to IRC approval.

# 1.0 Overview information

This Implementation Guide is designed to assist assessors, trainers, Registered Training Organisations (RTOs) and enterprises to deliver the *SIS Sport, Fitness and Recreation Training Package*. It provides advice about the structure and content of the training package, its key features and specific information applicable to implementation.

## 1.1 Outdoor Recreation Companion Volume Implementation Guide

Please refer to the separate ***Outdoor Recreation Companion Volume Implementation Guide*** for specific information about outdoor recreation training package products:

<https://vetnet.education.gov.au/Pages/TrainingPackages.aspx>

## 1.2 SIS Qualifications

Qualifications are created by combining units of competency into groups which provide skill outcomes meaningful in the workplace for different job roles, and aligning those groups of competencies to qualification levels consistent with the specifications nominated in the Australian Qualifications Framework (AQF).

Qualifications therefore:

- represent key industry functions directly related to occupational positions in the industry
- are a framework, not a course.

Table 2: List of qualifications in the SIS Sport, Fitness and Recreation Training Package

Qualification Code	Qualification Title
SIS10115	Certificate I in Sport and Recreation
SIS20115	Certificate II in Sport and Recreation
SIS20219	Certificate II in Sport - Developing Athlete
SIS20319	Certificate II in Sport Coaching
SIS20419	Certificate II in Outdoor Recreation
SIS30115	Certificate III in Sport and Recreation
SIS30321	Certificate III in Fitness
SIS30419	Certificate III in Sport - Athlete
SIS30519	Certificate III in Sport Coaching
SIS30619	Certificate III in Outdoor Leadership
SIS31015	Certificate III in Aquatics and Community Recreation
SIS40115	Certificate IV in Sport and Recreation
SIS40221	Certificate IV in Fitness
SIS40319	Certificate IV in Sport Coaching
SIS40419	Certificate IV in Sport Development
SIS40619	Certificate IV in Outdoor Leadership



Qualification Code	Qualification Title
SIS50115	Diploma of Sport and Recreation Management
SIS50319	Diploma of Sport
SIS50419	Diploma of Outdoor Leadership

### 1.3 SIS Skill sets

Skill sets contained within a training package, are a group of units of competency that provide a specific array of skills that are able to be gained outside of a qualification. They can be:

- a group of skills that link to a licensing or regulatory requirement
- a group of skills that can link to a defined industry need; these could comprise a set of units to upskill workers and can be thought of as a short upskilling course
- a set of units linked to a defined industry need where a whole qualification is not required; workers just need a very specific array of skills.

A skill set can comprise a single unit of competency.

Table 3: List of skill sets within the SIS Sport, Fitness and Recreation Training Package

Skill Set Code	Skill Set Title
SISSS00110	Aquatic Technical Operator
SISSS00112	Swimming and Water Safety Teacher
SISSS00114	Advanced Coaching
SISSS00115	Coach Development
SISSS00116	High Performance Coach
SISSS00117	Sport Official
SISSS00118	Sports Trainer Level 1
SISSS00119	Community Coaching
SISSS00120	Alpine Activities Leader
SISSS00121	Artificial Abseiling
SISSS00122	Artificial Climbing
SISSS00123	Challenge Course Leader
SISSS00124	Challenge Course Supervisor
SISSS00125	Tracked Horse Trail Ride Guiding
SISSS00126	Wilderness First Aid
SISSS00127	Aqua Exercise Instruction
SISSS00128	Group Exercise Leader
SISSS00129	Pool Lifeguard
SISSS00130	Pre-exercise Screening

### 1.3.1 Offering other groups of units

Users can, over and above the nominated training package skill sets, deliver a stand-alone unit or any other combination of units which meets an identified industry need.

This approach can provide tailored training opportunities that meet local industry and/or employer needs, and should be subject to RTO consultation with industry or employers. Careful consideration should be given before offering short courses to ensure that demand is driven by industry rather than the learner market, and that the combination of units provides a coherent skills outcome for use in employment.

## 1.4 SIS Units of competency and prerequisites

Units of competency are developed by industry to meet the skill needs of industry. Each unit of competency identifies a discrete workplace skill and includes the knowledge that underpins competency. Units of competency therefore:

- are statements about the skills and knowledge required for effective performance in a particular job function
- describe work outcomes, not training input or modular ways of delivering training
- logically describe stand-alone skills which are used in a work situation
- can be combined together in groups which align to work functions and job roles.

### 1.4.1 Prerequisites

A prerequisite is a unit of competency in which the individual must be deemed competent prior to the determination of competency in another unit. Prerequisites are applicable when competency cannot be achieved in a given unit of competency without first gaining essential knowledge and skills from other unit(s) of competency.

Minimal prerequisites have been nominated in SIS units of competency. This avoids a trail of prerequisites leading to multiple others, and a mandatory “lock-step” approach to training and assessment. Nomination of multiple prerequisites reduces flexibility, may create challenges for holistic delivery, and can force all RTOs to sequence delivery in the same way, despite diverse course content, learner and industry needs.

### 1.4.2 Imported units of competency

In addition to units developed specifically for the sport, fitness and recreation industry, qualifications contain a range of units imported from other training packages. These have been selected because of their applicability to industry job roles.

## 1.5 Lists of units of competency, and qualification and unit mapping

*Table 4: The following information is contained within appendices to this Implementation Guide:*

SIS units and prerequisites	<a href="#">Appendix A</a>
Imported units and prerequisites	<a href="#">Appendix B</a>
Mapping of qualifications from previous to currently endorsed versions	<a href="#">Appendix C</a>
Mapping of units from previous to currently endorsed versions	<a href="#">Appendix D</a>

## 2.0 Key industry work and training requirements

### 2.1 Overview of the Sport, Fitness and Recreation Industry

The sport, fitness and recreation landscape is complex. It comprises four industry sectors—sport, fitness, community recreation and outdoor recreation—that are made up of:

- not-for-profits (including volunteer organisations)
- government bodies (local, state and federal)
- commercial enterprises (from large companies down to sole traders such as personal trainers).

It also intersects with a number of other industries, particularly tourism, education and health. For example, outdoor recreation overlaps with both the tourism and education sectors. Fitness instructors provide services to optimise clients' fitness outcomes, health and wellbeing and often work collaboratively with medical and allied health professionals.

According to the most recent Australian census information available at time of publication, there are 68,907 people employed in the industries covered by the SIS Sport, Fitness and Recreation Training Package, with a total of 76,417 recorded as working in the industry overall.

Additionally, the involvement of volunteers is a key feature of the sport and recreation sectors. These sectors benefit significantly from the input of volunteers, with sporting organisations in particular relying heavily on volunteers to provide services for their members. Volunteers participate in a broad range of activities including administration, fundraising, coaching, catering and grounds maintenance.

### 2.2 Industry sectors

#### 2.2.1 Community Recreation

Recreation is defined as activities that require physical exertion but are predominantly engaged in for the purpose of enjoyment. However, the ABS does not differentiate between sport and recreation. The sport and recreation sector encompasses a broad range of services to promote an active and healthy lifestyle, and is comprised of a diverse set of business and organisation types. These include not-for-profit organisations including many volunteer-run organisations; local, state or federal government managed bodies; and businesses ranging in size.

Community recreation, refers to recreation at the community level, such as community recreation facilities and community activity programs. The organisations involved in community recreation are diverse and run across national, state and territory, and local levels. The delivery of community recreation activities is facilitated by commercial providers, clubs, schools, higher education institutions and youth and community groups. Recreation activities are also supported by the management of venues and facilities, such as aquatics centres, outdoor centres and camps. Relevant organisations include peak and representative bodies for individual recreation activities and for the sector as a whole.

Recreation receives a great deal of assistance from all levels of government: local governments, state and territory sport and recreation government departments and at the federal level.

#### 2.2.2 Fitness

The fitness sector encompasses the provision of fitness and exercise services in the context of health clubs, fitness centres and gyms, leisure and community centres, as well as the provision of personal training for individuals and groups in a variety of settings. There is a wide variety of business models ranging from fully staffed multi-purpose fitness centres, including an aquatic exercise area to 24 hour access gyms that may only be staffed for periods of the day. Online delivery of exercise sessions is emerging as a popular service offering for groups and individuals, and can involve live or pre-recorded on demand sessions.

The Australian Bureau of Statistics (ABS) defines fitness instructors as those who 'direct, instruct and guide individuals and groups in the pursuit of physical fitness and wellbeing'. This includes a broad range of fitness service occupations, such as gym, group and aqua instructors, and personal trainers.

Employment in the fitness sector can be on a full time, part time or casual basis. There is an increasing reliance on self-employed fitness instructors who subcontract to gyms and/or operate bespoke personal training businesses.

### 2.2.3 Outdoor Recreation

Please refer to the separate ***Outdoor Recreation Companion Volume Implementation Guide*** for specific information about the outdoor recreation sector.

### 2.2.4 Sport

The sport sector includes a diverse range of sport clubs and organisations ranging from small community sport clubs to schools to large professional National Sporting Organisations. Sport sector occupations include coaches, athletes, sport trainers and officials. The workforce includes paid and volunteer employment.

Sport Australia is Australia's primary national sports administration and advisory agency.

Sport Australia is the operating brand name of the Australian Sports Commission (ASC), a Commonwealth entity within the Australian Government's Department of Health Portfolio.

Sport Australia works directly with sporting organisations, peak bodies, the Office for Sport, state and territory departments, institutes and academies of sport, and the business sector.

Further information can be found on the Sport Australia [website](#).

## 3.0 Pathways information

Please refer to the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information about outdoor recreation sector pathways.

### 3.1 Occupational outcomes for each SIS qualification

Table 5: Occupational outcomes of qualifications by industry sector

Qualification	Occupational Outcome
<b>COMMUNITY RECREATION</b>	
SIS31015 Certificate III in Aquatics and Community Recreation	<p>This qualification reflects the role of individuals who work in aquatic facilities or environments, and recreation facilities. These individuals are competent in a range of activities and functions requiring autonomous work within a defined range of situations and activities.</p> <p>This qualification provides a pathway to work as a swimming teacher, pool lifeguard, or recreation leader.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• swimming teacher</li> <li>• pool lifeguard</li> <li>• recreation leader.</li> </ul>
<b>FITNESS</b>	
SIS30321 Certificate III in Fitness	<p>This qualification reflects the role of group and gym fitness instructors. These fitness instructors may plan and deliver group exercise sessions, and develop gym-based programs for individuals where the level of personalised instruction and ongoing client monitoring is limited. They work in predictable environments under general supervision. When instructing groups or interacting with clients, they use discretion and judgment to solve routine issues within the parameters of clearly defined organisational policies and procedures.</p> <p>This qualification provides a pathway to work as a fitness instructor in settings such as fitness facilities, gyms, leisure and community centres.</p>
SIS40221 Certificate IV in Fitness	<p>This qualification reflects the role of personal trainers who develop, instruct and evaluate personalised exercise programs for generally healthy and low risk clients, to achieve specific fitness goals. Clients with higher health risks are referred to medical or allied health professionals. Personal trainers work independently using highly developed fitness skills and knowledge in both routine and unpredictable situations. They use well-developed communication and collaboration skills to interact with clients and health professionals to improve client fitness outcomes.</p> <p>This qualification provides a pathway to work as an employed or self-employed personal trainer in settings such as fitness facilities, gyms, leisure and community centres, client workplaces and homes and outdoor locations. Personal trainers may offer services to individuals and groups, and may provide online training services. In some</p>

Qualification	Occupational Outcome
	employment contexts, personal trainers may be involved in team leadership or supervisory activities.
<b>OUTDOOR RECREATION</b>	
SIS20419 Certificate II in Outdoor Recreation	<p>This qualification reflects the role of individuals who assist with operational logistics and the delivery of recreational activities. They work under direct supervision and with guidance from those responsible for planning, finalising and delivering activities, including program managers and leaders.</p> <p>Assistants use a range of fundamental activity techniques during activities and can work in indoor and outdoor recreation environments, adventure learning centres or camps. The combined skills and knowledge provided by this qualification do not provide for a job outcome as a leader and further training would be required before moving into those roles.</p>
SIS30619 Certificate III in Outdoor Leadership	<p>This qualification reflects the role of skilled outdoor recreation leaders who lead and supervise dependent participants in recreational activities according to pre- determined activity plans, adjusting as required to suit conditions and participant abilities.</p> <p>Leaders are skilled in recreational activity techniques and have well-developed leadership skills to manage group participation, cohesion, operational logistics, risk and problems as they arise. Using discretion and judgement, they work with some independence and under limited supervision using clearly defined plans, policies and procedures to guide work activities.</p> <p>This qualification reflects the role of leaders who can work in a range of settings including indoor centres and outdoor adventure learning centres and camps, or relatively close to base in the field. They have access to reliable communication systems and assistance from medical and emergency services. When in the field, supervision is provided remotely, in the form of support from base, to deal appropriately with unplanned events or significant problems.</p>
SIS40619 Certificate IV in Outdoor Leadership	<p>This qualification reflects the role of highly skilled outdoor recreation leaders who lead and supervise dependent participants in recreational activities according to activity plans, which they develop.</p> <p>These leaders are proficient in recreational activity techniques and have well-developed leadership skills to manage group participation, cohesion, operational logistics, risk and significant problems as they arise. While actions are limited by the parameters of plans, policies and procedures, they work with a considerable amount of autonomy.</p> <p>This qualification reflects the role of leaders who can work at or close to base but often work in remote areas distant from support. Communication systems may be unreliable and assistance from medical and emergency services may not be readily available. They are expected to make high level independent judgements about logistical, technical, safety and emergency response issues.</p>



Qualification	Occupational Outcome
SIS50419 Diploma of Outdoor Leadership	<p>This qualification reflects the role of highly skilled senior leaders or program, logistics and operations managers.</p> <p>Senior leaders lead and supervise dependent participants in recreational activities and have a role in planning these activities. They are highly proficient in activity techniques and have well-developed leadership skills to manage group participation, cohesion, operational logistics, risk and significant problems as they arise.</p> <p>Managers are involved in recreational program planning, implementation and evaluation, facility and equipment management, the leadership of personnel, and the operational management of a department or a small business.</p> <p>All work with significant autonomy, using initiative and judgement to analyse and solve complex problems, and to design systematic approaches to operational practices.</p>
<b>SPORT</b>	
SIS20219 Certificate II in Sport - Developing Athlete	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as an athlete at a regional, state or territory level in a specific sport in the Australian sport industry.</p> <p>This qualification reflects the role of a developing athlete and provides a pathway to work as an athlete in a specific sport. Individuals with this qualification are involved in mainly routine and repetitive tasks using limited practical skills and basic sport industry knowledge. They work under the guidance of a coach.</p>
SIS20319 Certificate II in Sport Coaching	<p>This qualification reflects the role of individuals who apply the skills and knowledge to conduct pre-planned coaching sessions with foundation level participants in a specific sport.</p> <p>This qualification pathway to work in assistant coaching roles working or volunteering at community based sports clubs and organisations in the Australian sport industry. Individuals with this qualification use a defined and limited range of basic coaching skills to engage participants in a specific sport and are involved in mainly routine and repetitive tasks using limited practical skills and basic sport industry knowledge. They work under the supervision of a coach.</p> <p>Possible job role titles depend on the specific sport may include assistant coach.</p>
SIS30419 Certificate III in Sport - Athlete	<p>This qualification reflects the role of individuals who apply the skills and knowledge to undertake a career as an athlete at a regional, state or national level in a specific sport in the Australian sport industry. Athletes at this level may have access to match-payments, prize money, grants or endorsements as the primary source of their income.</p> <p>This qualification provides a pathway to work as an athlete. Individuals with this qualification train for events, work with coaches and support staff, compete in sport at a regional, state or territory level and undertake promotional duties. They possess a range of</p>



Qualification	Occupational Outcome
	well-developed skills where discretion and judgement are required. They are responsible for their own outputs under the guidance of a coach.
SIS30519 Certificate III in Sport Coaching	<p>This qualification reflects the role of individuals who apply the skills and knowledge to coach participants up to an intermediate level in a specific sport.</p> <p>This qualification provides a pathway to work in community coaching roles working or volunteering at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification possess a range of well developed skills where discretion and judgement are required. They are responsible for their own outputs.</p> <p>Possible job titles depend on the specific sport and may include community coach.</p>
SIS40319 Certificate IV in Sport Coaching	<p>This qualification reflects the role of individuals who apply the skills and knowledge to coach participants up to an advanced level in a specific sport.</p> <p>This qualification provides a pathway to work in advanced community coaching roles working or volunteering at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification possess a range of highly developed coaching and communication skills with sound industry knowledge. They work with independence, taking responsibility for their own functions and outputs.</p> <p>Possible job titles depend on the specific sport and may include:</p> <ul style="list-style-type: none"> <li>• Advanced coach</li> <li>• Head coach</li> <li>• Performance coach</li> <li>• Development coach</li> <li>• Senior coach.</li> </ul>
SIS40419 Certificate IV in Sport Development	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career in sport development. Functions for someone with this qualification can include liaising with stakeholder groups to increase the profile of sport, implementing and administering community sports programs, recruiting volunteers and participants and organising sport events.</p> <p>This qualification provides a pathway to work as sport development officers and coordinators working in community based sport organisations and clubs in the Australian sports industry. Individuals with this qualification possess a range of highly developed communication skills with sound sport industry knowledge. They work with independence, taking responsibility for their own functions and outputs.</p>

Qualification	Occupational Outcome
SIS50319 Diploma of Sport	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a range of roles within the Australian sport industry.</p> <p>They work or volunteer at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification are involved in the self-directed application of knowledge and skills, and the provision of leadership and support to colleagues. They work autonomously and coordinate and supervise others.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• High performance coach</li> <li>• Sport development manager</li> <li>• Talent manager.</li> </ul>
<b>SPORT AND RECREATION</b>	
SIS10115 Certificate I in Sport and Recreation	<p>This qualification allows individuals to develop basic functional knowledge and skills to prepare for work in the sport and recreation industry. The range of technical knowledge and skills is limited. It does not have an industry employment outcome.</p>
SIS20115 Certificate II in Sport and Recreation	<p>This qualification allows individuals to develop basic functional knowledge and skills for work in customer contact positions in the sport or community recreation industry. These individuals are competent in a range of administrative activities and functions within a team and under supervision. They are involved in mainly routine and repetitive tasks using practical skills and basic sport and recreation industry knowledge.</p> <p>They work in locations such as sport and recreation centres or facilities, and leisure and aquatic centres assisting with the conduct of recreation activities, and facility maintenance and operations.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• customer service assistant</li> <li>• leisure assistant</li> <li>• recreation assistant</li> <li>• retail assistant</li> <li>• grounds assistant</li> <li>• facility assistant.</li> </ul>
SIS30115 Certificate III in Sport and Recreation	<p>This qualification reflects the multi-skilled role of individuals in operational and customer support positions in the sport or community recreation industry. These individuals are competent in a range of activities and functions requiring autonomous work within a defined range of situations and environments.</p> <p>They work in locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• recreation officer</li> </ul>

Qualification	Occupational Outcome
	<ul style="list-style-type: none"> <li>• activity operation officer</li> <li>• sport and recreation attendant</li> <li>• community activities officer</li> <li>• leisure services officer.</li> </ul>
SIS40115 Certificate IV in Sport and Recreation	<p>This qualification reflects the role of individuals who work in the sport and recreation industry in an administrative or organisational capacity. These individuals are able to plan, conduct and evaluate activities of others, deal with unpredictable and non-routine situations and provide leadership and guidance to staff.</p> <p>The qualification provides a pathway to work in a diversity of sport and recreation locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres or sporting organisations and associations</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• facility coordinator</li> <li>• administration coordinator</li> <li>• duty manager</li> <li>• recreation coordinator</li> <li>• swim school coordinator</li> <li>• operations coordinator</li> <li>• aquatic operations coordinator.</li> </ul>
SIS50115 Diploma of Sport and Recreation Management	<p>This qualification reflects the role of individuals who work in the sport and recreation industry in a management or organisational capacity. These individuals have a high degree of autonomy and manage the effective provision of services or programs in locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> <li>• competition manager</li> <li>• executive officer</li> <li>• facility manager</li> <li>• program manager</li> <li>• centre manager</li> <li>• assistant centre manager</li> <li>• volunteer coordinator</li> <li>• sports program officer</li> <li>• operations officer.</li> </ul>

## 3.2 Qualification pathways

The Australian Qualifications Framework (AQF) is the policy for qualifications in the Australian education and training system covering the school, vocational education and training, and higher education sectors. The *AQF Qualifications Pathways Policy* asks for flexibility in training package qualifications so that they:

- enhance learners' progression into and between qualifications
- recognise the multiple pathways that learners take to achieve qualifications
- can comprise, within a training package, integrated qualifications at different levels allowing credit for learning (units) completed in lower level qualifications and exit points in higher qualifications.

SIS qualifications are designed to both meet these requirements and those of industry.

### 3.2.1 Credit arrangements for higher education qualifications

Articulation and credit arrangements from Diploma to higher education qualifications can be made on an individual basis by RTOs. Additionally, providers of higher education qualifications can decide what credit will be provided towards those qualifications without any specific arrangement.

The *AQF Qualifications Pathways Policy* provides more details:

[https://www.aqf.edu.au/sites/aqf/files/aqf\\_pathways\\_jan2013.pdf](https://www.aqf.edu.au/sites/aqf/files/aqf_pathways_jan2013.pdf)

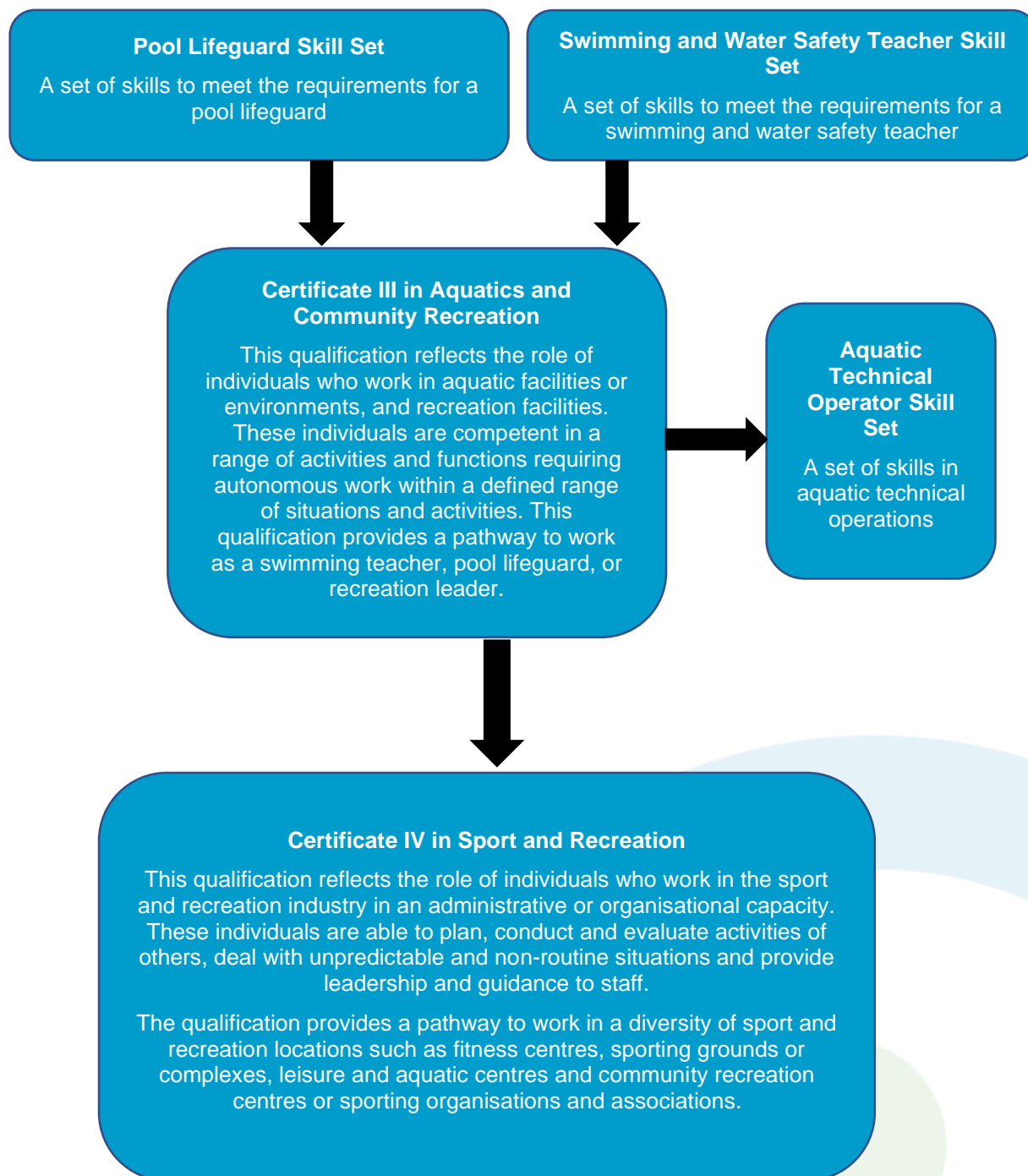
## 3.3 Pathways into and from SIS qualifications

The following charts show the possible pathways into and from qualifications within *SIS Sport, Fitness and Recreation Training Package*.

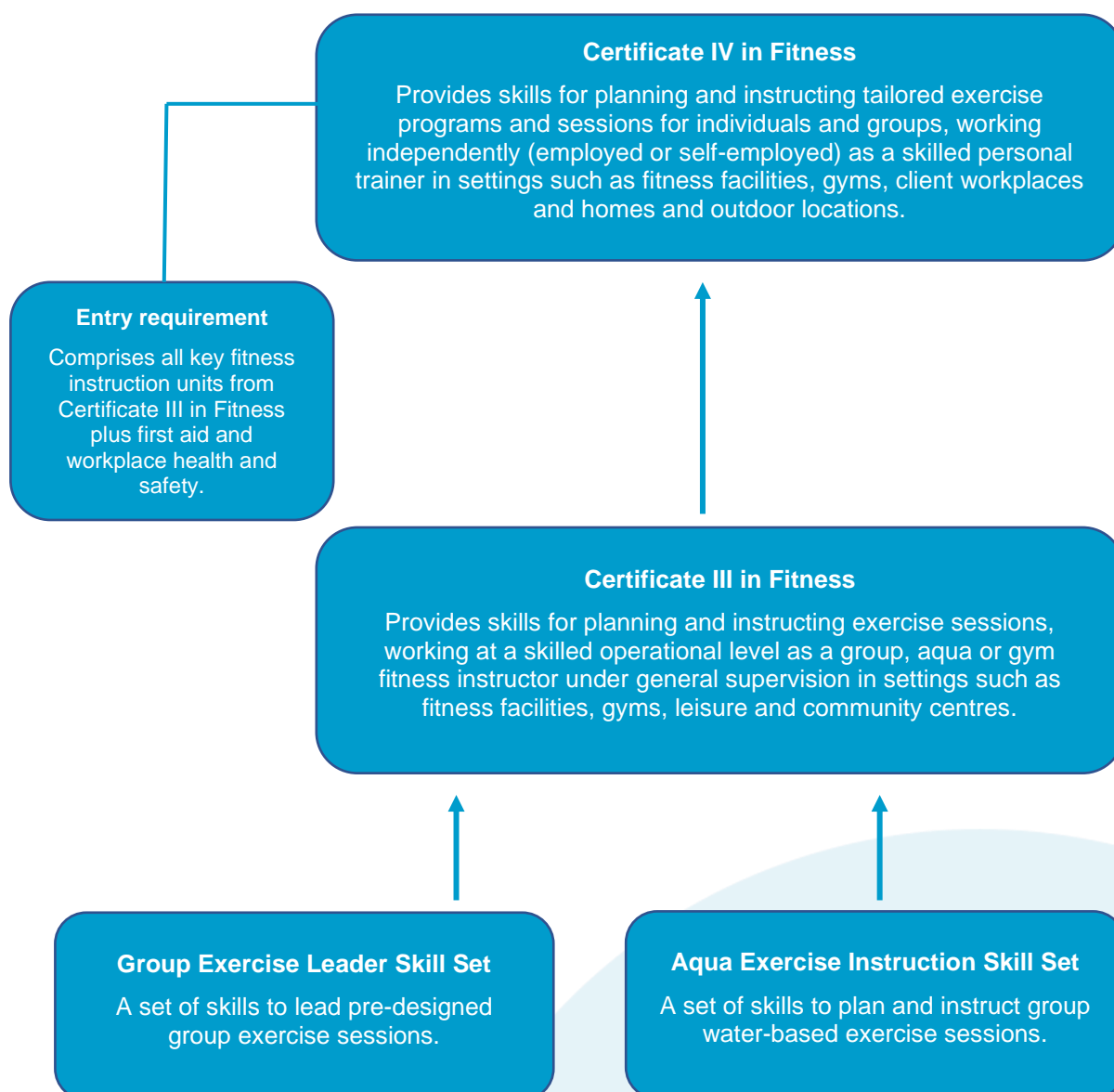
Individuals can exit each qualification to work in industry at a different level of technical expertise and responsibility. It is not, however, intended to imply that an individual will gain immediate employment at that level.

It is recognised that career paths are not always linear and that learners will choose a range of training pathways to meet their individual needs. The qualifications are flexible to meet a range of job outcomes and to support a wide range of career paths. Qualifications allow for various entry options and enable significant transfer between qualifications within and across each sector.

### 3.3.1 Community Recreation qualification pathways

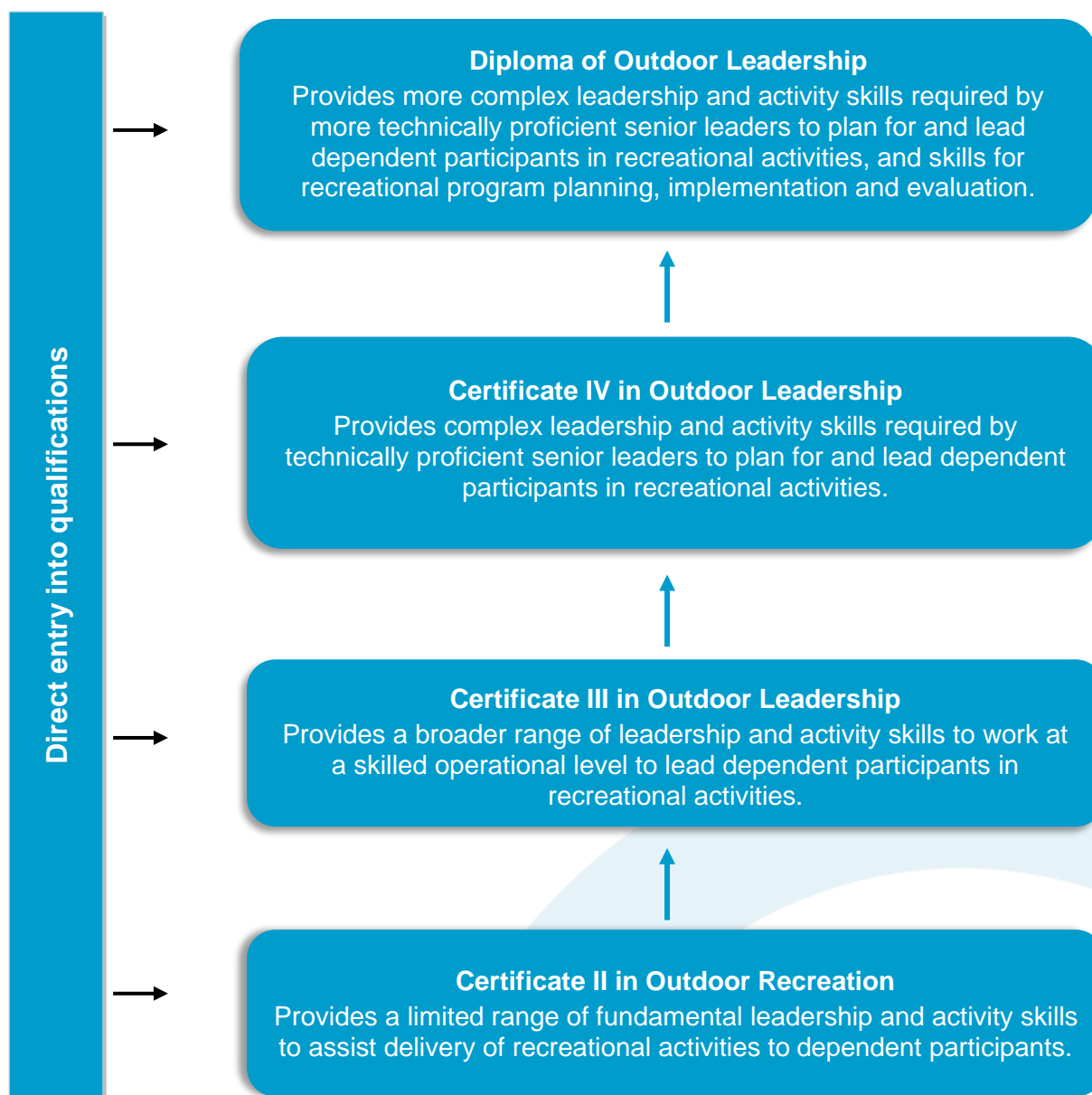


### 3.3.2 Fitness qualification pathways

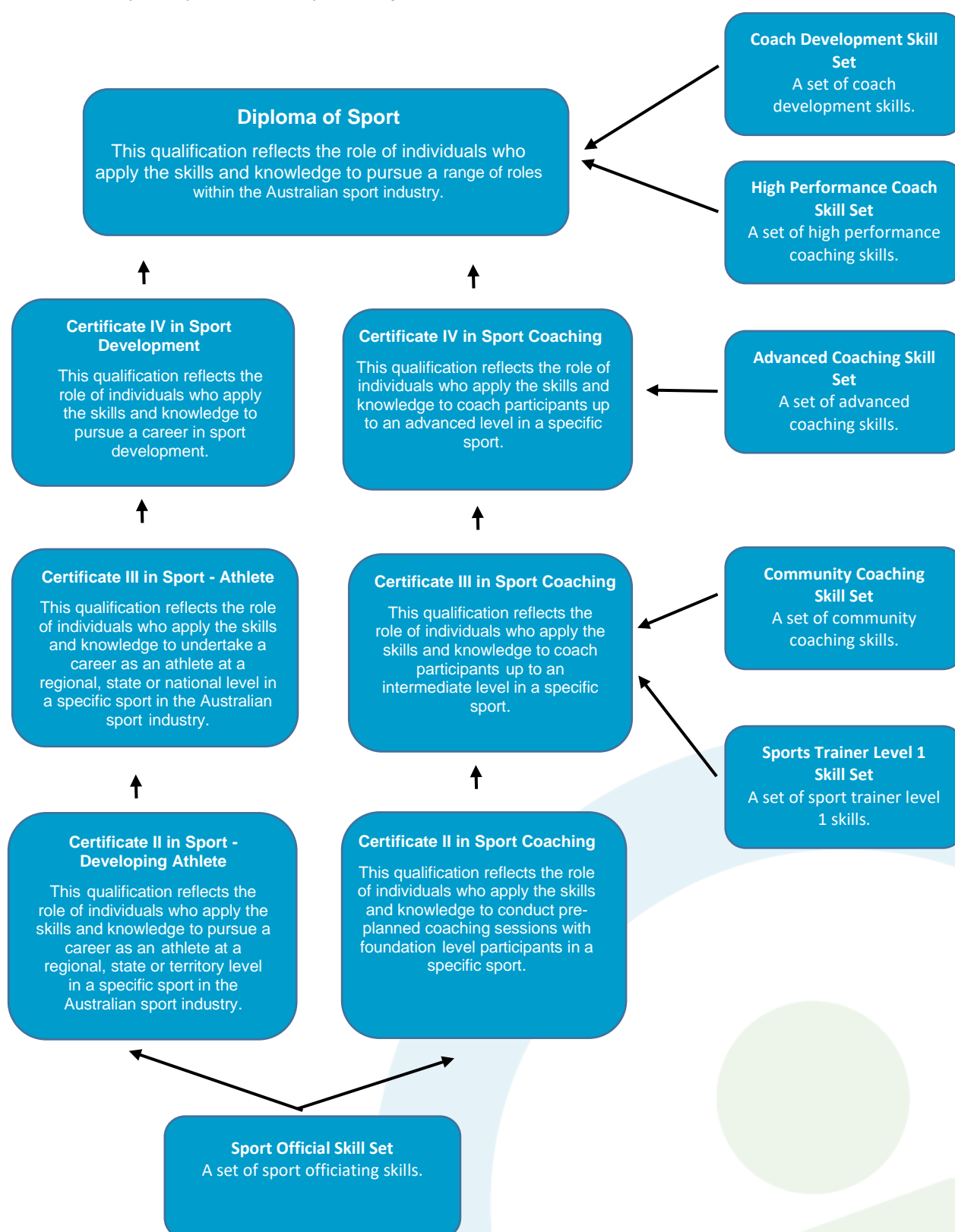


### 3.3.3 Outdoor Recreation qualification pathways

Please refer to the separate ***Outdoor Recreation Companion Volume Implementation Guide*** for specific information about outdoor recreation training package products.

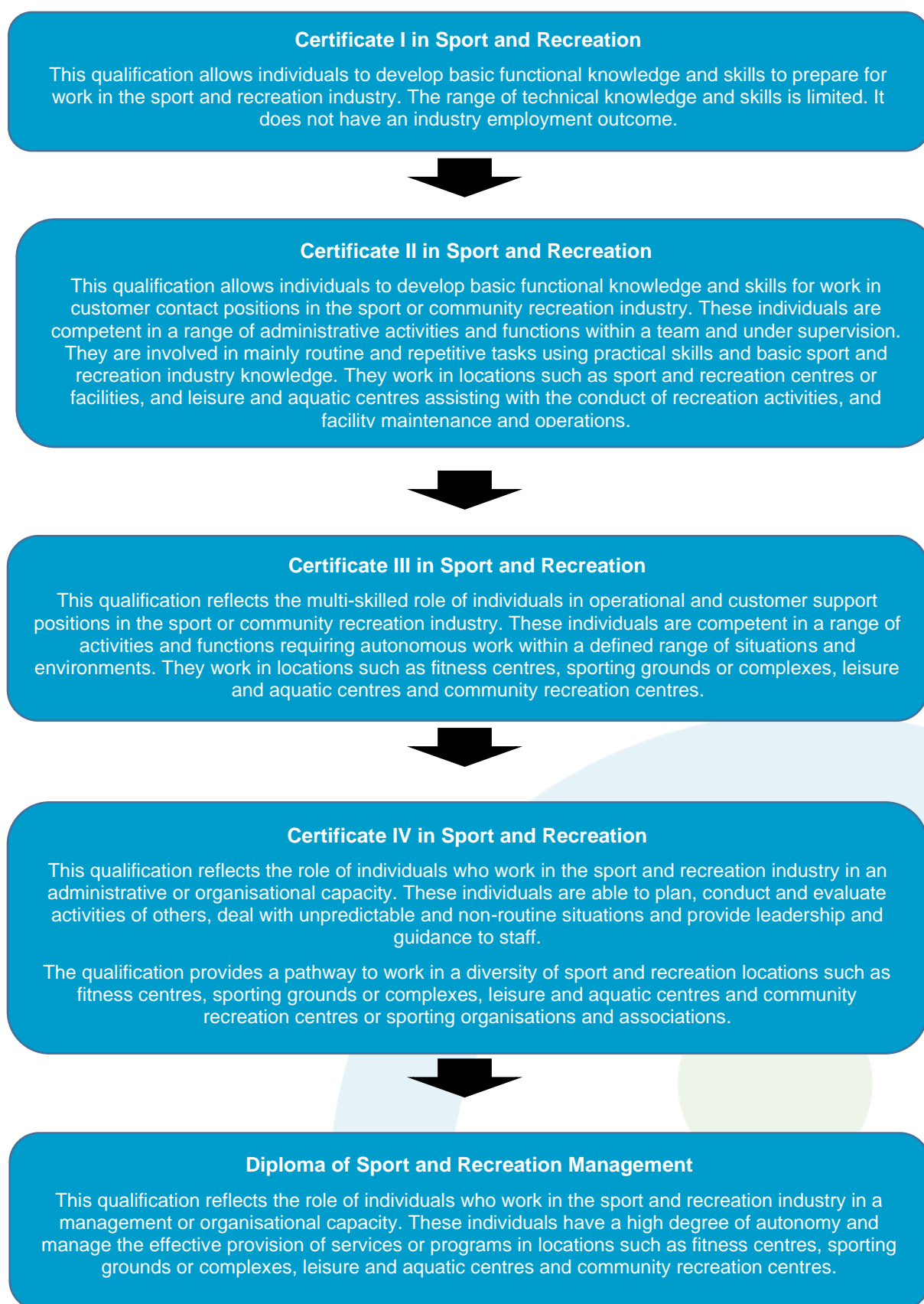


### 3.3.4 Sport qualification pathways





### 3.3.5 Sport and Recreation qualification pathways



### 3.3.6 Entry requirements for SIS qualifications

Entry requirements must be:

- achieved prior to commencing the qualification
- specific to the knowledge, skills, or experience required to commence the qualification, and
- expressed in terms of competency or licensing.

Table 6: Entry requirements for SIS qualifications

Qualification	Entry Requirement
COMMUNITY RECREATION	
SIS31015 Certificate III in Aquatics and Community Recreation	There are no entry requirements for this qualification.
OUTDOOR RECREATION	
SIS20419 Certificate II in Outdoor Recreation	There are no entry requirements for these qualifications.
SIS30619 Certificate III in Outdoor Leadership	
SIS40619 Certificate IV in Outdoor Leadership	
SIS50419 Diploma of Outdoor Leadership	
SPORT	
SIS20219 Certificate II in Sport - Developing Athlete	There are no entry requirements for these qualifications.
SIS20319 Certificate II in Sport Coaching	
SIS30419 Certificate III in Sport - Athlete	
SIS30519 Certificate III in Sport Coaching	
SIS40319 Certificate IV in Sport Coaching	
SIS40419 Certificate IV in Sport Development	
SIS50319 Diploma of Sport	
SPORT AND RECREATION	
SIS10115 Certificate I in Sport and Recreation	There are no entry requirements for these qualifications.
SIS20115 Certificate II in Sport and Recreation	
SIS30115 Certificate III in Sport and Recreation	
SIS40115 Certificate IV in Sport and Recreation	
SIS50115 Diploma of Sport and Recreation Management	
FITNESS	
SIS30321 Certificate III in Fitness	There are no entry requirements for this qualification.
SIS40221 Certificate IV in Fitness	This qualification has an entry requirement.

### 3.3.7 Entry requirement for SIS40221 Certificate IV in Fitness

Entry to the SIS40221 Certificate IV in Fitness is open to individuals who hold a qualification or Statement of Attainment which includes the following units of competency or units that have been superseded by these units:

HLTAID011	Provide First Aid (or a unit that supersedes this unit)
HLTWHS001	Participate in workplace health and safety
SISFFIT032	Complete pre-exercise screening and service orientation
SISFFIT033	Complete client fitness assessments
SISFFIT035	Plan group exercise sessions
SISFFIT036	Instruct group exercise sessions
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise
SISFFIT052	Provide healthy eating information

The entry requirement allows for superseded units to account for learners who may leave time between completion of a superseded Certificate III in Fitness and enrolling in a Certificate IV in Fitness.

This entry requirement is mandatory. It has been determined because industry identified essential skills for a learner to have prior to entering a Certificate IV in Fitness. Learners require foundational underpinning skills and knowledge of exercise programming before progressing to learning higher order skills for tailoring programs for individual clients. These foundational skills can be achieved via superseded units or current (updated) units.

### 3.3.8 Considerations for young learners – Certificate III and IV in Fitness

Entry requirements for training package qualifications must be expressed in terms of competency or experience, and based on skills and knowledge held by the learner. It is, therefore, not possible for the training package to mandate an age requirement for entry to the Certificate III or IV in Fitness. However, RTOs will be aware of the considerable leadership skills required to manage group exercise participation, cohesion, operational logistics, risk and problems as they arise. Group exercise instructors use discretion and judgement and work with some independence and under limited supervision when instructing groups. Personal trainers work independently to meet the needs of individual clients. It is likely that employers in the fitness industry will expect graduates to be at least 18 years of age in order to employ them.

RTOs are strongly advised, by industry, to counsel potential learners about the job requirements, employer and client expectations before enrolling young learners in a course.

This is equally important to the sport, community and outdoor recreation sectors where many employers also expect their employees to be at least 18 years old to hold a position that assumes duty of care for participants.

## 3.4 Pathways that learners can take to achieve SIS qualifications

SIS units of competency and qualifications can be attained via:

- formal or informal education and training
- experience in the workplace

- general life experience, or
- any combination of the above.

All pathways are valuable to industry in achieving qualified personnel.

Formal education and training may include any completed:

- independently with an RTO
- as part of employment arrangements in partnership with an RTO
- via a traineeship or apprenticeship (more details follow)
- via VET delivered to secondary school students (more details follow)

Informal training, such as in-house training, may or may not use SIS units as a basis. If skills achieved align to unit coverage, they can be recognised and certified.

### **Recognition of prior learning (RPL)**

It is likely that many individuals could be assessed via RPL to become certified in some (or many) SIS units of competency. These might include:

- those who have years of sport or recreational experience in an activity but no application of these skills in the workplace; they may be seeking a formal qualification to enhance job opportunities
- those who have gained their activity, leadership and coaching skills through workplace or volunteer application and in-house training but who hold no certification
- those who are employed and have a significant skills base who are progressing to senior or program management job roles; many Certificate III units could be achieved through RPL to achieve a Certificate IV or Diploma qualification.

### **Credit Transfer**

Learners may choose a formal training pathway to progress through qualifications with the same or different RTOs. Whenever an individual holds AQF certification in a unit issued by an RTO, this must be recognised by subsequent RTOs (particularly important for entry requirements). This allows those individuals to efficiently progress through staged learning from one qualification to the next.

#### **3.4.1 Pathway via Australian Traineeships and Apprenticeships**

Most qualifications in *SIS Sport, Fitness and Recreation Training Package* are suitable for an Australian Apprenticeship pathway, provided appropriate supervision can be provided if the employee is working independently with clients.

Please refer to the *Outdoor Recreation Companion Volume Implementation Guide* for specific information about the suitability of traineeships and apprenticeships for the outdoor recreation sector.

For Fitness, a traineeship or apprenticeship pathway for the SIS40221 Certificate IV in Fitness would only be appropriate for personal trainers who are engaged as an employee and not self-employed.

#### **Part-time school-based traineeships and apprenticeships**

Part-time school-based traineeships and apprenticeships are delivered by RTOs in conjunction with on-the-job training provided by employers. This would be appropriate provided the significant demands of the relevant SIS qualification can be met alongside the requirements for completion of the Senior Secondary Certificate of Education, e.g. HSC, VCE.

#### **3.4.2 Pathway via vocational training delivered to secondary school students**

The following qualifications in *SIS Sport, Fitness and Recreation Training Package* are suitable for delivery via VET in schools:

- SIS10115 Certificate I in Sport and Recreation
- SIS20115 Certificate II in Sport and Recreation
- SIS20419 Certificate II in Outdoor Recreation (refer to the *Outdoor Recreation Companion Volume Implementation Guide* for further information)
- SIS30115 Certificate III in Sport and Recreation
- SIS31015 Certificate III in Aquatics and Community Recreation
- SIS20219 Certificate II in Sport - Developing Athlete
- SIS20319 Certificate II in Sport Coaching
- SIS30419 Certificate III in Sport - Athlete
- SIS30519 Certificate III in Sport Coaching
- SIS30321 Certificate III in Fitness.

Employers expect all individuals certified in SIS qualifications to be ready to work and to be competent in the required skills. Delivery to secondary school students must comply, in the same way as any other delivery, with the requirements outlined in Outdoor Recreation units, including those for environments, resources and assessors. Wherever a school-based Registered Training Organisation (RTO) cannot provide the mandated resources, delivery can be provided by, or in conjunction with, other RTOs which are sufficiently resourced.

#### **Certificate III in Fitness for delivery to secondary school students**

RTOs will be aware of the considerable leadership skills required to manage group exercise participation, cohesion, operational logistics, risk and problems as they arise. Group exercise instructors use discretion and judgement and work with some independence and under limited supervision when instructing groups.

RTOs are strongly advised, by industry, to counsel potential school-based learners about the job requirements, employer and client expectations before enrolling young learners in a school-based VET course. Specifically, the student should understand that the fitness industry employers expect their employees to be at least 18 years old to hold a position that assumes duty of care for participants.

## **4.0 Regulatory and industry accreditation information**

Please refer to the separate ***Outdoor Recreation Companion Volume Implementation Guide*** for specific information about regulation and accreditation in the outdoor recreation sector.

### **4.1 Regulation and licensing implications for implementation**

#### **4.1.1 General and specific laws that apply to SIS industry**

Sport, fitness and recreation personnel must comply with general laws common to all industries and business types that regulate various issues, e.g. workplace health and safety, consumer protection. At the time of publication, there are no specific laws which have been developed to regulate the sport, fitness and recreation industries or that require industry personnel to hold an occupational licence.

#### **4.1.2 Regulatory requirements**

A range of regulatory requirements apply to the following circumstances. Links to units of competency are identified.

Table 7: Regulatory requirements for Sport, Fitness and Recreation industries

Regulatory Requirements	Links to units
<p><b>WA Code of Practice for aquatic facilities</b></p> <p>The Western Australian Code of Practice for the Design, Construction, Operation, Management and Maintenance of Aquatic Facilities.</p> <p>The code mandates qualification requirements for aquatic facility operators, supervisors and emergency care personnel. These are linked to SIS units of competency.</p> <p><a href="https://ww2.health.wa.gov.au/-/media/Files/Corporate/general-documents/water/PDF/CoP-for-design-construction-operation-management-maintenance-aquatic-facilities.pdf">https://ww2.health.wa.gov.au/-/media/Files/Corporate/general-documents/water/PDF/CoP-for-design-construction-operation-management-maintenance-aquatic-facilities.pdf</a></p> <p>Always check current requirements.</p>	<p>SISXEMR001 Respond to emergency situations</p> <p>SISXEMR002 Coordinate emergency responses</p> <p>SISCAQU001 Test pool water quality</p> <p>SISCAQU002 Perform basic water rescues</p> <p>SISCAQU003 Maintain aquatic facility plant and equipment</p> <p>SISCAQU004 Develop and implement pool water maintenance procedures</p> <p>SISCAQU005 Develop and implement aquatic facility maintenance procedures</p> <p>SISCAQU006 Supervise clients in aquatic locations</p> <p>SISCAQU007 Perform advanced water rescues</p> <p>SISCAQU014 Operate self-contained breathing apparatus in an aquatic facility</p>
<p><b>How does the WA code impact on training package implementation?</b></p> <p>RTOs will use aquatic facilities for the delivery of training and assessment for SIS units of competency. RTOs based in WA should ensure that the pool operator implements appropriate safe operational practices and can provide evidence of how the operator complies with the WA code of practice.</p> <p>Additionally, WA pool operators will seek RTO training for aquatic facility staff to comply with the qualification requirements outlined in the code of practice, based on SIS units and code requirements.</p>	
<p><b>Safe operation of pools</b></p> <p>State and territory work health and safety laws require aquatic facility operators to implement codes of practice, guidelines or policies for the safe operation of pools.</p> <p>To assist with compliance, Royal Life Saving Society Australia develops and updates <i>The Guidelines for Safe Pool Operations</i> (GSPO) which includes key information that can be adopted by owners and operators of aquatic facilities.</p> <p><a href="https://www.royallifesaving.com.au/Aquatic-Risk-and-Guidelines/guidelines/GSPO">https://www.royallifesaving.com.au/Aquatic-Risk-and-Guidelines/guidelines/GSPO</a></p>	<p>SISCAQU001 – 012 and SISCAQU014</p> <p>SISFFIT039 Instruct group water-based exercise sessions</p>
<p><b>How does the safe operation of pools impact on training package implementation?</b></p> <p>RTOs will use aquatic facilities for the delivery of training and assessment for SIS units of competency. They should ensure that the pool operator implements appropriate safe</p>	



operational practices and can provide evidence of how the operator complies with a code of practice, guidelines or policies.

*SISFFIT039 Instruct group water-based exercise sessions* includes:

- knowledge requirements about safe pool operations, and RTOs must test learners' knowledge
- requirements in Assessment Conditions for learners to be assessed in a pool which meets regulatory requirements for safe pool operations through implementation of appropriate guidelines, policies and procedures.

### **Working with Children checks**

Sport, fitness and recreation personnel regularly coach, lead or instruct minors (those under 18 years). They are required to complete Working with Children checks.

This could be relevant to any sport unit, particularly sport coaching and officiating. It is particularly relevant to:

SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills

SISCAQU009 Instruct water safety and survival skills

SISCAQU010 Instruct swimming strokes

SISCAQU011 Promote development of infants and toddlers in an aquatic environment

SISFFIT037 Develop and instruct group movement programs for children

SISFFIT045 Develop and instruct personalised exercise programs for adolescent clients

### **How does working with children impact on training package implementation?**

Any learners working with young clients during their training and assessment must receive formal clearance to work with children through completion of a Working with Children check required in the relevant state or territory.

Trainers and assessors would also need to complete checks because they would be completing their work duties while minors are participating in assessment activities for the learner coach/sports official/instructor and would be in contact with these young people.

RTOs and other users should facilitate the process.

### **CPR and first aid currency**

State and territory work health and safety laws require organisations to identify relevant requirements for first aid. They may adopt various jurisdictional codes of conduct or develop policies relevant to their organisations.

This generally means that sport, fitness and recreation organisations require first aiders to

This is a general employment requirement not specifically linked to SIS units of competency.

<p>attend training on a regular basis to refresh and update their first aid knowledge and skills.</p> <p>Refresher training in CPR would be carried out annually and first aid qualifications renewed every three years.</p>	
<p><b>How does currency of first aid certification impact on training package implementation?</b></p> <p>The currency of a learner's first aid certification is most relevant to industry employers. However, it could have implications for RTOs when determining if a credit transfer is appropriate. At the time of publication, HLTAID003 appears in the core of some SIS qualifications and remains current so credit transfer is possible if a learner has already achieved that unit.</p> <p>The SIS40221 Certificate IV in Fitness entry requirement allows learners to enter that qualification with:</p> <ul style="list-style-type: none"> <li>• HLTAID011 Provide First Aid</li> <li>• a unit that has been superseded by HLTAID011 (most likely HLTAID003)</li> <li>• a unit that supersedes HLTAID011 (thinking futuristically).</li> </ul> <p>This allows learners to enter without unnecessary barriers. The usual employment requirement for refresher training would apply once they gain employment.</p>	
<p><b>Permits for use of public spaces</b></p> <p>Fitness operators and personal trainers are required to apply and pay for permits to use public spaces, e.g. parks and beaches.</p>	<p>This could be relevant to <i>SISFFIT036 Instruct group exercise sessions</i> and a range of units relevant to personal training (adolescent and older clients) but is most relevant to:</p> <p>SISFFIT042 Instruct personalised exercise sessions</p> <p>SISFFIT051 Establish and maintain professional practice for fitness instruction (covers knowledge requirements)</p>
<p><b>How do permit requirements impact on training package implementation?</b></p> <p>Whenever an RTO is delivering training and assessment in a public space (outdoor environment, they will need to apply for a permit in the same way that fitness operators and personal trainers have to. This is usually managed by local governments (councils) and each authority will have a different requirement.</p>	

#### 4.1.3 Learning about laws and regulatory requirements

Wherever knowledge of a law or regulatory requirement is required to effectively perform a job task described in a unit, it is covered in the Knowledge Evidence field of the Assessment Requirements.



In many cases, operational workers do not require direct knowledge of the contents of the law, as written. Instead, information they require has been synthesised, by their organisation, into a range of staff focused guidelines, policies or procedures which are also covered by Knowledge Evidence.

The Assessment Conditions field requires RTOs to ensure access to, or use of, current regulatory documents or policies and procedures as a resource for assessment. Workplace policies and procedures can be samples, or those for a specific organisation if the learner is employed or on work placement.

Table 8: Knowledge Evidence requirements - coverage of laws or regulatory requirements

Knowledge Evidence	Assessment Conditions resource requirement
<b>SISFFIT032 Complete pre-exercise screening and service orientation</b>	
<ul style="list-style-type: none"> <li>key legal obligations to maintain confidentiality of client information including requirements for the collection, use, maintenance and secure storage of private information, particularly sensitive health information</li> <li>importance of obtaining and documenting informed consent from clients.</li> </ul>	<ul style="list-style-type: none"> <li>informed consent forms.</li> </ul>
<b>SISFFIT045 Develop and instruct personalised exercise programs for adolescent clients</b>	
<ul style="list-style-type: none"> <li>legal requirements for fitness instructors specific to working with adolescents: <ul style="list-style-type: none"> <li>working with children checks</li> <li>obtaining informed consent from parent or guardian</li> <li>sharing adolescent health information with parents or guardians, including ability of adolescents to limit or refuse information sharing</li> </ul> </li> <li>procedures for obtaining informed consent from parents or guardians.</li> </ul>	<ul style="list-style-type: none"> <li>parental informed consent forms</li> <li>procedures for obtaining informed consent from parents or guardians.</li> </ul>

Knowledge Evidence	Assessment Conditions resource requirement
SISFFIT039 Instruct group water-based exercise sessions	
<ul style="list-style-type: none"> <li>• key content of established industry guidelines for safe pool operations relevant to aqua exercise instructors, and associated policies and procedures implemented by pool operators in particular for: <ul style="list-style-type: none"> <li>◦ qualification requirements, including those for rescues</li> <li>◦ zoning for water-based exercise programs</li> <li>◦ responsibilities of instructors while on site, supervisory and reporting lines</li> <li>◦ pool conditions and equipment</li> <li>◦ emergencies, including rescue equipment that must be on hand</li> <li>◦ pre-exercise screening and briefing of group participants</li> <li>◦ maintaining records for session delivery and evaluation.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• established industry guidelines for safe pool operations relevant to aqua exercise instructors, and associated policies and procedures implemented by pool operators</li> <li>• template evaluation reports.</li> </ul>

## 4.2 Industry accreditation and registration schemes

There are a number of industry-led voluntary registration or accreditation schemes across the sectors covered by *SIS Sport, Fitness and Recreation Training Package*. These schemes provide a framework for self-regulation and provide best-practice for an identified job role or industry sector. These schemes provide for the continuing professionalism of the sector, through requirements for ongoing professional development and currency in the workplace. Many also provide insurance as a benefit of registration/accreditation. Given the unregulated nature of the industry, numerous schemes exist, including different schemes for the same job role or sector.

Industry schemes include (but are not limited to):

- [AUSTSWIM](#) Provides the AUSTSWIM Teacher Licence™ to individuals that complete their training program.
- [Australian Swim Coaches and Teachers Association \(ASCTA\)](#) Provides the ASCTA Accreditation to individuals that complete their training program.
- [Royal Life Saving Society \(NSW & ACT\)](#) Provides an Australian Pool Lifeguard Licence in some states and territories (after completion of on-the-job assessment) to individuals that complete their training program.
- [Leisure Institute of Western Australia \(LIWA\) Aquatics](#) Provides accreditation to individuals who provide evidence of completion of a recognised pool operators' training course, a current first aid certificate, a current Pool Lifeguard award and details of current and past employment in the aquatic industry.
- [Fitness Australia](#) Provides registration of individual fitness instructors in different categories.
- [Physical Activity Australia](#) Provides registration of individual fitness instructors in different categories.

Some of these accreditation schemes align their training courses and/or registration criteria to SIS training package units of competency, skill sets and qualifications. Training package and other requirements should be checked with each operator.

### **How does industry accreditation and registration impact on training package implementation?**

RTOs should be aware of these important industry initiatives and the potential for learners to participate in accreditation and registration schemes after achieving certification (and sometimes as a learner registrant). Many of these schemes provide for continuing education and offer opportunities to participate in short specialist upskilling courses.

Accreditation or registration can also allow access to industry-based codes of practice and guidelines which can be implemented by individuals to inform quality industry practice. RTOs can introduce learners to these schemes during training and assessment, particularly where units contain content about established industry standards.

#### 4.2.1 Industry-established standards, codes and guidelines

Various industry bodies produce industry standards, codes or guidelines to assist their stakeholders to manage sport, fitness and recreation practices. These may be linked to voluntary membership of a body or participation in a voluntary accreditation scheme. Some industry bodies may mandate the use of codes for their membership or accreditation purposes. Some industry associations make guidelines freely available to encourage professionalism and best practice for the sector they cover.

While these industry established standards may not be directly linked to compliance with a law or regulatory requirement, they are generally accepted by industry as best practice for industry self-regulation.

Because of this, some units of competency make reference to such things as:

- established industry guidelines for safe pool operations
- industry standard pre-exercise screening questionnaires and guidelines (fitness sector)
- industry-developed children's health and fitness services guidelines (fitness sector).

### **How do industry established standards, codes, and guidelines impact on training package implementation?**

Because some industry initiatives are widely accepted as an industry standard implemented by industry operators, they are referenced in units of competency. Therefore, they must be covered as part of an RTOs training and assessment.

#### **4.2.2 Fitness instructor scope of practice**

Unlike some allied health professionals, fitness instructors do not have a “medical” or “clinical” scope of practice determined by their qualification, employer or regulated registration with the Australian health practitioner regulation agency.

Their job roles do, however, intersect with health-related functions and they are dealing on a day-to-day basis with the function of the human body. To this extent, it has been important for industry to define a scope of practice so that fitness instructor roles and limitations can be broadly defined. This scope varies for group instructors, gym instructors and personal trainers and depends on the level of interaction with a client's needs.

This industry-driven scope provides reasonable boundaries in line with the level of vocational education and training and types of services expected by industry and consumers.

There are many references within units to scope of practice and boundaries, such as:

- boundaries and responsibilities of fitness instructors in completing pre-exercise screenings, determining health risks and providing exercise prescription
- boundaries and responsibilities of fitness instructors in providing personalised exercise prescription and relationship to duty of care
- situations where referral to a medical or allied health professional is required
- types of client guidance that may be provided by medical or allied health professionals and implications for exercise programming
- scope of practice for a personal trainer in instructing personalised exercise sessions, responsibilities and limitations
- role and limitations of fitness instructors in providing nutritional advice to clients.

Units define the required skills and knowledge, and their complexity, for fitness instructors aligned to industry's defined scope of practice.

Units do not include content that exceeds the required skills and knowledge, job functions and scope for fitness instructors.

RTOs should adhere to unit content to deliver training that is in keeping with, and does not exceed, a fitness instructor's scope of practice generally accepted by industry.

### **4.3 Legal considerations for learners on work placements**

Work-based learning programs and placements give learners an opportunity to gain experience in the workplace. Under the Fair Work Act 2009, a vocational placement is a working arrangement where all of the following apply:

- The worker is not paid a wage
- The placement is a requirement of an Australian-based education or training course; and

- The placement is authorised under a law or administrative arrangement of the Commonwealth, a state or territory.

A learner in an arrangement that meets all of these criteria is not covered by the Fair Work Act and is not entitled to the minimum wages and other entitlements provided in the National Employment Standards or any applicable modern awards or agreement.

For more information, refer to: <https://www.fairwork.gov.au/pay/unpaid-work>

Learners gaining work experience are considered to be workers under Work Health and Safety (WHS) law. Provisions of law relating to worker and employer responsibilities apply. Learners should be inducted and supervised to ensure compliance.

Learners on work placements must comply with any general or specific laws that regulate sport, fitness and recreation industry practices and should be inducted and supervised to ensure compliance.

## 5.0 Health and safety implications in industry

Please refer to the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information about outdoor recreation health and safety implications.

Workers in the sport, fitness and recreation industry are exposed to significant risks to health and safety. Risks vary according to the particular environment in which they operate and the activity in which they participate, coach or instruct.

In industry risk management is a crucial part of an organisation's practice; risks are managed for both workers and their dependent participants.

*Table 9: Risk of injury and illness related to Sport, Fitness and Recreation work activities (lists not exhaustive)*

Activity Type	Risk
Water-based activities – community recreation and fitness	<p>Instructors:</p> <ul style="list-style-type: none"> <li>• effects of extended exposure to chlorinated water and sunlight</li> <li>• slips, trips and falls on the pool deck</li> <li>• demands of extended energy expenditure on the pool deck and in the pool</li> <li>• exercise injuries.</li> </ul> <p>Participants:</p> <ul style="list-style-type: none"> <li>• drowning</li> <li>• fatigue and exhaustion</li> <li>• hyperthermia and hypothermia</li> <li>• exercise injuries.</li> </ul>
Fitness	<p>Instructors:</p> <ul style="list-style-type: none"> <li>• slips, trips and falls during instruction</li> <li>• demands of extended energy expenditure during instruction</li> <li>• hyperthermia</li> <li>• hypothermia (in outdoor environments)</li> <li>• exercise injuries.</li> </ul> <p>Participants:</p> <ul style="list-style-type: none"> <li>• fatigue and exhaustion</li> <li>• hyperthermia</li> <li>• exercise injuries</li> <li>• exacerbation of existing injuries or health conditions.</li> </ul>
Sport - participation, coaching and officiating	<ul style="list-style-type: none"> <li>• slips, trips and falls</li> <li>• demands of extended energy expenditure</li> <li>• hyperthermia</li> <li>• sunburn and hypothermia (in outdoor environments)</li> <li>• sports injuries.</li> </ul>

## 5.1 Managing health and safety during training and assessment

During training and assessment, learners are equally exposed to significant risks. These can be managed through:

- completion of risk assessments for training and assessment events
- the provision of procedures, to learners, to identify hazards and manage risks
- work health and safety induction and training of learners
- close supervision of learners by trainers, assessors, workplace supervisors and managers.

Assessment Conditions for fitness and other relevant units require that RTOs replicate industry conditions of operation during assessments by providing equipment used to manage health and safety incidents:

- first aid equipment
- communication equipment for emergency response
- rescue equipment.

## 5.2 Learning about safety and risk management

Because risk management is central to all job roles for sport, fitness and recreation organisations, SIS units of competency incorporate:

- assessable performance criteria that describe skills required to complete such things as:
  - safety and serviceability checks on equipment
  - participant safety briefings about the environment, equipment and safe participation
  - ongoing monitoring of clients/participants during activities to check on safe technique, signs of fatigue or difficulties in continuing
  - modification or cessation of activities when risks are unacceptable
- knowledge of particular health and safety issues, e.g. safe condition of equipment and checks that confirm serviceability, common medical conditions and contraindications for exercise participation, how exercises can be modified to allow safe participation
- performance evidence that stipulates collection of evidence that relates to safety and risk management, e.g. briefing participants about safety issues, modifying activities when clients are fatigued.

In addition, there are specific units which describe work health and safety, and risk management processes:

- BSBWHS303 Participate in WHS hazard identification, risk assessment and risk control
- BSBWHS332X Apply infection prevention and control procedures to own work activities
- HLTWHS001 Participate in workplace health and safety
- HLTWHS003 Maintain work health and safety
- HLTWHS004 Manage work health and safety
- HLTWHS005 Conduct manual tasks safely
- SISOPLN004 Identify hazards, assess and control risks for outdoor recreation activities
- SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
- SISOPLN007 Manage risk for outdoor programs



In other words, safety requirements are thoroughly embedded throughout many units that make up a qualification. This reflects workplace practice and each and every requirement must be assessed.

Industry expects that graduates who are certified as competent will be able to identify hazards and safety issues, and evaluate and manage associated risks. As a result, RTOs need to carefully consider risks associated with client groups, equipment and environments nominated in units.

Assessment should confirm the learner's ability to use risk assessment processes for the activity and take appropriate measures to protect the safety of clients/participants. This confirmation requires that learners know and are able to apply techniques and procedures to deal appropriately with client/participant fatigue, changes in environmental conditions (e.g. weather) or equipment failure that have the potential to impact on the safety of clients/participants. As these circumstances cannot be reliably predicted, assessment activities should include the opportunity to demonstrate competency using scenarios that incorporate a variety of health and safety problems.

### 5.3 Pre-exercise health screening and referral processes - Fitness

Fitness instructors are qualified to plan and deliver exercise for low and moderate-risk clients based on the guidelines defined in the Adult Pre-Exercise Screening System (APSS). Pre-exercise screening is used to identify individuals who may have medical conditions which put them at a higher risk of an adverse event during physical activity or exercise. Skills and knowledge, which are aligned to industry standards, are provided in *SISFFIT032 Complete pre-exercise screening and service orientation*.

Screening for young people, according to the industry standard pre-exercise screening system for young people, is covered in the following units:

- SISFFIT037 Develop and instruct group movement programs for children
- SISFFIT045 Develop and instruct personalised exercise programs for adolescent clients.

Fitness instructors may work with higher risk clients (whose conditions are stabilised and managed) after making a written referral and receiving documented guidance on the exercise program from the client's treating medical and/or allied health practitioner. Skills for referring clients and/or working with clients according to medical guidance are covered in the following units:

- SISFFIT032 Complete pre-exercise screening and service orientation
- SISFFIT033 Complete client fitness assessments
- SISFFIT041 Develop personalised exercise programs
- SISFFIT042 Instruct personalised exercise sessions
- SISFFIT044 Develop and instruct personalised exercise programs for older clients
- SISFFIT051 Establish and maintain professional practice for fitness instruction.



## 6.0 Implementation information to assist users

### 6.1 Assessor Requirements

Requirements for assessors are defined on a unit by unit basis and vary because they are tailored to the specific unit of competency. Information is found in the Assessment Conditions field within the assessment requirements document for each unit of competency. Each SIS unit should be checked for specific requirements.

Assessors must meet certain requirements to assess SIS units of competency. These requirements align to the *Standards for Registered Training Organisations* which cover requirements for:

- vocational competency (vocational competencies at least to the level being assessed)  
The *Standards for Registered Training Organisations* are silent on what vocational competency means and do not include a requirement for workplace experience.
- currency of industry skills directly relevant to the assessment being provided  
Currency of industry skills, as required by the *Standards for Registered Training Organisations*, is crucial to the sport, fitness and recreation industries. It ensures that assessors have expertise in current operational practice and current industry knowledge so that assessments reflect up to date workplace practice and provide skilled industry workers.
- currency of knowledge and skills in vocational training and learning that informs their assessment
- the appropriate TAE qualification or skill set to assess.

Where there are no additional assessor requirements specific to individual units of competency, the *Standards for Registered Training Organisations* assessor requirements apply:

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

#### 6.1.1 Fitness assessor requirements

The fitness sector considers it essential for assessors to have a relevant qualification and industry experience to appropriately assess learners. The qualification requirement allows an option for a VET or higher education qualification.

For units that appear in the Certificate III in Fitness, assessors must:

- satisfy the Standards for Registered Training Organisations requirements for assessors, and
- hold a Certificate III or IV in Fitness, and have a collective period of at least two years' experience working in fitness instruction, where they have applied the skills and knowledge covered in this unit of competency; the two years' experience can incorporate full and or part time experience, or
- be a registered or accredited practising health or exercise professional with a degree and experience relevant to this unit of competency.

For units that appear in the Certificate IV in Fitness, assessors must:

- satisfy the Standards for Registered Training Organisations requirements for assessors, and

- hold a Certificate IV in Fitness, and have a collective period of at least two years' experience working in fitness instruction, where they have applied the skills and knowledge covered in this unit of competency; the two years' experience can incorporate full and or part time experience, or
- be a registered or accredited practising health or exercise professional with a degree and experience relevant to this unit of competency.

For healthy eating units (SISFFIT052 and SISFFIT053), the option provides for an assessor to be a registered or accredited practising dietitian, sports dietitian, health or exercise professional with a degree and experience relevant to the unit of competency.

### 6.1 2 Outdoor Recreation assessor requirements

Please refer to the separate *Outdoor Recreation Companion Volume Implementation Guide* for specific information about assessor requirements.

The majority of units prescribe a requirement for assessors to have workplace experience because the outdoor recreation sector considers this vital for assessors. SCUBA diving and equine units have specific requirements.

#### 6.1.3 Sport assessor requirements

A minority of SIS training package units require assessors to meet requirements beyond those required by the *Standards for Registered Training Organisations*, notably Equestrian (SISSEQS) units.

National Sporting Organisations (NSOs) provide training specific to their sport coverage. They may have additional trainer and assessor requirements, beyond SIS training package requirements, for the purposes of their individual accreditation schemes. NSOs are listed on the Sport Australia [website](#).

## 6.2 Environments for assessment

Please refer to the separate *Outdoor Recreation Companion Volume Implementation Guide* for specific information about environments for assessment.

Assessment requirements for environmental conditions are defined on a unit by unit basis and are tailored to the specific unit of competency. Information is found in the Assessment Conditions field within the assessment requirements document for each unit of competency. Each SIS unit should be checked for specific requirements.

The environments stipulated for assessment directly relate to those that sport, fitness and recreation operators use to deliver activities. For these industries, learners must obviously have their skills tested in an environment that relates to the specific sport (e.g. tennis and equestrian), or recreation or fitness activity (e.g. water-based activities within an aquatic/pool venue).

For the majority of SIS units, skills can be demonstrated in the workplace, or a simulated workplace, set up for the purpose of skills assessment.

## 6.3 Resources and equipment for assessment

The assessment requirements for each unit of competency specify the equipment and other resources which must be provided by the RTO for assessment. This information is found in the Assessment Conditions field which specifies:

- if relevant, other people who must be present during assessment, e.g. a group of participants whom the individual instructs during group exercise classes

- any equipment, including rescue equipment, that must be provided for assessment, e.g. specific sport and exercise equipment, and pool rescue equipment
- any workplace documentation that must be provided, e.g. exercise program and session plans, template safety checklists, equipment fault and incident reports.

Again, requirements are tailored to each unit of competency.

## 6.4 Simulations

Industry employers and RTOs have highlighted that industry experience and working with real clients enriches training opportunities for the learner. However, they also note that there are a number of considerations that can impede assessment in the workplace.

There are no requirements for any units to be assessed in the workplace under live conditions, via work placements or using real clients. Where appropriate, this can be done but learners interacting with clients can be simulated.

Simulations, set up for the purpose of assessment, usually involve two components:

- simulated environments
- simulated activities.

### 6.4.1 Simulated environments for assessment

For some industries, it is possible to simulate workplace environments, e.g. tourism offices. However, the assessment of sport, fitness and recreation skills is heavily reliant on providing the actual environment applicable to the activity, as mandated in Assessment Conditions for many units. For example, aquatic/pool venues, tennis courts and equestrian arenas cannot be simulated.

This equally applies to rescue units; activities can be simulated but the environment must be real for assessments. Those environments are mandated in Assessment Conditions. For example, the unit *SISORSC005 Rescue others in white water* stipulates that:

Skills must be demonstrated on inland white water rivers with rapids which must include, as a minimum, features of grade 2 rivers:

- fairly frequent but straightforward rapids
- rapids with regular medium sized waves, less than one metre
- low ledges or drops, easy eddies and gradual bends
- small obstacles that require manoeuvring around
- passages through rapids that are generally straightforward and can be seen from the water.

The assessment environment for many SIS planning and administrative units is not crucial as these describe skills not used in the field. It is possible to simulate, within a training organisation, the environment where planning and administration takes place.

In any environment, where simulated workplace activities are completed, it is important to provide resources that reflect workplace practice. This might involve:

- ensuring that sufficient numbers of required people are present, e.g. participants
- providing current equipment and technology which is typically used by industry operators
- providing sufficient numbers of all equipment and resources to service the assessment needs of each learner; sharing and “taking turns” using inadequate numbers would result in down-time for tasks and would not allow learner to demonstrate their capacity to work with commercial speed, timing and productivity
- providing the types of workplace documents which are currently used in industry, e.g. policies, procedures, codes of conduct, guidelines; these might be samples provided by industry, those for a specific organisation if the learner is employed, or even those

developed by a RTO which might be for a “dummy” organisation.

#### 6.4.2 Simulated workplace activities for assessment

Industry employers highly value graduates who are ready to work in their organisation because they have been exposed to industry conditions. Whenever a simulated assessment activity is conducted it is essential that industry-relevant conditions are provided; those as close to a real work situation as possible. This can involve:

- learners working and communicating with multiple and varied team members, supervisors, and clients, including difficult ones
- requiring learners to work with commercial speed, timing and productivity, e.g. to set up activity equipment
- building in a time and efficiency imperative which might include:
  - setting deadlines for certain tasks, e.g. producing exercise program plans and evaluation reports
  - requiring learners to handle a number of tasks simultaneously
- expecting learners to deal with multiple and varied problems and prioritise tasks within critical timeframes, e.g. for rescue tasks
- integrating multiple competencies which an individual would naturally complete simultaneously as part of their job function
- incorporating requirements to use the appropriate level of language, literacy and numeracy required by the work tasks.

### 6.5 Work placement for Fitness

Industry strongly supports the use of work placements in the fitness sector for a number of reasons:

- to strengthen the individual’s experience of the workplace to support expectations of performance in the workplace
- to practise skills and apply knowledge within the workplace, which promotes stronger embedding of learning
- to provide exposure to real workplace situations and circumstances which cannot always be replicated in a learning environment or simulation.

Work placements can also prepare individual candidates for their assessment experiences. Learning and practising skills in a simulated learning environment, and then coming to the workplace only for assessment, can prove challenging to the individual as they encounter a new environment for assessment. Work placements, when integrated with learning, can also be used for ‘on the spot’ assessment and to capture a range of third party evidence to support an assessor’s decision of competency.

To successfully conduct training and assessment or evidence gathering in the workplace, the RTO must provide the learner and workplace supervisor with an agreed, structured learning plan that indicates the purpose of the work placement and the minimum requirements for training and assessment in the specified units of competency. It should also clearly identify the training, monitoring and assessment roles and responsibilities of all parties.

Work placements should always involve appropriate supervision and guidance from supervisors in the workplace and trainers and assessors from the RTO. In sourcing an appropriate workplace, attention should be paid to the availability of opportunities for the learner to observe, develop and practise required skills, and the availability of appropriately experienced workplace supervisors.

Evidence of work placement should be collected and may include timesheets, logbooks, meeting minutes or other forms of workplace documentation.

## 6.6 Integrated (holistic) assessment

Units of competency describe individual skills which do not exist in isolation. In the workplace individuals combine skills described in different units.

Holistic assessment brings together a number of units of competency, relevant to business operations and the job role, that reflects actual workplace practices. Assessors should design integrated assessment activities to collect evidence for a number of units together. This approach can also be used for training delivery.

Related units can be grouped together in a number of combinations for logical integrated assessment. Any units that relate to a job function can be effectively combined and should be identified by the assessor to support the needs of industry operations and learners.

Training Packages cannot nominate co-requisite units. However, there are a number of SIS units for which it would be very sensible to combine assessment of parts or whole units together. Examples of Fitness units are provided.

Table 10: Examples of holistic assessment for Fitness units

SISFFIT032 Complete pre-exercise screening and service orientation	and	SISFFIT033 Complete client fitness assessments
SISFFIT033 Complete client fitness assessments	and	SISFFIT040 Develop and instruct gym-based exercise programs for individual clients SISFFIT041 Develop personalised exercise programs
SISFFIT035 Plan group exercise sessions	and	SISFFIT036 Instruct group exercise sessions
SISFFIT047 Use anatomy and physiology knowledge to support safe and effective exercise	and	SISFFIT035 Plan group exercise sessions SISFFIT036 Instruct group exercise sessions SISFFIT040 Develop and instruct gym-based exercise programs for individual clients
SISFFIT049 Use exercise science principles in fitness instruction	and	SISFFIT041 Develop personalised exercise programs SISFFIT043 Develop and instruct personalised exercise programs for body composition goals SISFFIT044 Develop and instruct personalised exercise programs for older clients SISFFIT045 Develop and instruct personalised exercise programs for adolescent clients
SISFFIT050 Support exercise behaviour change	and	SISFFIT041 Develop personalised exercise programs



		SISFFIT042 Instruct personalised exercise sessions
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## 6.7 Contextualising training and assessment

Please refer to the separate *Outdoor Recreation Companion Volume Implementation Guide* for specific information about contextualising training and assessment for this sector.

SIS units can apply to any type of sport, fitness or recreation organisation including commercial, not-for-profit and government organisations. Business models, service styles, programs and participant characteristics can vary greatly. While some units apply to specific sport, fitness and recreation activities and environments, others are more general in nature and are written to apply to different contexts. This is particularly relevant to SIS cross sector units.

Imported units, such as BSB business service units, have been selected because of their applicability to sport, fitness and recreation industry job roles.

In all cases training and assessment can be tailored to provide meaningful outcomes for both industry and learners.

### 6.7.1 Contextualising Sport units

Some sports are covered by sport-specific units which include the name of the sport in the unit title, e.g. *SISSRGL001 Conduct rugby league coaching sessions with foundation level participants*.

All other sports are covered by generic sport units, e.g. *SISSSCO001 Conduct sport coaching sessions with foundation level participants*. Training and assessment must be contextualised to the specific sport.

Specific sports are represented nationally by National Sporting Organisations (NSOs) recognised by Sport Australia, e.g. Tennis Australia.

NSOs are responsible for meeting Sport Australia compliance expectations for sport governance, finance, participation and safe sport. RTOs should obtain information from the relevant NSO to ensure the most current sport-specific policies and procedures are available to provide context for training and assessment. A list of NSOs is available from the Australian Sports Directory website:

[https://www.sportaus.gov.au/australian\\_sports\\_directory](https://www.sportaus.gov.au/australian_sports_directory).

### 6.7.2 Providing context in pre-employment institutional training

For all units covered in a pre-employment training course, RTOs would be expected to cover a range of contexts to provide students with broad vocational outcomes and transferable skills.

Contextualisation might mean:

- covering knowledge of a range of organisation types and the particular requirements of their client groups
- for SIS cross sector and imported units, ensuring training and assessment is relevant to the particular sport, fitness or recreation sector-specific qualification so that learners understand how important context is to functions covered by those units
- sourcing and using sample codes of conduct, policies, procedures and guidelines used by organisations for particular activities and participant cohorts to ensure relevance; general information irrelevant to sport, fitness and recreation activities, environments and clients can be unhelpful.

### 6.7.3 Providing context when a learner is employed

Employed students may be enrolled with RTOs and may be:

- a trainee or apprentice
- sponsored by their employer who engages with the RTO
- employed and completing training independent of their employer.

In each of these cases, there is a real opportunity to highly tailor training and assessment that directly relates to the learner's employment. Not only should those learners be allowed a choice of relevant electives within their qualification, but they can also be provided with training and assessment activities relevant to their organisation. For example, trainers and assessors can:

- allow learners to interpret, use and describe the content of their actual workplace policies and procedures
- allow learners to develop and format plans for programs and sessions in line with their own organisational guidelines
- use assessment methods which evaluate the actual work of the learner via work samples, e.g. risk assessments using organisational templates
- tailor knowledge and problem solving questions that elicit a response relevant to their employment experience (What does your procedure say about? How did you respond when a participant ignored safety guidelines? Tell me about a time when you had to modify activities.)
- provide logbooks to allow the learner to use workplace activities to count towards their assessment (useful, for example, when they are required to lead/coach/instruct a specified number of sessions or use a nominated range of exercises or techniques)
- consult with the employer about learner needs so training is relevant
- negotiate arrangements with the employer to spend time in the workplace to complete assessments
- use third party reports to verify workplace performance and supplement other evidence.

Many of the techniques would also be useful for learners on work placements.

Care must be taken so that the learner understands privacy and commercial confidentiality, and that the learner has relevant permissions from their employer. Of course, the assessor must engage normal processes for ensuring the authenticity of evidence, i.e. the work is that of the learner.

### 6.7.4 Using the notion of context as a starting point for developing activities

When writing training and assessment activities, RTOs can use the notion of contextualisation as a starting point. This should mean that RTOs do not have to continually and specifically adapt their assessments to an individual learner's workplace or the type of organisation with whom they seek employment.

In other words, activities can be written broadly and in such a way that options are provided. RTOs can then encourage or direct learners to build workplace or other context into their project and other activities. For example:

Create a plan using guidelines or templates provided by your employer, or use the sample ones provided.

Complete an evaluation report using the template provided or use your employer's template.

Select the sector in which you are currently employed, or one that you seek employment in, and....



For this activity, you can:

- select codes of practice used by your employer
- use the sample codes of practice provided
- source, via the Internet, relevant codes of practice for chosen activities.

### 6.7.5 Maintaining the integrity of the unit

Contextualisation means customising training and assessment to a particular industry sector, business type or organisation. It does not mean modifying the unit outcomes. The full content of a unit must be assessed and all listed evidence must be collected. RTOs should not make adjustments that would result in training and assessment that falls short of training package requirements.

## 6.8 Foundation skills

Foundation skills, which are embedded within SIS units of competency, include:

- language, literacy and numeracy (LLN), identified as reading, writing, oral communication and numeracy
- employment skills necessary for effective participation in the workforce, identified as learning, problem-solving, initiative and enterprise, teamwork, planning and organising, self- management and using technology.

Not every unit will contain every foundation skill, e.g. some only include reading, numeracy and problem solving.

Foundation skills are an integrated part of a unit of competency, must be assessed, and have been included in units in three ways:

1. Relevant skills essential to performance are explicit, or evident, in the Performance Criteria, written in a way that reflects both the job task and skill level.

For example, communication skills have been written explicitly in the Performance Criteria of *SISCCR0001 Plan and conduct recreation programs for older persons* as follows:

Performance criteria	3.2	Provide clear and accurate instructions and information using communication techniques suited to participants.
	3.3	Confirm understanding and encourage participants to seek clarification as required.
	6.1	Request and respond to feedback from participants and identify further needs.

2. Skills essential to performance that are not explicit in the Performance Criteria are summarised in the Foundation Skills (FS) field together with a description reflecting the workplace skill.

For example, *SISSSCO016 Coach participants in sport competition* requires the individual to source, interpret and analyse competition and competitor performance information. However, numeracy skills associated with these tasks are not explicit within the Performance Criteria and have been summarised in the FS field as follows:

Numeracy skills to:	<ul style="list-style-type: none"> <li>• interpret, analyse and discuss statistical information about competitors and competition data.</li> </ul>
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3. In some cases, the FS is evident in the Performance Criteria (PC) but the level of skill is not explicit. The PC has been written so it retains its vocational focus and is not distracted by forcing an explicit level of FS. In these cases, the FS field provides a

more detailed explanation to assist trainers and assessors to understand the level of skill. For example:

Performance criteria:	Develop and document client profile to assist with programming and ongoing evaluation. Document exercise program in appropriate format. Document session plans in appropriate format.
Supported by FS - Writing skills to:	<ul style="list-style-type: none"><li>• produce detailed program and session plans that use fitness terminology and abbreviations for instructional use</li><li>• use fundamental sentence structure to complete forms, and client records that require factual and subjective information.</li></ul>

## 6.9 Access and equity considerations

SIS training package products are designed to be accessible to all learners, to provide flexibility for implementation by RTOs and other users, and to allow for progression of skill development. This has been achieved in the following ways:

- Units meet a diversity of learner and employer needs. While many are activity and environment specific, others are written broadly enough to apply to different contexts. Training and assessment can be contextualised to a particular environment, sport, outdoor activity or workplace.
- Units and qualifications can be implemented during workplace activities, via simulation, via a recognition of prior learning process, or in combination.
- Prerequisites have been minimised to allow flexibility in sequencing of training and assessment.
- Most qualifications allow direct entry to avoid barriers to enrolment.
- Foundation skills, embedded in units, do not exceed those required to complete the workplace tasks described by units. The same applies to Knowledge Evidence.
- For equity in assessment, Performance Evidence statements describe the type and amount of evidence that all individuals must provide and all assessors must collect.
- Performance Evidence statements require rigorous assessment of workplace skills but allow RTOs flexibility to choose methods.

Training organisations should not impose any restrictions that exceed the requirements specified in this training package and which impede a learner's access to training and assessment.

### 6.9.1 RTOs role in providing accessible and equitable training and assessment

The *Standards for Registered Training Organisations* include requirements for RTOs to:

- minimise barriers to access and participation in training and assessment that might result from a learner's age, gender, cultural or ethnic background, disability, sexuality, language, literacy or numeracy skill level, employment status, or geographical location
- respond to the individual needs of learners
- provide sufficient educational and support services for the individual learner to meet the requirements of the specified training package outcomes.

Approaches that can assist learners to participate in training and assessment, meet training package requirements and achieve meaningful outcomes include:

- providing modified equipment, assistive or adaptive technologies, or assistance to increase access for learners with special circumstances including those with disability
- customising instructions for training and assessment activities so that it is specific to what will happen for the individual
- providing language, literacy and numeracy (LLN) programs to increase ability to the level required by units of competency and the workplace
- scheduling assessment events or adjusting to account for cultural beliefs, traditional practices and religious observations
- customising training and assessment to the individual's current employment, or employment prospects, to include activities that directly relate to their work
- choosing units that can be readily achieved by learners in their location and that are relevant to local employment opportunities, or ensuring learners have access to other

locations to encourage transferability of skills to other settings

- counselling learners pre and post enrolment to ensure they best select units appropriate for their location, desired employment outcomes, and abilities
- making reasonable adjustments to assessments.

### 6.9.2 Reasonable adjustment

Reasonable adjustment is any action taken by a training organisation that makes it possible for learners with special characteristics or circumstances to fully participate in training and assessment on the same basis as those without special circumstances.

An individual may be faced with a temporary or permanent issue that affects their ability to participate in the RTO's standardised training and assessment activities and methods. By making reasonable adjustments, RTOs can assist learners to participate and be certified as competent in units, skill sets and qualifications.

Special needs, characteristics or circumstances are diverse and may include:

- disability
- temporary or chronic illness
- temporary injury
- temporary or permanent use of medication that affects performance
- language and literacy skills that fall short of the demands of an RTO's standardised assessment methods.

#### Disability considerations

The Disability Standards for Education (2005) and accompanying guidelines provide information on an RTO's obligation to make reasonable adjustments for those with disability, how best to consult and determine reasonable adjustments that provide value to the learner, and information on "unjustifiable hardship" to the training organisation.

Current links to the standards and guidelines are provided in section seven of this Implementation Guide so that RTOs, their trainers and assessors can fully consider all issues for a case by case determination.

#### Language and literacy considerations

Units include a requirement for individuals to have a certain level of skill in reading, and written and oral communication. These requirements reflect but do not exceed those required to complete the workplace tasks described by the units of competency.

Assessments must ensure that students demonstrate the appropriate level of language and literacy skill embedded in Performance Criteria or further outlined in the separate Foundation Skills field.

This means that careful consideration must be given to what is a reasonable adjustment for those learners with language and literacy issues.

Some examples of reasonable and unreasonable adjustments:

- Knowledge evidence can be assessed in a number of ways. For example, *SISSSOF003 Officiate sport competitions* requires the learner to know about sport-specific rules and regulations. It does not matter how the learner demonstrates that knowledge; it is only important that they satisfy the requirement. It would be reasonable to adjust from using standardised written exercises to oral questioning, should the learner have literacy issues.
- If writing is a requirement of the unit, the learner must be able to write but only to the level described. For example, *SISFFIT036 Instruct group exercise sessions* requires the

learner to complete session documentation and evaluation reports according to recordkeeping procedures. It would not be appropriate to adjust an assessment so that the learner only verbally reports.

### 6.9.3 Adjusting practice, not the standard

The content of the unit cannot be changed as this describes a skill outcome. It is the method of training or assessment to achieve that outcome that can be adjusted. Adjustment practices must not:

- alter the skill and knowledge outcomes, e.g. by missing content of Performance Criteria, Foundation Skills and Knowledge Evidence
- change the types of evidence that are required to be collected (Performance Evidence)
- reduce the nominated volume of evidence prescribed in Performance Evidence, e.g. the number of group exercise sessions that must be instructed, the range of exercise types that must be instructed for those sessions.

Key messages about reasonable adjustment:

- The integrity of the unit(s) must be upheld; the learner must be able to demonstrate the workplace demands described in the unit
- The inherent requirements of workplace performance described by the unit must inform decisions about what adjustment is reasonable
- All learners must be judged against the same standard. This does not mean that all learners must be assessed in the same way.

## 7.0 Links

### 7.1 General

#### **Australian Apprenticeships**

[australianapprenticeships.gov.au/](http://australianapprenticeships.gov.au/)

#### **Australian Skills Quality Authority (ASQA)**

[asqa.gov.au/](http://asqa.gov.au/)

#### **Australian Qualifications Framework**

[aqf.edu.au/](http://aqf.edu.au/)

#### **Department of Education Skills and Employment**

[dese.gov.au](http://dese.gov.au)

#### **Disability Standards for Education (2005)**

[education.gov.au/disability-standards-education-2005](http://education.gov.au/disability-standards-education-2005)

#### **Disability Standards for Education 2005**

##### **Guidance Notes**

[docs.education.gov.au/node/16352](http://docs.education.gov.au/node/16352)

#### **MySkills**

[myskills.gov.au/](http://myskills.gov.au/)

#### **Training Accreditation Council of Western Australia (TAC)**

[tac.wa.gov.au/](http://tac.wa.gov.au/)

#### **Training.gov.au**

[training.gov.au](http://training.gov.au)

#### **Victorian Registration and Qualifications Authority (VRQA)**

[vrqa.vic.gov.au/Pages/default.aspx](http://vrqa.vic.gov.au/Pages/default.aspx)

### 7.2 State and Territory Training Authorities

#### **Australian Capital Territory**

[skills.act.gov.au/](http://skills.act.gov.au/)

#### **New South Wales**

[training.nsw.gov.au/](http://training.nsw.gov.au/)

#### **Northern Territory**

[education.nt.gov.au/](http://education.nt.gov.au/)

#### **Queensland**

[desbt.qld.gov.au/training](http://desbt.qld.gov.au/training)

#### **South Australia**

[s.skills.sa.gov.au/](http://s.skills.sa.gov.au/)

## Tasmania

[education.tas.gov.au/](http://education.tas.gov.au/)

## Victoria

[education.vic.gov.au/](http://education.vic.gov.au/)

## Western Australia

[dtwd.wa.gov.au/](http://dtwd.wa.gov.au/)

## 7.3 Fitness links

### Fitness Australia Scope of Practice

[Scope of Practice June 2019 2 .pdf \(bp-fitnessaustralia-production.s3.amazonaws.com\)](https://bp-fitnessaustralia-production.s3.amazonaws.com/Scope_of_Practice_June_2019_2.pdf)

### International Confederation of Registers for Exercise Professionals

<https://icreps.org/> – an international partnership between registration bodies around the world that register exercise professionals.

### Adult pre-exercise screening system

<https://fitness.org.au/articles/policies-guidelines/adult-pre-exercise-screening-system/4/18/20>

### Australian Institute of Sport - nutrition

<https://www.ais.gov.au/nutrition>

### Australian Guide to Healthy Eating

<https://www.eatforhealth.gov.au/>

### Sports Dietitians Australia

<https://www.sportsdietitians.com.au/>

### Dieticians Association of Australia

<https://daa.asn.au/about-daa/>

## 7.4 Outdoor Recreation links

Please refer to the separate *Outdoor Recreation Companion Volume Implementation Guide* for useful links for this sector.

## 7.5 Sport links

### Sport Australia

<https://www.sportaus.gov.au/>

[https://www.sportaus.gov.au/sportaus/corporate\\_structure](https://www.sportaus.gov.au/sportaus/corporate_structure)

[https://www.sportaus.gov.au/australian\\_sports\\_directory](https://www.sportaus.gov.au/australian_sports_directory)

<https://www.sportaus.gov.au/home>

[https://www.sportaus.gov.au/sportaus/corporate\\_structure/division/sport\\_business](https://www.sportaus.gov.au/sportaus/corporate_structure/division/sport_business)

[https://www.sportaus.gov.au/governance/mandatory\\_sports\\_governance\\_principles](https://www.sportaus.gov.au/governance/mandatory_sports_governance_principles)

### Australian Sports Anti-Doping Authority (ASADA)

<https://www.asada.gov.au/>

### Sports Medicine Australia



<https://sma.org.au/training-courses/>

**Dieticians Association of Australia**

<https://daa.asn.au/about-daa/>



## 8.0 Terminology

### 8.1 Community Recreation

#### **Controlled versus uncontrolled environments**

These environments can be defined as follows:

**Controlled:** Where risks are managed through pre-existing risk assessment and hazard control processes.

This scenario therefore requires professional capacity to comply with and support organisational or existing risk management protocols.

**Uncontrolled:** Where risk management (through risk assessment and hazard control processes) does not already exist.

This scenario therefore requires the professional capacity to develop and implement risk management processes.

Examples might include a facility or location without existing risk management protocols and/or one that is not specifically set up to be a community recreation facility, e.g. community/church hall, workplace environment, some public outdoor settings.

### 8.2 Fitness

#### **Session**

A session is a short period of time devoted to exercise; durations will vary, e.g., 30 minutes, 45 minutes, 60 minutes. Session plans incorporate details such as specific timings for phases of the session, exercises to be included, number of repetitions and sets.

Sessions can be tailored to individual client goals as part of a longer program, with multiple and varied sessions comprising a program.

Sessions can also be developed for a group of mixed-ability participants where the goal is linked to broader health or skill-related components of fitness. A range of session types (sometimes known as classes or workouts) might be offered by a fitness business to meet the needs of different consumer groups, e.g., spin class, aqua class, and those designed for a specific population such as children.

#### **Program**

Programs are short- or long-term exercise plans tailored to individual client needs by personal trainers and gym instructors. Programs incorporate details such as client goals, the range of exercises, frequency of activities and duration of sessions. Clients are monitored during the life of the program, with program content modified and updated according to client need. The duration of a program will vary according to client goals and could vary from weeks, e.g. increasing fitness levels to participate in a scheduled event such as a community or charity run, to months, e.g. body composition goal of losing 30 kgs.

### 8.3 Sport

#### **Foundation, intermediate, advanced**

These terms are used to refer to three different levels of participant skills in the generic coaching units. The technical and tactical sport skills and knowledge relevant to each level depends on the specific sport and information is available from the relevant National Sporting Organisation.

## Sport-specific

This term refers to a sport. The specific sport depends on the context. For example, in a netball sport context the specific sport would be netball. The term appears throughout the units to enable the units to be delivered in a broad range of specific sport contexts without the need for separate units for every sport context.

<b>UNIT CODE</b>	SISSPAR001
<b>UNIT TITLE</b>	Participate in sport at an intermediate level
<b>APPLICATION</b>	<p>This unit describes the performance outcomes, skills and knowledge required to perform sport-specific tactical and technical skills at an intermediate level through participation in a specific sport. Activities may include conditioning, drills, discussions, games, competitions and other activities relevant to the specific sport.</p> <p>This unit applies to athletes in the Australian sport industry competing in a sport at a local, state or national level. Those undertaking this unit work with the support of a coach.</p>

<b>UNIT CODE</b>	SISSSCO001
<b>UNIT TITLE</b>	Conduct sport coaching sessions with foundation level participants
<b>APPLICATION</b>	<p>This unit describes the performance outcomes, skills and knowledge required to prepare for and conduct sport coaching sessions with foundation level participants in a specific sport.</p> <p>This unit applies to individuals working under supervision in community-based assistant coaching roles in the Australian sport industry. This includes individuals working and volunteering in sport clubs and organisations.</p>

## Athlete

This term is used to describe individuals who participate in sport as a job. These can be paid or volunteer job roles. The term appears in units that describe job functions performed by athletes and developing athletes.

## Participant

This term is used to describe individuals who participate in sport as a community activity. The term appears in units that describe job functions performed by coaches and officials when referring to the sport participants they interact with in a community sport environment. National Sporting Organisations (NSOs) are responsible for the design and implementation of their coaching and officiating frameworks.

## Participation

This term refers to the act of participating in a physical activity that is competitive and a recognised sport.

## **Session**

This term refers to a single participant development event delivered by a coach to participants.

## **Program**

This term refers to a series of sessions delivered by a coach to participants.

## **National Sporting Organisations (NSOs)**

NSOs are national sporting bodies recognised by Sport Australia. A list of NSOs can be found here: [https://www.sportaus.gov.au/australian\\_sports\\_directory](https://www.sportaus.gov.au/australian_sports_directory)

## **NCAS (National Coaching Accreditation Scheme) and NOAS (National Officials Accreditation)**

These schemes were retired by Sport Australia in 2017.

Each National Sporting Organisation is responsible for its own systems and quality assurance in this regard

## **Workplace or simulated environment**

A workplace is an environment where sport-related job roles described by the qualifications are found. These can be paid or volunteer job roles - for example, a volunteer community coach at a local basketball club. A simulated environment can be a school or a training provider provided it reflects sport-industry workplace conditions and meets the mandatory requirements specified in the assessment conditions.

# Appendix A: Sport, Fitness and Recreation units of competency

## Cross Sector (X) units

Unit code	Unit title	Prerequisites
<b>Administration (ADM)</b>		
SISXADM001	Organise and supervise participant travel	Nil
<b>Coaching and Instruction (CAI)</b>		
SISXCAI001	Provide equipment for activities	Nil
SISXCAI002	Assist with activity sessions	Nil
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	Nil
SISXCAI004	Plan and conduct programs	Nil
SISXCAI005	Conduct individualised long-term training programs	Nil
SISXCAI006	Facilitate groups	Nil
SISXCAI007	Assist with activities not requiring equipment	Nil
SISXCAI008	Plan, conduct and review training and recovery programs	Nil
SISXCAI009	Instruct strength and conditioning techniques	Nil
SISXCAI010	Develop strength and conditioning programs	Nil
<b>Client and Customer Service (CCS)</b>		
SISXCCS001	Provide quality service	Nil
SISXCCS002	Coordinate client service activities	Nil
SISXCCS003	Address client needs	Nil
<b>Disability (DIS)</b>		
SISXDIS001	Facilitate inclusion for people with a disability	Nil
SISXDIS002	Plan and conduct disability programs	Nil
<b>Emergency Response (EMR)</b>		
SISXEMR001	Respond to emergency situations	Nil
SISXEMR002	Coordinate emergency responses	Nil
<b>Facility Management (FAC)</b>		
SISXFAC001	Maintain equipment for activities	Nil

Unit code	Unit title	Prerequisites
SISXFAC002	Maintain sport, fitness and recreation facilities	Nil
SISXFAC003	Implement facility maintenance programs	Nil
SISXFAC004	Coordinate facility and equipment acquisition and maintenance	Nil
SISXFAC005	Manage stock supply and purchase	Nil
<b>Finance (FIN)</b>		
SISXFIN001	Develop and review budgets for activities or projects	Nil
SISXFIN002	Process financial transactions	Nil
<b>Human Resource Management (HRM)</b>		
SISXHRM001	Recruit and manage volunteers	Nil
<b>Computer Operations and ICT Management (ICT)</b>		
SISXICT001	Select and use technology for sport, fitness and recreation work	Nil
<b>Working in Industry (IND)</b>		
SISXIND001	Work effectively in sport, fitness and recreation environments	Nil
SISXIND002	Maintain sport, fitness and recreation industry knowledge	Nil
SISXIND003	Maintain legal knowledge for organisation governance	Nil
SISXIND004	Analyse participation patterns	Nil
SISXIND005	Coordinate work teams or groups	Nil
SISXIND006	Conduct sport, fitness or recreation events	Nil
SISXIND007	Develop and implement participation strategies	Nil
SISXIND008	Manage legal compliance in sport and recreation	Nil
SISXIND009	Respond to interpersonal conflict	Nil
SISXIND010	Protect children and young people	Nil
<b>Management and Leadership (MGT)</b>		
SISXMGT001	Develop and maintain stakeholder relationships	Nil
<b>Resource Management (RES)</b>		
SISXRES001	Conduct sustainable work practices in open spaces	Nil
SISXRES002	Educate user groups	Nil

## Community Recreation (C) units

Unit code	Unit title	Prerequisites
<b>Aquatics (AQU)</b>		
SISCAQU001	Test pool water quality	Nil
SISCAQU002	Perform basic water rescues	Nil
SISCAQU003	Maintain aquatic facility plant and equipment	Nil
SISCAQU004	Develop and implement pool water maintenance procedures	Nil
SISCAQU005	Develop and implement aquatic facility maintenance procedures	Nil
SISCAQU006	Supervise clients in aquatic locations	Nil
SISCAQU007	Perform advanced water rescues	HLTAID003 Provide first aid  SISCAQU002 Perform basic water rescues
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills	SISCAQU002 Perform basic water rescues
SISCAQU009	Instruct water safety and survival skills	Nil
SISCAQU010	Instruct swimming strokes	Nil
SISCAQU011	Promote development of infants and toddlers in an aquatic environment	Nil
SISCAQU012	Assist participants with a disability during aquatic activities	Nil
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility	Nil
<b>Community Recreation Development (CRD)</b>		
SISCCRD001	Facilitate community recreation initiatives	Nil
<b>Community Recreation Operations (CRO)</b>		
SISCCRO001	Plan and conduct recreation programs for older persons	Nil



## Fitness (F) units

Unit code	Unit title	Prerequisites
<b>Screening and fitness assessment</b>		
SISFFIT032	Complete pre-exercise screening and service orientation	Nil
SISFFIT033	Complete client fitness assessments	Nil
SISFFIT034	Assess client movement and provide exercise advice	Nil
<b>Group instruction</b>		
SISFFIT035	Plan group exercise sessions	Nil
SISFFIT036	Instruct group exercise sessions	Nil
SISFFIT037	Develop and instruct group movement programs for children	Nil
SISFFIT038	Plan group water-based exercise sessions	Nil
SISFFIT039	Instruct group water-based exercise sessions	Nil
<b>Individual instruction</b>		
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients	Nil
SISFFIT041	Develop personalised exercise programs	Nil
SISFFIT042	Instruct personalised exercise sessions	Nil
SISFFIT043	Develop and instruct personalised exercise programs for body composition goals	Nil
SISFFIT044	Develop and instruct personalised exercise programs for older clients	Nil
SISFFIT045	Develop and instruct personalised exercise programs for adolescent clients	Nil
<b>Online instruction</b>		
SISFFIT046	Plan and instruct online exercise sessions	Nil
<b>Other functions that support clients, program development and instruction</b>		
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise	Nil
SISFFIT048	Use anatomy and physiology knowledge to support safe and effective water-based exercise	Nil
SISFFIT049	Use exercise science principles in fitness instruction	Nil
SISFFIT050	Support exercise behaviour change	Nil
SISFFIT051	Establish and maintain professional practice for fitness instruction	Nil

Unit code	Unit title	Prerequisites
SISFFIT052	Provide healthy eating information	Nil
SISFFIT053	Support healthy eating for individual fitness clients	Nil

### Outdoor Recreation (O) units

A separate **Outdoor Recreation Companion Volume Implementation Guide** contains specific information about outdoor recreation training package products.

Unit code	Unit title	Prerequisites
<b>Adventure-based Learning (ABL)</b>		
SISOABL001	Lead adventure-based learning activities	Nil
SISOABL002	Facilitate adventure-based learning activities	Nil
SISOABL003	Design adventure-based learning programs	Nil
<b>Abseiling (ABS)</b>		
SISOABS001	Abseil single pitches using fundamental skills	Nil
SISOABS002	Abseil single pitches, artificial surfaces	Nil
SISOABS003	Abseil single pitches, natural surfaces	Nil
SISOABS004	Abseil multi pitches, natural surfaces	Nil
SISOABS005	Establish ropes for single pitch abseiling on artificial surfaces	Nil
SISOABS006	Establish ropes for single pitch abseiling on natural surfaces	Nil
SISOABS007	Establish ropes for multi pitch abseiling on natural surfaces	Nil
SISOABS008	Lead single pitch abseiling activities on artificial surfaces	Nil
SISOABS009	Lead single pitch abseiling activities on natural surfaces	Nil
SISOABS010	Lead multi pitch abseiling activities on natural surfaces	Nil
<b>Archery (ARC)</b>		
SISOARC001	Lead archery sessions	Nil
<b>Bushwalking (BWG)</b>		
SISOBWG001	Bushwalk in tracked environments	Nil
SISOBWG002	Bushwalk in difficult tracked environments	Nil
SISOBWG003	Bushwalk in extremely difficult tracked and untracked environments	Nil
SISOBWG004	Cross rivers during bushwalks	Nil
SISOBWG005	Lead bushwalks in tracked environments	Nil
SISOBWG006	Lead bushwalks in difficult tracked environments	Nil
SISOBWG007	Lead bushwalks in extremely difficult tracked and untracked environments	Nil

Unit code	Unit title	Prerequisites
<b>Canyoning (CAY)</b>		
SISOCAY001	Traverse canyons	Nil
SISOCAY002	Abseil in easy to intermediate canyons	Nil
SISOCAY003	Abseil in intermediate to advanced canyons	Nil
SISOCAY004	Establish ropes and belays for abseils in easy to intermediate canyons	Nil
SISOCAY005	Establish ropes and belays for abseils in intermediate to advanced canyons	Nil
SISOCAY006	Lead canyoning activities, easy to intermediate canyons	Nil
SISOCAY007	Lead canyoning activities, intermediate to advanced canyons	Nil
<b>Challenge Course (CHC)</b>		
SISOCHC001	Lead challenge course sessions, low elements	Nil
SISOCHC002	Set up and supervise challenge course sessions, low elements	SISOCHC001 Lead challenge course sessions, low elements
SISOCHC003	Lead challenge course sessions, high elements	Nil
SISOCHC004	Set up and supervise challenge course sessions, high elements	SISOCHC003 Lead challenge course sessions, high elements
SISOCHC005	Manage challenge course	Nil
<b>Climbing (CLM)</b>		
SISOCLM001	Top rope climb single pitches, artificial surfaces	Nil
SISOCLM002	Top rope climb single pitches, natural surfaces	Nil
SISOCLM003	Lead climb single pitches, natural surfaces	Nil
SISOCLM004	Lead climb multi pitches, natural surfaces	Nil
SISOCLM005	Establish belays for single pitch climbing on artificial surfaces	Nil
SISOCLM006	Establish belays for single pitch climbing on natural surfaces	Nil
SISOCLM007	Establish belays for multi pitch climbing on natural surfaces	Nil
SISOCLM008	Lead single pitch climbing activities on artificial surfaces, top rope climbing	Nil
SISOCLM009	Lead single pitch climbing activities on natural surfaces, top rope climbing	Nil
SISOCLM010	Lead single pitch climbing activities on natural surfaces, lead climbing	Nil

Unit code	Unit title	Prerequisites
SISOCLM011	Lead multi pitch climbing activities on natural surfaces, lead climbing	Nil
<b>Canoeing (CNE)</b>		
SISOCNE001	Paddle a craft using fundamental skills	Nil
SISOCNE002	Paddle a canoe on inland flatwater	Nil
SISOCNE003	Paddle a canoe on moving water up to grade 1 rivers	Nil
SISOCNE004	Paddle a canoe on grade 2 rivers	Nil
SISOCNE005	Lead canoeing activities on inland flatwater	Nil
SISOCNE006	Lead canoeing activities on moving water up to grade 1 rivers	Nil
SISOCNE007	Lead canoeing activities on grade 2 rivers	Nil
<b>Caving (CVE)</b>		
SISOCVE001	Traverse caves	Nil
SISOCVE002	Descend and ascend ladders in caves	Nil
SISOCVE003	Abseil single pitches in caves	Nil
SISOCVE004	Descend and ascend single ropes in caves	Nil
SISOCVE005	Establish ropes, ladders and belays for caving	Nil
SISOCVE006	Lead caving activities	Nil
<b>Cycle Touring (CYT)</b>		
SISOCYT001	Set up, maintain and repair bicycles	Nil
SISOCYT002	Ride bicycles on roads and pathways, easy conditions	Nil
SISOCYT003	Ride bicycles on roads, up to moderate terrain and heavy traffic	Nil
SISOCYT004	Ride off road bicycles on easy trails	Nil
SISOCYT005	Ride off road bicycles on intermediate trails	Nil
SISOCYT006	Lead cycling activities on roads and pathways, easy conditions	Nil
SISOCYT007	Lead cycling activities on roads, up to moderate terrain and heavy traffic	Nil
SISOCYT008	Lead off road cycling activities on easy trails	Nil
SISOCYT009	Lead off road cycling activities on intermediate trails	Nil
<b>Four Wheel Driving (DRV)</b>		
SISODRV001	Drive AWD/4WD vehicles on unsealed roads	Nil
SISODRV002	Lead four wheel driving activities	Nil
<b>Equine (EQU)</b>		
SISOEQU001	Handle horses	Nil
SISOEQU002	Ride horses using fundamental skills	SISOEQU001 Handle horses

Unit code	Unit title	Prerequisites
SISOEQU003	Ride horses on tracked trail rides	SISOEQU001 Handle horses  SISOEQU002 Ride horses using fundamental skills
SISOEQU004	Ride horses on untracked trail rides	SISOEQU001 Handle horses  SISOEQU002 Ride horses using fundamental skills
SISOEQU005	Guide horse trail rides in tracked areas	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU006	Guide horse trail rides in untracked areas	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU007	Instruct horse handling skills	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU008	Instruct fundamental horse riding skills	SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU009	Instruct the advancement of recreational horse riding skills	SISOEQU008 Instruct fundamental horse riding skills  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities

Unit code	Unit title	Prerequisites
SISOEQU010	Identify hazards, assess and control safety risks for horse handling and riding activities	Nil
SISOEQU011	Manage horse illness and injury in remote areas	RGRPSH308 Provide first aid and emergency care for horses or other equines
SISOEQU012	Assess horses for sport or recreational performance	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU013	Condition horses for sport or recreational performance	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU014	Determine nutritional requirements for sport or recreational horses	Nil
SISOEQU015	Acquire and educate horses for sport or recreational programs	SISOEQU001 Handle horses  SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
<b>Field Operations (FLD)</b>		
SISOFLD001	Assist in conducting recreation sessions	Nil
SISOFLD002	Minimise environmental impact	Nil
SISOFLD003	Select, set up and operate a temporary or overnight site	Nil
SISOFLD004	Provide first aid in remote locations	HLTAID003 Provide first aid
SISOFLD005	Navigate waterway courses	Nil
SISOFLD006	Navigate in tracked environments	Nil
SISOFLD007	Navigate in difficult tracked environments	Nil
SISOFLD008	Navigate in extremely difficult tracked and untracked environments	Nil
<b>Fishing (FSH)</b>		
SISOFSH001	Locate, attract and catch fish	Nil

Unit code	Unit title	Prerequisites
SISOFSH002	Select and catch bait	Nil
SISOFSH003	Select and rig tackle outfits	Nil
SISOFSH004	Lead fishing activities	Nil
<b>Kayaking (KYK)</b>		
SISOKYK001	Paddle a kayak on inland flatwater	Nil
SISOKYK002	Paddle a kayak on moving water up to grade 1 rivers	Nil
SISOKYK003	Paddle a kayak on grade 2 rivers	Nil
SISOKYK004	Paddle a kayak on grade 3 rivers	Nil
SISOKYK005	Lead kayaking activities on inland flatwater	Nil
SISOKYK006	Lead kayaking activities on moving water up to grade 1 rivers	Nil
SISOKYK007	Lead kayaking activities on grade 2 rivers	Nil
SISOKYK008	Lead kayaking activities on grade 3 rivers	Nil
<b>Sea Kayaking (KYS)</b>		
SISOKYS001	Paddle a sea kayak in enclosed waters	Nil
SISOKYS002	Paddle a sea kayak in sheltered coastal waters	Nil
SISOKYS003	Paddle a sea kayak in exposed coastal waters	Nil
SISOKYS004	Lead sea kayaking activities in enclosed waters	Nil
SISOKYS005	Lead sea kayaking activities in sheltered coastal waters	Nil
SISOKYS006	Lead sea kayaking activities in exposed coastal waters	Nil
<b>Outdoor Recreation Planning (PLN)</b>		
SISOPLN001	Finalise operation of outdoor recreation activities	Nil
SISOPLN002	Plan activity sessions	Nil
SISOPLN003	Develop outdoor recreation programs	Nil
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	Nil
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	Nil
SISOPLN006	Plan for minimal environmental impact	Nil
SISOPLN007	Manage risk for outdoor programs	Nil
<b>Personal Water Craft (PWC)</b>		
SISOPWC001	Ride personal watercraft in smooth water conditions	Nil
SISOPWC002	Ride personal watercraft in slight water conditions	Nil
SISOPWC003	Lead personal water craft activities in smooth water conditions	Nil
SISOPWC004	Lead personal water craft activities in slight water conditions	Nil



Unit code	Unit title	Prerequisites
<b>Rafting (RAF)</b>		
SISORAF001	Guide a raft on grade 2 rivers	Nil
SISORAF002	Guide a raft on grade 3 rivers	Nil
SISORAF003	Guide a raft on grade 4 rivers	Nil
SISORAF004	Lead rafting activities on grade 2 rivers	Nil
SISORAF005	Lead rafting activities on grade 3 rivers	Nil
SISORAF006	Lead rafting activities on grade 4 rivers	Nil
<b>Rescue Operations (RSC)</b>		
SISORSC001	Conduct search and rescue	Nil
SISORSC002	Perform vertical rescues	Nil
SISORSC003	Perform complex vertical rescues	Nil
SISORSC004	Self-rescue in white water	Nil
SISORSC005	Rescue others in white water	SISORSC004 Self rescue in white water
SISORSC006	Lead and participate in complex white water rescues	SISORSC004 Self rescue in white water
SISORSC007	Perform basic surf rescues	Nil
<b>Sailing Small Boats (SAI)</b>		
SISOSAI001	Sail small boats in smooth water and light to moderate wind conditions.	Nil
SISOSAI002	Sail small boats in partially smooth water and moderate to fresh wind conditions	Nil
SISOSAI003	Sail small boats in open coastal waters and moderate wind conditions	Nil
SISOSAI004	Lead sailing activities in smooth water and light to moderate wind conditions.	Nil
SISOSAI005	Lead sailing activities in partially smooth water and moderate to fresh wind conditions	Nil
SISOSAI006	Lead sailing activities in open coastal waters and moderate wind conditions	Nil
<b>SCUBA Diving (SCB)</b>		
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres	Nil
SISOSCB002	SCUBA dive from boats	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB003	SCUBA dive at night	SISOSCB001 SCUBA dive in open water to a

Unit code	Unit title	Prerequisites
		maximum depth of 18 metres
SISOSCB004	Navigate prescribed routes underwater	Nil
SISOSCB005	Complete underwater search and recovery dives	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB006	Perform diver rescues	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB007	Inspect and fill SCUBA cylinders	Nil
SISOSCB008	SCUBA dive using Enriched Air Nitrox	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB009	SCUBA dive to depths between 18 and 40 metres	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB010	Lead SCUBA diving activities	Nil
SISOSCB011	Lead specialised SCUBA diving activities	Nil
<b>Ski Touring (SKT)</b>		
SISOSKT001	Ski on easy cross country terrain	Nil
SISOSKT002	Ski on intermediate cross country terrain	Nil
SISOSKT003	Use snow craft skills for alpine touring	Nil
SISOSKT004	Lead skiing activities on easy cross country terrain	Nil
SISOSKT005	Lead skiing activities on intermediate cross country terrain	Nil
<b>Snorkelling (SNK)</b>		
SISOSNK001	Snorkel	Nil
SISOSNK002	Lead snorkelling activities	Nil
<b>Surfing (SRF)</b>		
SISOSRF001	Surf small waves using basic manoeuvres	Nil
SISOSRF002	Surf waves using intermediate manoeuvres	Nil
SISOSRF003	Surf waves using advanced manoeuvres	Nil
SISOSRF004	Lead surfing activities, small waves and basic manoeuvres	Nil
SISOSRF005	Lead surfing activities, intermediate manoeuvres	Nil
SISOSRF006	Lead surfing activities, advanced manoeuvres	Nil

Unit code	Unit title	Prerequisites
<b>Stand up Paddle Boarding (SUP)</b>		
SISOSUP001	Paddle a stand up board on inland flatwater	Nil
SISOSUP002	Paddle a stand up board in small waves	Nil
SISOSUP003	Paddle a stand up board in sheltered coastal waters	Nil
SISOSUP004	Lead stand up paddle boarding activities on inland flatwater	Nil
SISOSUP005	Lead stand up paddle boarding activities on small waves	Nil
SISOSUP006	Lead stand up paddle boarding activities in sheltered coastal waters	Nil
<b>Windsurfing (WIN)</b>		
SISOWIN001	Windsurf in smooth water and light wind conditions	Nil
SISOWIN002	Lead windsurfing activities in smooth water and light wind conditions	Nil

### Sport (S) units

Unit code	Unit title	Prerequisites
<b>Australian Football (AFL)</b>		
SISSAFL001	Participate in Australian football at an intermediate level	Nil
SISSAFL002	Participate in Australian football at an advanced level	Nil
<b>Athletics (ATH)</b>		
SISSATH001	Conduct athletics coaching sessions with foundation level participants	Nil
<b>Basketball (BSB)</b>		
SISSBSB001	Conduct basketball coaching sessions with foundation level participants	Nil
SISSBSB002	Coach basketball participants up to an intermediate level	Nil
<b>Cricket (CKT)</b>		
SISSCKT001	Participate in cricket at an intermediate level	Nil
SISSCKT002	Participate in cricket at an advanced level	Nil
<b>Equestrian (EQS)</b>		
SISSEQS001	Coach individual participants in the introduction of equestrian activities	Nil
SISSEQS002	Coach unofficial local competition competitors in equestrian	Nil
SISSEQS003	Coach official national competition participants in equestrian	Nil

Unit code	Unit title	Prerequisites
<b>Golf (GLF)</b>		
SISSGLF001	Coach advanced level golfers	Nil
SISSGLF002	Participate in golf at an intermediate level	Nil
SISSGLF003	Participate in golf at an advanced level	Nil
SISSGLF004	Fit and alter golf equipment	Nil
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments	Nil
SISSGLF006	Participate in high performance golf tournaments	Nil
SISSGLF007	Manage on-course golf operations	Nil
<b>Netball (NTB)</b>		
SISSNTB001	Conduct netball coaching sessions with foundation level participants	Nil
SISSNTB002	Participate in netball at an intermediate level	Nil
<b>Participation (PAR)</b>		
SISSPAR001	Participate in sport at an intermediate level	Nil
SISSPAR002	Participate in sport at an advanced level	Nil
SISSPAR003	Follow specialist dietary advice	Nil
SISSPAR004	Book athlete travel and accommodation	Nil
SISSPAR005	Develop athlete personal brand	Nil
SISSPAR006	Prepare and present athlete sponsorship proposals	Nil
SISSPAR007	Work as an athlete	Nil
SISSPAR008	Maintain personal wellbeing as an athlete	Nil
SISSPAR009	Participate in conditioning for sport	Nil
<b>Rugby League (RGL)</b>		
SISSRGL001	Conduct rugby league coaching sessions with foundation level participants	Nil
SISSRGL002	Participate in rugby league at an intermediate level	Nil
<b>Coaching (SCO)</b>		
SISSSCO001	Conduct sport coaching sessions with foundation level participants	Nil
SISSSCO002	Work in a community coaching role	Nil

Unit code	Unit title	Prerequisites
SISSSCO003	Meet participant coaching needs	Nil
SISSSCO004	Plan, conduct and review coaching programs	Nil
SISSSCO005	Continuously improve coaching skills and knowledge	Nil
SISSSCO006	Implement sport selection policies and procedures	Nil
SISSSCO007	Apply sport psychology principles	Nil
SISSSCO008	Apply anti-doping policies	Nil
SISSSCO009	Work collaboratively with others in a sport environment	Nil
SISSSCO010	Implement sport talent identification programs	Nil
SISSSCO011	Manage integrity in sport	Nil
SISSSCO012	Coach sport participants up to an intermediate level	Nil
SISSSCO013	Coach sport participants up to an advanced level	Nil
SISSSCO014	Develop sport coaches	Nil
SISSSCO015	Prepare participants for sport competition	Nil
SISSSCO016	Coach participants in sport competition	Nil
<b>Officiating (SOF)</b>		
SISSSOF001	Work as an official in sport	Nil
SISSSOF002	Continuously improve officiating skills and knowledge	Nil
SISSSOF003	Officiate sport competitions	Nil
<b>Sports Trainer (SPT)</b>		
SISSSPT001	Implement sport injury prevention and management strategies	HLTAID003 Provide first aid
<b>Squash (SQU)</b>		
SISSSQU001	Conduct squash coaching sessions with foundation level participants	Nil
<b>Surf Lifesaving (SUR)</b>		
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants	Nil
<b>Swimming (SWM)</b>		
SISSSWM001	Coach swimmers up to a competitive level	Nil
SISSSWM002	Coach swimmers up to a high performance level	Nil
SISSSWM003	Coach swimmers up to an elite level	Nil

Unit code	Unit title	Prerequisites
<b>Tennis (TNS)</b>		
SISSTNS001	Coach junior players in tennis	Nil
SISSTNS002	Coach intermediate players in tennis	Nil
<b>Touch (TOU)</b>		
SISSTOU001	Participate in touch at an intermediate level	Nil
<b>Tenpin Bowling (TPB)</b>		
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants	Nil
<b>Volleyball (VOL)</b>		
SISSVOL001	Coach volleyball participants up to an intermediate level	Nil

## Appendix B: Imported units of competency

Codes, titles and prerequisite requirements for imported units of competency are applicable and current at the time of publication of *SIS Sport, Fitness and Recreation Training Package*. The parent training package is identified before each group of imported units.

Unit code	Unit title	Prerequisites
<b>ACM Animal Care and Management</b>		
ACMEQU202	Handle horses safely	ACMEQU205 Apply knowledge of horse behaviour
ACMEQU205	Apply knowledge of horse behaviour	Nil
ACMEQU210	Lunge educated horses	ACMEQU202 Handle horses safely
ACMEQU301	Introduce horses to lunge exercise	ACMEQU210 Lunge educated horses
ACMPHR401	Interpret equine behaviour	Nil
ACMHBR310	Prevent and treat equine injury and disease	Nil
ACMPHR407	Implement an equine facility maintenance, improvement and management program	Nil
ACMPHR503	Evaluate performance horse conformation	Nil
ACMPHR505	Manage fitness in performance horses	Nil
<b>AHC10 Agriculture, Horticulture and Conservation and Land Management</b>		
AHCBUS506A	Develop and review a business plan	Nil
<b>BSB Business Services</b>		
BSBADM307	Organise schedules	Nil
BSBADM311	Maintain business resources	Nil
BSBADM405	Organise meetings	Nil
BSBADM502	Manage meetings	Nil
BSBADM503	Plan and manage conferences	Nil
BSBADM504	Plan and implement administrative systems	Nil
BSBADM506	Manage business document design and development	Nil
BSBCMM101	Apply basic communication skills	Nil
BSBCMM401	Make a presentation	Nil



Unit code	Unit title	Prerequisites
BSBCMM411	Make presentations	Nil
BSBCRT301	Develop and extend critical thinking skills	Nil
BSBCRT411	Apply critical thinking to work practices	Nil
BSBCUS501	Manage quality customer service	Nil
BSBESB301	Investigate business opportunities	Nil
BSBESB302	Develop and present business proposals	Nil
BSBESB303	Organise finances for new business ventures	Nil
BSBESB401	Research and develop business plans	Nil
BSBESB402	Establish legal and risk management requirements of new business ventures	Nil
BSBESB403	Plan finances for new business ventures	Nil
BSBESB404	Market new business ventures	Nil
BSBESB405	Manage compliance for small businesses	Nil
BSBESB407	Manage finances for new business ventures	Nil
BSBFIA301	Maintain financial records	Nil
BSBFIA302	Process payroll	Nil
BSBFIA303	Process accounts payable and receivable	Nil
BSBFIA304	Maintain a general ledger	Nil
BSBFIM501	Manage budgets and financial plans	Nil
BSBFIM502	Manage payroll	Nil
BSBFIM601	Manage finances	Nil
BSBFRA301	Work within a franchise	Nil
BSBFRA402	Establish a franchise	Nil
BSBFRA403	Manage relationship with franchisor	Nil
BSBGOV401	Implement board member responsibilities	Nil
BSBHRM404	Review human resources functions	Nil
BSBHRM405	Support the recruitment, selection and induction of staff	Nil
BSBHRM501	Manage human resource services	Nil
BSBHRM502	Manage human resource management information systems	Nil

Unit code	Unit title	Prerequisites
BSBHRM505	Manage remuneration and employee benefits	Nil
BSBHRM506	Manage recruitment, selection and induction processes	Nil
BSBHRM507	Manage separation or termination	Nil
BSBHRM509	Manage rehabilitation or return to work programs	Nil
BSBHRM512	Develop and manage performance management processes	Nil
BSBINM301	Organise workplace information	Nil
BSBITU201	Produce simple word processed documents	Nil
BSBLDR502	Lead and manage effective workplace relationships	Nil
BSBLDR511	Develop and use emotional intelligence	Nil
BSBLED101	Plan skills development	Nil
BSBLED401	Develop teams and individuals	Nil
BSBLDR414	Lead team effectiveness	Nil
BSBLED502	Manage programs that promote personal effectiveness	Nil
BSBMGT502	Manage people performance	Nil
BSBMGT517	Manage operational plan	Nil
BSBMGT622	Manage resources	Nil
BSBMKG507	Interpret market trends and developments	Nil
BSBMKG514	Implement and monitor marketing activities	Nil
BSBMKG521	Plan and implement sponsorship and event marketing	Nil
BSBMKG523	Design and develop an integrated marketing communication plan	Nil
BSBOPS304	Deliver and monitor a service to customers	Nil
BSBOPS403	Apply business risk management processes	Nil
BSBPEF301	Organise personal work priorities	Nil
BSBPMG522	Undertake project work	Nil
BSBRKG502	Manage and monitor business or records systems	Nil
BSBRSK401	Identify risk and apply risk management processes	Nil
BSBRSK501	Manage risk	Nil
BSBSLS408	Present, secure and support sales solutions	Nil

Unit code	Unit title	Prerequisites
BSBSMB306	Plan a home-based business	Nil
BSBSMB407	Manage a small team	Nil
BSBSMB401	Establish legal and risk management requirements of small business	Nil
BSBSMB403	Market the small business	Nil
BSBSMB404	Undertake small business planning	Nil
BSBSMB405	Monitor and manage small business operations	Nil
BSBSMB406	Manage small business finances	Nil
BSBSMB407	Manage a small team	Nil
BSBSUS201	Participate in environmentally sustainable work practices	Nil
BSBSUS211	Participate in sustainable work practices	Nil
BSBSUS501	Develop workplace policy and procedures for sustainability	Nil
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	Nil
BSBWHS332X	Apply infection prevention and control procedures to own work activities	
BSBWOR201	Manage personal stress in the workplace	Nil
BSBWOR202	Organise and complete daily work activities	Nil
BSBWOR204	Use business technology	Nil
BSBWOR301	Organise personal work priorities and development	Nil
BSBWOR404	Develop work priorities	Nil
BSBWOR501	Manage personal work priorities and professional development	Nil
BSBWOR502	Lead and manage team effectiveness	Nil
BSBXTW301	Work in a team	Nil
BSBHRM502	Manage human resource management information systems	Nil
<b>CHC Community Services</b>		
CHCAGE001	Facilitate the empowerment of older people	
CHCCCS007	Develop and implement service programs	Nil
CHCCCS009	Facilitate responsible behaviour	Nil
CHCCCS014	Provide brief interventions	Nil

Unit code	Unit title	Prerequisites
CHCCCS019	Recognise and respond to crisis situations	Nil
CHCCDE002	Develop and implement community programs	Nil
CHCCDE004	Implement participation and engagement strategies	Nil
CHCCDE005	Develop and support relevant community resources	Nil
CHCCDE007	Develop and provide community projects	Nil
CHCCDE010	Develop and lead community engagement strategies to enhance participation	Nil
CHCCOM001	Provide first point of contact	Nil
CHCCOM002	Use communication to build relationships	Nil
CHCCOM006	Establish and manage client relationships	Nil
CHCDIS007	Facilitate the empowerment of people with disability	Nil
CHCDIV001	Work with diverse people	Nil
CHCGRP002	Plan and conduct group activities	Nil
CHCLAH002	Contribute to leisure and health programming	Nil
CHCLAH004	Participate in planning leisure and health programs for clients with complex needs	Nil
CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming	Nil
CHCLAH006	Coordinate planning, implementation and monitoring of leisure and health programs	Nil
CHCMGT001	Develop, implement and review quality framework	Nil
CHCMGT002	Manage partnership agreements with service providers	Nil
CHCMGT003	Lead the work team	Nil
CHCMGT004	Secure and manage funding	Nil
CHCMGT005	Facilitate workplace debriefing and support processes	Nil
CHCMHS001	Work with people with mental health issues	Nil
CHCPOL002	Develop and implement policy	Nil
CHCPRP001	Develop and maintain networks and collaborative partnerships	Nil
CHCPRP003	Reflect on and improve own professional practice	Nil
CHCPRT002	Support the rights and safety of children and young people	Nil
CHCVOL003	Recruit, induct and support volunteers	Nil

Unit code	Unit title	Prerequisites
CHCVOL004	Manage volunteer workforce development	Nil
CHCYTH001	Engage respectfully with young people	Nil
CHCYTH009	Support youth programs	Nil
CHCYTH012	Manage service response to young people in crisis	Nil
CHCYTH004	Respond to critical situations	Nil
CHCYTH005	Develop and implement procedures to enable young people to address their needs	Nil
<b>CHC08 Community Services</b>		
CHCYTH301E	Work effectively with young people	Nil
<b>CUF07 Screen and Media</b>		
CUFIND401A	Provide services on a freelance basis	Nil
<b>FNS Financial Services</b>		
FNSACC502	Prepare tax documentation for individuals	Nil
FNSACC504	Prepare financial reports for corporate entities	Nil
FNSACC505	Establish and maintain accounting information systems	Nil
FNSACC506	Implement and maintain internal control procedures	Nil
FNSFLT201	Develop and use a personal budget	Nil
FNSFLT301	Be MoneySmart	Nil
FNSORG501	Develop and manage a budget	Nil
<b>FSK Foundation Skills</b>		
FSKDIG03	Use digital technology for routine workplace tasks	Nil
FSKLRG09	Use strategies to respond to routine workplace problems	Nil
FSKLRG11	Use routine strategies for work-related learning	Nil
<b>FWP Forest and Wood Products Training Package</b>		
FWPCOT3260	Recover four wheel drive vehicles	Nil
FWPFGM3214	Operate a four wheel drive in a towing situation	Nil
<b>HLT Health</b>		
HLTAHW023	Plan, develop and evaluate health promotion and community development programs	Nil
HLTAID003	Provide first aid	Nil

Unit code	Unit title	Prerequisites
HLTAID006	Provide advanced first aid	Nil
HLTAID011	Provide First Aid	Nil
HLTINF004	Manage the prevention and control of infection	Nil
HLTWHS001	Participate in workplace health and safety	Nil
HLTWHS003	Maintain work health and safety	Nil
HLTWHS004	Manage work health and safety	Nil
HLTWHS005	Conduct manual tasks safely	Nil
<b>HLT07 Health</b>		
HLTFA211A	Provide basic emergency life support	Nil
HLTPOP402C	Assess readiness for and effect behaviour change	Nil
<b>ICT Information and Communications Technology</b>		
ICTDBS409	Monitor and administer a database	Nil
ICTICT103	Use, communicate and search securely on the internet	Nil
ICTICT203	Operate application software packages	Nil
ICTICT308	Use advanced features of computer applications	Nil
ICTWEB201	Use social media tools for collaboration and engagement	Nil
<b>MAR Maritime Training Package</b>		
MARO003	Transmit and receive information by the global maritime distress and safety system	Nil
<b>MEM Metal and Engineering</b>		
MEM50008	Carry out trip preparation and planning	Nil
MEM50009	Safely operate a mechanically powered recreational boat	Nil
MEM50010	Respond to boating emergencies and incidents	Nil
<b>MSS Sustainability</b>		
MSS024023	Navigate in urban, regional and remote areas	Nil
<b>PSP12 Public Sector</b>		
PSPPROC414A	Manage contracts	Nil
<b>PSP Public Sector</b>		
PSPGEN085	Manage media relationships	Nil

Unit code	Unit title	Prerequisites
<b>PUA12 Public Safety</b>		
PUAEME001B	Provide emergency care	PUAFIR215 Prevent injury (Fire sector specific)
PUAEME003C	Administer oxygen in an emergency situation	PUAEME001B Provide emergency care
PUAEME004A	Provide emergency care for suspected spinal injury	HLTFA211A Provide basic emergency life support  OR HLTFA311A Apply first aid
PUAOPE010C	Operate an automated external defibrillator in an emergency	PUAEME001B Provide emergency care  Or HLTFA211A Provide basic emergency life support
<b>PUA Public Safety</b>		
PUAEME001	Provide emergency care	Nil
PUAEME003	Administer oxygen in an emergency	PUAEME001 Provide emergency care
PUAOPE013	Operate communications systems and equipment	Nil
<b>RGR Racing and Breeding Training Package</b>		
RGRPSH308	Provide first aid and emergency care for horses or other equines	Nil
<b>SFI11 Seafood Industry</b>		
SFICOMP205B	Communicate effectively in cross-cultural environments	Nil
<b>SIR07 Retail Services</b>		
SIRXCCS201	Apply point-of-sale handling procedures	Nil
SIRXINV005A	Control inventory	Nil
SIRXINV404	Manage retail merchandise	Nil
SIRXMER201	Merchandise products	Nil
SIRXMER303	Coordinate merchandise presentation	Nil



Unit code	Unit title	Prerequisites
SIRXMER405	Manage store presentation and pricing	Nil
SIRXSLS002A	Advise on products and service	Nil
SIRXSLS201	Sell products and services	Nil
SIRXSLS304	Coordinate sales performance	Nil
SIRXSLS406	Manage sales and service delivery	Nil
<b>SIR Retail Services</b>		
SIRXOSM002	Maintain ethical and professional standards when using social media and online platforms	Nil
SIRXOSM003	Use social media and online tools	SIRXOSM002 Maintain ethical and professional standards when using social media and online platforms
SIRXOSM005	Develop a basic website for customer engagement	Nil
SIRXSLS001	Sell to the retail customer	Nil
SIRXWHS001	Work safely	Nil
<b>SIT12 Tourism, Travel and Hospitality</b>		
SITXEVT505	Manage on-site event operations	Nil
SITXEVT602	Develop event concepts	Nil
SITXEVT603	Determine event feasibility	Nil
SITXFIN601	Manage physical assets	Nil
SITXFSA101	Use hygienic practices for food safety	Nil
<b>SIT Tourism, Travel and Hospitality</b>		
SITTGDE002	Work as a guide	Nil
SITTGDE004	Lead tour groups	Nil
SITTGDE005	Prepare and present tour commentaries or activities	Nil
SITTGDE006	Develop and maintain the general and regional knowledge required by guides	Nil
SITTGDE007	Research and share general information on Australian Indigenous cultures	Nil
SITTGDE008	Prepare specialised interpretive content on flora, fauna and landscape	Nil
SITTGDE009	Prepare specialised interpretive content on marine environments	Nil

Unit code	Unit title	Prerequisites
SITTGDE010	Prepare specialised interpretive content on cultural and heritage environments	Nil
SITTGDE011	Coordinate and operate tours	Nil
SITTGDE012	Manage extended touring programs	Nil
SITTPPD002	Develop interpretive activities	Nil
SITTPPD008	Develop tourism products	Nil
SITTPPD009	Develop environmentally sustainable tourism operations	Nil
SITTPPD010	Develop culturally appropriate tourism operations	Nil
SITTTOP002	Provide outdoor catering	SITXFSA001 Use hygienic practices for food safety
SITXCOM002	Show social and cultural sensitivity	Nil
SITXFSA001	Use hygienic practices for food safety	Nil
SITXFSA002	Participate in safe food handling practices	Nil
SITXMGT003	Manage projects	Nil
<b>TAE Training and Education</b>		
TAEASS401	Plan assessment activities and processes	Nil
TAEASS402	Assess competence	Nil
TAEASS403	Participate in assessment validation	Nil
TAEASS502	Design and develop assessment tools	Nil
TAEDEL301	Provide work skill instruction	Nil
TAEDEL404	Mentor in the workplace	Nil
<b>TLI Transport and Logistics Training Package</b>		
TLIB0002	Carry out vehicle inspection	Nil
TLIB2003	Carry out vehicle servicing and maintenance	Nil
TLIB2008	Carry out inspection of trailers	Nil
TLIB2119	Carry out maintenance of trailers	Nil
TLIC2025	Operate four wheel drive vehicle	Nil
TLIH3002	Plan and navigate routes	Nil

## Appendix C: Qualification mapping

The following tables map the relationship between previous and replacement qualifications within *SIS Sport, Fitness and Recreation Training Package*.

### Determination of equivalence

A qualification is mapped as not equivalent (N) when it provides different skill and knowledge outcomes for one or more of the following reasons:

- Units have been added to the core, providing additional skill and knowledge outcomes.
- Units have been removed from the core, reducing skill and knowledge outcomes.
- A significant number of additional elective units are required.
- Entry requirements are altered creating significant differences to the structure of the qualification.

### Community Recreation qualification mapping

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS20113 Certificate II in Community Activities		Deleted.
SIS30113 Certificate III in Aquatics		Deleted.
SIS30213 Certificate III in Community Activity Programs		Deleted.
SIS40113 Certificate IV in Community Recreation		Deleted.
	SIS31015 Certificate III in Aquatics and Community Recreation	New qualification.

### Fitness qualification mapping

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS30315 Certificate III in Fitness	SIS30321 Certificate III in Fitness	N Focus and structure of qualification significantly changed: <ul style="list-style-type: none"> <li>• Specialisations removed in favour of providing skills outcome for key job roles - group and gym fitness instructors (Aqua instructors covered by a new Skill Set).</li> <li>• Required number and nature of units changed because units have been merged, split or significantly revised.</li> </ul>

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Total required units reduced from 16 to 15.</p> <p>Core units increased from 9 to 11, covering essential skills for group and gym-floor instruction.</p> <p>Elective units reduced from 7 to 4.</p> <p>Elective units include:</p> <ul style="list-style-type: none"> <li>• aqua instruction units to provide a multi-skilled outcome</li> <li>• newly added units to support work outcomes; these cover sales, infection control, manual handling, emergency response, teamwork, conflict resolution and working to assist children, young people, and those with mental health issues.</li> </ul>
SIS40215 Certificate IV in Fitness	SIS40221 Certificate IV in Fitness	<p>N</p> <p>Entry requirement retained and comprises 9 units - all key fitness instruction units relevant to personal trainers from Certificate III.</p> <p>Total required units reduced from 20 to 17 which reflects consolidation of previous units.</p> <p>Core units reduced from 12 to 10, covering essential skills for personal trainers.</p> <p>Elective units reduced from 8 to 7.</p> <p>Elective units are now divided into three groups:</p> <ul style="list-style-type: none"> <li>• Group A: Exercise Instruction, 2 must be selected. This new group contains fitness specific units previously found in general electives.</li> <li>• Group B: Business Operations and Leadership; 2 must be selected (reduced from 4). Revised to include business units most relevant to self-employed personal trainers and leadership skills relevant to those employed.</li> <li>• Group C: General Electives, 3 can be selected. Relevant units added to support work outcomes. These cover sales, critical thinking, working to assist diverse people with special needs including children, young and older people, and people with disability and mental health issues.</li> </ul>
SIS50215 Diploma of Fitness	NA	Deleted

## Outdoor Recreation qualification mapping

A separate **Outdoor Recreation Companion Volume Implementation Guide** contains specific information about outdoor recreation training package products.

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS20213 Certificate II in Outdoor Recreation	SIS20419 Certificate II in Outdoor Recreation	N <ul style="list-style-type: none"> <li>Core industry knowledge unit has changed to SISXIND002 Maintain sport, fitness and recreation industry knowledge.</li> <li>First aid unit moved from core to electives.</li> <li>SCUBA diving units now included as electives.</li> <li>Reduced numbers are required to achieve the qualification (from 15 to 11 units). This reflects consolidation of many units within the Training Package.</li> <li>Packaging rules provide more flexibility.</li> </ul>
SIS30413 Certificate III in Outdoor Recreation	SIS30619 Certificate III in Outdoor Leadership	N <ul style="list-style-type: none"> <li>Title changed.</li> <li>Some units moved from core to electives as they are not essential skills for all leaders.</li> <li>First aid unit moved from core to electives.</li> <li>Some activity groups removed as these were too complex for leaders working at this level. Certificate IV then introduces the availability of those complex technical skills, e.g. canyoning, paddling on higher grade rivers, specialty SCUBA diving.</li> <li>Reduced numbers are required to achieve the qualification (from 24 to 22 units). Elective groups simplified. This reflects consolidation of many units within the Training Package.</li> <li>Packaging rules provide more flexibility.</li> </ul>
SIS40313 Certificate IV in Outdoor Recreation	SIS40619 Certificate IV in Outdoor Leadership	N <ul style="list-style-type: none"> <li>Title changed.</li> <li>Some units moved from core to electives as they are not essential skills for all leaders. Some units within core and elective groups removed as they were too complex for this level.</li> <li>First aid unit moved from core to electives.</li> <li>Some basic activity groups removed as these are not relevant to leaders, with specialist technical skills, working at this level, e.g. snorkelling, bushwalking on easy grade tracks.</li> <li>Reduced numbers are required to achieve the qualification (from 31 to 27 units).</li> </ul>

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Elective groups simplified. This reflects consolidation of many units within the Training Package.</p> <ul style="list-style-type: none"> <li>• Packaging rules provide more flexibility.</li> </ul>
SIS50310 Diploma of Outdoor Recreation	SIS50419 Diploma of Outdoor Leadership	<p>N</p> <ul style="list-style-type: none"> <li>• Title changed.</li> <li>• Some units moved from core to electives as they are not essential skills for all senior operational roles. Some units within core and elective groups removed as they were irrelevant to job roles.</li> <li>• Reduced numbers are required to achieve the qualification (from 33 to 28 units). Elective groups simplified. This reflects consolidation of many units within the Training Package.</li> <li>• Packaging rules provide more flexibility.</li> </ul>

## Sport qualification mapping

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS20412 Certificate II in Sport Career Oriented Participation	SIS20219 Certificate II in Sport - Developing Athlete	E Title changed. Revised qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion reduced from 11 to 9</li> <li>specialisations removed.</li> </ul>
SIS20513 Certificate II in Sport Coaching	SIS20319 Certificate II in Sport Coaching	E Revised qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion reduced from 13 to 7</li> <li>specialisations removed.</li> </ul>
SIS30613 Certificate III in Sport Career Oriented Participation	SIS30419 Certificate III in Sport - Athlete	E Title changed. Revised qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion reduced from 15 to 10</li> <li>specialisations changed.</li> </ul>
SIS30713 Certificate III in Sport Coaching	SIS30519 Certificate III in Sport Coaching	E Revised qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion reduced from 15 to 10</li> <li>specialisations changed.</li> </ul>
SIS30813 Certificate III in Sport Trainer		Deleted. Outcome can be achieved via Sport Trainer Skill Set.
SIS30913 Certificate III in Sport Officiating		Deleted. Outcome can be achieved via Sport Official Skill Set
SIS40512 Certificate IV in Sport Coaching	SIS40319 Certificate IV in Sport Coaching	E Revised qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion reduced from 22 to 11</li> <li>specialisations changed.</li> </ul>
SIS40612 Certificate IV in Sport Development	SIS40419 Certificate IV in Sport Development	E Revised qualification structure - number of units required for completion reduced from 14 to 8.
SIS50512 Diploma of Sport Coaching	SIS50319 Diploma of Sport	N Revised qualification structure which incorporates sport development and sport coaching specialisations.
SIS50612 Diploma of Sport Development		



## Sport and Recreation qualification mapping

Previous Qualification	Replacement Qualification	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS10113 Certificate I in Sport and Recreation	SIS10115 Certificate I in Sport and Recreation	E Revised qualification structure - number of units required for completion remains at 8 units.
SIS20313 Certificate II in Sport and Recreation	SIS20115 Certificate II in Sport and Recreation	N Revised qualification structure combining: <ul style="list-style-type: none"> <li>SIS20113 Certificate II in Community Activities</li> <li>SIS20313 Certificate II in Sport and Recreation</li> </ul> Number of units required for completion 13 units.
SIS30513 Certificate III in Sport and Recreation	SIS30115 Certificate III in Sport and Recreation	E Revised qualification structure - number of units required for completion remains at 15 units.
SIS40412 Certificate IV Sport and Recreation	SIS40115 Certificate IV Sport and Recreation	N Revised qualification structure combining: <ul style="list-style-type: none"> <li>SIS40412 Certificate IV in Sport and Recreation</li> <li>SIS40113 Certificate IV in Community Recreation</li> </ul> Number of units required for completion 17 units.
SIS50712 Diploma of Sport and Recreation Management	SIS50115 Diploma of Sport and Recreation Management	E Revised Qualification structure: <ul style="list-style-type: none"> <li>number of units required for completion increased from 13 to 20 units</li> <li>specialisations removed.</li> </ul>

## Appendix D: Unit of competency mapping

### Determination of equivalence

A unit is mapped as equivalent (E) when it provides the same skill and knowledge outcomes, as follows:

- elements and performance criteria are the same, but are re-ordered and or expressed differently for clarity
- knowledge requirements are the same, but are expressed differently for clarity, or statements about scope and depth of knowledge have been added for clarity.

A unit is mapped as not equivalent (N) when it provides different skill and knowledge outcomes, as follows:

- elements and or performance criteria have been added or removed
- knowledge requirements have been added or removed
- unit content has been split to create two or more units
- one or more units have been merged.

### Cross Sector unit mapping

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Coaching and Instruction</b>		
SISXCAI101A Provide equipment for activities	SISXCAI001 Provide equipment for activities	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCAI102A Assist in preparing sport and recreation sessions	SISXCAI002 Assist with activity sessions	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCAI303A Plan and conduct sport and recreation sessions	SISXCAI003 Conduct non-instructional sport, fitness or recreation sessions	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCAI304A Plan and conduct sport and recreation programs	SISXCAI004 Plan and conduct programs	N Updated to meet Standards for Training Packages The unit has been revised to be industry generic and now has a clear focus on the development of the

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
		program, not the instruction of program sessions  Significant changes to several Performance Criteria.
SISXCAI305A Conduct individualised long-term training programs	SISXCAI005 Conduct individualised long-term training programs	E  Updated to meet Standards for Training Packages  Application of this unit changed, i.e. removal of terms 'fitness instructors' and 'personal trainers'.
SISXCAI306A Facilitate groups	SISXCAI006 Facilitate groups	E  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISSSCO513 Plan and implement high performance training and recovery programs	SISXCAI008 Plan, conduct and review training and recovery programs	E  Title changed and content updated.  Unit updated to the Standards for Training Package 2012.
SISSSTC301A Instruct strength and conditioning techniques	SISXCAI009 Instruct strength and conditioning techniques	E  Title changed.  Unit updated to the Standards for Training Package 2012.
SISSSTC402A Develop strength and conditioning programs	SISXCAI010 Develop strength and conditioning programs	E  Title changed.  Unit updated to the Standards for Training Package 2012.
<b>Client and Customer Service</b>		
SISXCCS201A Provide customer service	SISXCCS001 Provide quality service	E  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISXCCS202 Process entry transactions	SISXFIN002 Process financial transactions	E  Recoded as Cross-Sector to better reflect the coverage of the unit.
SISXCCS402A Coordinate client service activities	SISXCCS002 Coordinate client service activities	N  Updated to meet Standards for Training Packages  Application of unit changed, removing

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		the term 'instructors'.
SISXCCS403A Determine needs of client populations		Deleted Content covered in SISXCCS003 Address client needs.
SISXCCS404A Address client needs	SISXCCS003 Address client needs	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
<b>Emergency Response</b>		
SISXEMR201A Respond to emergency situations	SISXEMR001 Respond to emergency situations	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXEMR402A Coordinate emergency responses	SISXEMR002 Coordinate emergency responses	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
<b>Facility Management</b>		
SISXFAC207 Maintain sport, fitness and recreation equipment for activities	SISXFAC001 Maintain equipment for activities	E Title simplified Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXFAC208 Maintain, sport, fitness and recreation facilities	SISXFAC002 Maintain sport, fitness and recreation facilities	N Updated to meet Standards for Training Packages Changes to elements and performance criteria Removed Element 4 Maintain vending machines.
SISXFAC303A Implement facility maintenance programs	SISXFAC003 Implement facility maintenance programs	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISXFAC404A Coordinate facility and equipment acquisition and maintenance	SISXFAC004 Coordinate facility and equipment acquisition and maintenance	N  Updated to meet Standards for Training Packages  Unit content amended to include more independence and involvement in the selection and management of acquiring new equipment.
SISXFAC409 Plan and provide sport, fitness and recreation services		Deleted  Content covered in SISXCCS003 Address client needs.
SISXFAC506A Manage stock supply and purchase	SISXFAC005 Manage stock supply and purchase	E  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
<b>Working in Industry</b>		
SISXIND101A Work effectively in sport and recreation environments	SISXIND001 Work effectively in sport, fitness and recreation environments	E  Title changed to better reflect coverage of the unit  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISXIND211 Develop and update sport, fitness and recreation industry knowledge	SISXIND002 Maintain sport, fitness and recreation industry knowledge	E  Title changed to better reflect the intent of the unit  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISXIND402 Analyse legal knowledge for organisation governance	SISXIND003 Maintain legal knowledge for organisation governance	E  Title changed to better reflect the intent of the unit  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISXIND403A Analyse participation patterns	SISXIND004 Analyse participation patterns	E  Updated to meet Standards for Training Packages  Changes to elements and

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Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
		performance criteria.
SISXIND404A Promote compliance with laws and legal principles	SISXIND008 Manage legal compliance in sport and recreation	N Title updated. Significant changes to content.
SISXIND405A Conduct projects	Deleted	
SISXIND406A Manage projects	Deleted	
SISXIND408 Select and use technology for sport, fitness and recreation work	SISXICT001 Select and use technology for sport, fitness and recreation work	N Recoded as ICT to better reflect the coverage of the unit Added Performance Criteria regarding working within a budget to determine suitable technology for organisation.
SISXIND409 Organise a sport, fitness or recreation event	SISXIND006 Conduct sport, fitness or recreation events	E Title changed to better reflect intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND410 Coordinate sport, fitness or recreation work teams or groups	SISXIND005 Coordinate work teams or groups	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria Element 5 Maintain staffing records incorporated into another element.
SISXIND507A Manage education initiatives	SISXIND007 Develop and implement participation strategies	N Updated to meet Standards for Training Packages Removed several Performance Criteria that pigeon holed the unit into education providers only Changes to elements and performance criteria.
New unit	SISXIND009 Respond to interpersonal conflict	
New unit	SISXIND010 Protect children and young people	

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
<b>Occupational Health and Safety</b>		
SISXOHS101A Follow occupational health and safety policies	Deleted	Replaced by HLTWHS001 Participate in workplace health and safety
SISXOHS402A Implement and monitor occupational health and safety policies	Deleted	Replaced by HLTWHS003 Maintain work health and safety
SISXOHS503A Establish and maintain occupational health and safety systems	Deleted	Replaced by HLTWHS004 Manage workplace health and safety
<b>Resource Management</b>		
SISXRES301A Provide public education on the use of resources	SISXRES002 Educate user groups	E  Title changed to better reflect the intent of the unit  Updated to meet Standards for Training Packages  Changes to elements and performance criteria.
SISXRES402A Support implementation of environmental management practices	Deleted	
SISXRES403A Use resources efficiently	Deleted	
SISXRES504A Conserve and re-establish natural systems	SISXRES001 Conduct sustainable work practices in open spaces	N  Covers content included in:  SISXRES504A Conserve and re-establish natural systems  SISXRES505A Achieve sustainable land management  SISXRES506A Undertake open space planning.
SISXRES505A Achieve sustainable land management	SISXRES001 Conduct sustainable work practices in open spaces	N  Covers content included in:  SISXRES504A Conserve and re-establish natural systems  SISXRES505A Achieve sustainable land management  SISXRES506A Undertake open space planning.



Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISXRES506A Undertake open space planning	SISXRES001 Conduct sustainable work practices in open spaces	N  Covers content included in:  SISXRES504A Conserve and re-establish natural systems  SISXRES505A Achieve sustainable land management  SISXRES506A Undertake open space planning.
SISXRES507A Design and maintain the built environment	Deleted	
<b>Risk</b>		
SISXRSK301A Undertake risk analysis of activities	Deleted	Replaced by BSBRSK401 Identify risk and apply risk management processes.
SISXRSK502A Manage organisational risks	Deleted	Replaced by BSBRSK501 Manage risk.
<b>Work Health and Safety</b>		
SISXWHS101 Follow work health and safety policies	Deleted	Replaced by HLTWHS001 Participate in workplace health and safety
SISXWHS402 Implement and monitor work health and safety policies	Deleted	Replaced by HLTWHS003 Maintain work health and safety.
SISXWHS503 Establish and maintain work health and safety systems	Deleted	Replaced by HLTWHS004 Manage work health and safety.

## Community Recreation unit mapping

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Aquatics</b>		
SISCAQU201A Monitor pool water quality	SISCAQU001 Test pool water quality	E Updated to meet Standards for Training Packages.
SISCAQU202A Perform basic water rescues	SISCAQU002 Perform basic water rescues	N Updated to meet Standards for Training Packages.
SISCAQU303A Operate aquatic facility plant and equipment	SISCAQU003 Maintain aquatic facility plant and equipment	N Updated to meet Standards for Training Packages.
SISCAQU304A Maintain pool water quality	SISCAQU004 Develop and implement pool water maintenance procedures	E Covers content included in: SISCAQU304A Maintain pool water quality, and SISCAQU414A Develop pool water maintenance procedures.
SISCAQU305A Implement aquatic facility plant and equipment maintenance program	SISCAQU005 Develop and implement aquatic facility maintenance procedures	E Covers content included in: SISCAQU305A Implement aquatic facility plant and equipment maintenance program, and SISCAQU415A Develop aquatic facility maintenance procedures.
SISCAQU306A Supervise clients at an aquatic facility or environment	SISCAQU006 Supervise clients in aquatic locations	E Updated to meet Standards for Training Packages More explicit focus on communication and conflict resolution.
SISCAQU308A Instruct water familiarisation, buoyancy and mobility skills	SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills	E Updated to meet Standards for Training Packages.
SISCAQU309A Instruct clients in water safety and survival skills	SISCAQU009 Instruct water safety and survival skills	E Updated to meet Standards for Training Packages.
SISCAQU310A Instruct swimming strokes	SISCAQU010 Instruct swimming strokes	E Updated to meet Standards for Training Packages.
SISCAQU311A Foster the development of infants and	SISCAQU011 Promote development of infants and	E

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
toddlers in an aquatic environment	toddlers in an aquatic environment	Updated to meet Standards for Training Packages.
SISCAQU312A Assist participants with a disability during aquatic activities	SISCAQU012 Assist participants with a disability during aquatic activities	E Updated to meet Standards for Training Packages.
SISCAQU313A Develop an aquatics career plan		Deleted
SISCAQU414A Develop pool water maintenance procedures	SISCAQU004 Develop and implement pool water maintenance procedures	E Covers content included in: SISCAQU304A Maintain pool water quality, and SISCAQU414A Develop pool water maintenance procedures.
SISCAQU415A Develop aquatic facility maintenance procedures	SISCAQU005 Develop and implement aquatic facility maintenance procedures	E Covers content included in: SISCAQU305A Implement aquatic facility plant and equipment maintenance program , and SISCAQU415A Develop aquatic facility maintenance procedures.
SISCAQU416A Coordinate lifeguard service at an aquatic facility	SISCAQU013 Coordinate lifeguard service at an aquatic facility	E Updated to meet Standards for Training Packages.
SISCAQU417A Operate self-contained breathing apparatus in an aquatic facility	SISCAQU014 Operate self-contained breathing apparatus in an aquatic facility	E Updated to meet Standards for Training Packages.
SISCAQU318 Perform advanced water rescues	SISCAQU007 Perform advanced water rescues	N Updated to meet Standards for Training Packages.
<b>Community Recreation Development</b>		
SISCCRD301A Facilitate community development through recreational activities	SISCCRD001 Facilitate community recreation initiatives	N Updated to meet Standards for Training Packages.
SISCCRD302A Recruit and manage volunteers	SISXHRM001 Recruit and manage volunteers	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISCCRD303A Facilitate inclusion for people with a disability	SISXDIS001 Facilitate inclusion for people with a disability	E Recoded as Cross-Sector to better

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
		reflect the coverage of the unit.
SISCCRD304A Work with key stakeholders	SISXMG001 Develop and maintain stakeholder relationships	E Recoded as Cross-Sector to better reflect the coverage of the unit Title changed to better reflect the intent of the unit.
<b>Community Recreation Operations</b>		
SISCCRO301A Assist with recreation games not requiring equipment	SISXCAI007 Assist with activities not requiring equipment	E Recoded as Cross-Sector to better reflect the coverage of the unit Title changed to better reflect intent of the unit.
SISCCRO302A Apply legal and ethical instructional skills		Deleted Skills and knowledge have been incorporated across all instructional units.
SISCCRO303A Plan and conduct recreation programs for older persons	SISCCRO001 Plan and conduct recreation programs for older persons	E Updated to meet Standards for Training Packages.
SISCCRO304A Plan and conduct disability recreation programs	SISXDIS002 Plan and conduct disability programs	E Recoded as Cross-Sector to better reflect the coverage of the unit Title changed to better reflect intent of the unit.
SISCCRO305A Develop a budget for a recreation initiative	SISXFIN001 Develop and review budgets for activities or projects	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISCCRO306A Organise participant travel	SISXADM001 Organise and supervise participant travel	E Recoded as Cross-Sector to better reflect the coverage of the unit.
<b>Dance</b>		
SISCDAN301A Teach recreational dance		Deleted
<b>Self Defence</b>		
SISCSDF301A Instruct the basic skills of unarmed self-defence		Deleted

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISCSD302A Instruct the intermediate skills of unarmed self-defence		Deleted

### Fitness unit mapping

Previous Unit Code and Title <b>SIS V4</b>	Replacement Unit Code and Title <b>SIS V5</b>	Comment in relation to previous version <b>E = equivalent N = not equivalent</b>
SISFFIT001 Provide health screening and fitness orientation	SISFFIT032 Complete pre-exercise screening and service orientation	N Title changed. Significant additions to Performance Criteria to fully describe skills for pre-exercise screening. Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with a number of clients, and specific types of clients are nominated. Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria.
SISFFIT002 Recognise and apply exercise considerations for specific populations	Deleted	Understanding requirements and meeting the needs of specific populations has been incorporated into multiple units – planning and instructing group sessions, developing and instructing personalised programs.
SISFFIT003 Instruct fitness programs	SISFFIT040 Develop and instruct gym-based exercise programs for individual clients	N Title changed. Unit now focuses on gym-based program development and instruction for individual clients where the level of personalised instruction, ongoing monitoring and evaluation is limited. Unit does not specifically focus on circuit sessions and allows for broader exercise types.

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>Significant changes to structure and content of Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with number of programs and sessions to be developed. Duration of sessions to be developed is defined. Client numbers and types are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated focus of the unit.</p>
SISFFIT004 Incorporate anatomy and physiology principles into fitness programming	SISFFIT047 Use anatomy and physiology knowledge to support safe and effective exercise	<p>N</p> <p>Title changed.</p> <p>Unit retains a strong focus on anatomy and physiology knowledge used to develop and instruct exercise activities but requires practical application.</p> <p>Significant changes to structure and content of Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence with a focus on different types of clients and link to specific exercises.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated practical focus of the unit.</p>
SISFFIT005 Provide healthy eating information	SISFFIT052 Provide healthy eating information	<p>N</p> <p>Unit refocused to clarify scope relates to provision of general, and not individualised, information about healthy eating to fitness clients.</p> <p>Significant changes to structure and content of Elements and Performance Criteria.</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with a number of clients. Requirement to write referrals removed, and replaced with a requirement to advise clients about types of medical or allied health professionals that can assist.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria.</p> <p>Assessment conditions contained information about assessment activities and validation of tools no longer relevant, and has been removed.</p>
SISFFIT006 Conduct fitness appraisals	SISFFIT033 Complete client fitness assessments	<p>N</p> <p>Title changed.</p> <p>Performance Criteria reworded and re-ordered to provide clarity.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with a number of clients, and specific types of clients are nominated. Requirements to use specific types of exercise equipment removed; because fitness assessments can be completed without equipment.</p> <p>Knowledge Evidence reworded to provide clarity, and to indicate scope and depth.</p>



Previous Unit Code and Title <b>SIS V4</b>	Replacement Unit Code and Title <b>SIS V5</b>	Comment in relation to previous version <b>E = equivalent</b> <b>N = not equivalent</b>
SISFFIT007 Instruct group exercise sessions	SISFFIT035 Plan group exercise sessions SISFFIT036 Instruct group exercise sessions	<p>N</p> <p>Unit has been split with content covered in two different units:</p> <p>SISFFIT035 Plan group exercise sessions</p> <p>SISFFIT036 Instruct group exercise sessions.</p> <p>Element 1 develop session plans and associated knowledge (from SISFFIT007) housed in <i>SISFFIT035 Plan group exercise sessions</i>.</p> <p>Elements 2 and 3 conduct and evaluate sessions and associated knowledge (from SISFFIT007) housed in <i>SISFFIT036 Instruct group exercise sessions</i>.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect updated scope of each unit.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Number of sessions to be developed (plan unit) and delivered (instruct unit) is still nominated. Duration of sessions is defined and participant types are nominated. Group numbers are nominated in instruct unit.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated scope for each unit.</p>
SISFFIT008 Instruct water-based fitness activities (Merged and planning content split out.) SISFFIT022 Instruct aquatic sessions for specific population groups (Merged and planning content split out.)	SISFFIT038 Plan group water-based exercise sessions SISFFIT039 Instruct group water-based exercise sessions	<p>N</p> <p>Two units merged because of significant duplication of content and overlap of skill and knowledge coverage:</p> <p>SISFFIT008 Instruct water-based fitness activities</p> <p>SISFFIT022 Instruct aquatic sessions for specific population groups.</p> <p>Content for planning and instructing group water-based sessions has been</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>split. Content is covered in two different units:</p> <p>SISFFIT038 Plan group water-based exercise sessions (Covers requirements for meeting the needs of specific populations.)</p> <p>SISFFIT039 Instruct group water-based exercise sessions. (Covers requirements for meeting the needs of specific populations.)</p> <p>Element 1 develop session plans and associated knowledge (from SISFFIT008) housed in <i>SISFFIT038 Plan group water-based exercise sessions</i>.</p> <p>Elements 2 and 3 conduct and evaluate sessions and associated knowledge (from SISFFIT008) housed in <i>SISFFIT039 Instruct group water-based exercise sessions</i>.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect updated scope of each unit.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours removed but number of sessions to be developed (plan unit) and delivered (instruct unit) is still nominated. Duration of sessions is defined and participant types are nominated. Group numbers are nominated in instruct unit.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated scope for each unit.</p> <p>Assessment conditions contained information about assessment activities involving the instruction of exercise sessions that was better suited to Performance Evidence. Any relevant content has been included in Performance Evidence.</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
SISFFIT009 Deliver pre-choreographed or prescribed community fitness	SISFFIT036 Instruct group exercise sessions	<p>N</p> <p>Content of three units merged into <i>SISFFIT036 Instruct group exercise sessions</i> because of significant duplication of content and overlap of skill and knowledge coverage:</p> <p>SISFFIT009 Deliver pre-choreographed or prescribed community fitness</p> <p>SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music</p> <p>SISFFIT011 Instruct approved community fitness programs</p> <p>Content from these three units incorporated into <i>SISFFIT036 Instruct group exercise sessions</i> which focuses on session preparation, delivery and evaluation and the organisational, communication and instructional skills needed to instruct group exercise sessions.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Duration of sessions is defined and participant types are nominated. Group numbers are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p>
SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music		
SISFFIT011 Instruct approved community fitness programs		
SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music	SISFFIT036 Instruct group exercise sessions	<p>N</p> <p>Content of three units merged into <i>SISFFIT036 Instruct group exercise sessions</i> because of significant duplication of content and overlap of skill and knowledge coverage:</p>
SISFFIT009 Deliver pre-choreographed or prescribed community fitness		

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
SISFFIT011 Instruct approved community fitness programs		<p>SISFFIT009 Deliver pre-choreographed or prescribed community fitness</p> <p>SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music</p> <p>SISFFIT011 Instruct approved community fitness programs</p> <p>Content from these three units incorporated into <i>SISFFIT036 Instruct group exercise sessions</i> which focuses on session preparation, delivery and evaluation and the organisational, communication and instructional skills needed to instruct group exercise sessions.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Duration of sessions is defined and participant types are nominated. Group numbers are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p>
SISFFIT011 Instruct approved community fitness programs	SISFFIT036 Instruct group exercise sessions	<p>N</p> <p>Content of three units merged into <i>SISFFIT036 Instruct group exercise sessions</i> because of significant duplication of content and overlap of skill and knowledge coverage:</p>
SISFFIT009 Deliver pre-choreographed or prescribed community fitness		

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music		<p>SISFFIT009 Deliver pre-choreographed or prescribed community fitness</p> <p>SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music</p> <p>SISFFIT011 Instruct approved community fitness programs</p> <p>Content from these three units incorporated into <i>SISFFIT036 Instruct group exercise sessions</i> which focuses on session preparation, delivery and evaluation and the organisational, communication and instructional skills needed to instruct group exercise sessions.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Duration of sessions is defined and participant types are nominated. Group numbers are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p>
SISFFIT012 Instruct movement programs to children aged 5 to 12 years	SISFFIT037 Develop and instruct group movement programs for children	<p>N</p> <p>Title changed.</p> <p>Significant changes to Elements and Performance Criteria with clarity provided on program and session development.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Requirements clarified for number of programs and sessions to be developed, and number of sessions to be instructed. Duration of sessions is defined and group numbers are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		Performance Criteria and to better tailor content to children participants.
SISFFIT013 Instruct exercise to young people aged 13 to 17 years	SISFFIT045 Develop and instruct personalised exercise programs for adolescent clients	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on personalised program development and instruction.</p> <p>Significant changes to Elements and Performance Criteria to reflect clarified scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Requirements clarified for number of programs and sessions to be developed, and number of sessions to be instructed. Duration of sessions is defined. Client numbers and types are nominated. Instruction of one small group is required.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to better tailor content to adolescent clients.</p> <p>Assessment conditions contained information about fitness assessment activities that was better suited to Performance Evidence. Any relevant content has been included in Performance Evidence.</p>
SISFFIT014 Instruct exercise to older clients	SISFFIT044 Develop and instruct personalised exercise programs for older clients	<p>N</p> <p>Title changed.</p> <p>Significant changes to Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed; replaced with number of programs and sessions to be developed, and number of sessions to be instructed. Duration of sessions is defined. Client numbers and types are nominated.</p> <p>Performance Evidence now includes content that focuses on communication and collaboration with medical and allied health</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>professionals for clients with ongoing health conditions, not on writing initial referral letters.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to better tailor content to older clients.</p> <p>Assessment conditions contained information about assessment activities no longer relevant, and has been removed.</p>
<p>SISFFIT015 Collaborate with medical and allied health professionals in a fitness context</p> <p>SISFFIT028 Apply evidence-based practice to exercise programs</p>	SISFFIT051 Establish and maintain professional practice for fitness instruction	<p>N</p> <p>Two units merged:</p> <p>SISFFIT015 Collaborate with medical and allied health professionals in a fitness context</p> <p>SISFFIT028 Apply evidence-based practice to exercise programs</p> <p>Content from two units used to create <i>SISFFIT051 Establish and maintain professional practice for fitness instruction</i> which focuses on professional practice for personal trainers inclusive of collaboration with medical and allied health professionals.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence.</p> <p>Performance Evidence includes content that focuses on communication and collaboration with medical and allied health professionals for clients with ongoing health conditions, not on writing initial referral letters.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p>



Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
SISFFIT016 Provide motivation to positively influence exercise behaviour	SISFFIT050 Support exercise behaviour change	<p>N</p> <p>Title changed.</p> <p>Unit changed to be more practically focused on supporting clients to make changes to exercise patterns and activities.</p> <p>Significant changes to structure and content of Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with a number of clients.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to make more explicit links to behaviour change principles.</p> <p>Assessment conditions contained information about assessment activities involving the instruction of client exercise sessions which is irrelevant and has been removed.</p>
SISFFIT017 Instruct long-term exercise programs	Deleted	<i>SISXCAI005 Conduct individualised long-term training programs</i> can be selected as a replacement.
SISFFIT018 Promote functional movement capacity	SISFFIT034 Assess client movement and provide exercise advice	<p>N</p> <p>Title changed.</p> <p>Unit changed to be more practically focused on assessing movement capacity, providing exercise recommendations, and advice on safe and effective exercise technique.</p> <p>Significant changes to structure and content of Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed and replaced with a number of clients, and specific types of clients are nominated. Requirements for using</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>specific types of measuring tools removed.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria.</p>
SISFFIT019 Incorporate exercise science principles into fitness programming	SISFFIT049 Use exercise science principles in fitness instruction	<p>N</p> <p>Title changed.</p> <p>Unit retains a strong focus on knowledge required to use exercise science/training principles for program design but requires practical application.</p> <p>Significant changes to structure and content of Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours, client contact sessions and instructing in mixture of controlled and uncontrolled environments removed.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to make more explicit links to exercise science/training principles.</p> <p>Assessment conditions contained information about assessment activities involving the instruction of client exercise sessions which is irrelevant and has been removed.</p>
SISFFIT020 Instruct exercise programs for body composition goals	SISFFIT043 Develop and instruct personalised exercise programs for body composition goals	<p>N</p> <p>Title changed.</p> <p>Significant changes to Elements and Performance Criteria.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed; replaced with number of programs and sessions to be developed, and number of sessions to be instructed. Duration of sessions is defined. Client numbers and types are nominated.</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to better tailor content to body composition outcomes.</p> <p>Assessment conditions contained information about assessment activities involving program development aligned to goals that was better suited to Performance Evidence. Any relevant content has been included in Performance Evidence.</p>
SISFFIT021 Instruct personal training programs	SISFFIT041 Develop personalised exercise programs	<p>N</p> <p>Unit has been split with content covered in two different units:</p> <p>SISFFIT041 Develop personalised exercise programs</p> <p>SISFFIT042 Instruct personalised exercise sessions</p> <p>Elements 1 and 2, identifying client needs, planning program and associated knowledge (from SISFFIT021) housed in <i>SISFFIT041 Develop personalised exercise programs</i>.</p> <p>Elements 3 and 4, conducting sessions, evaluating program and associated knowledge (from SISFFIT021) housed in <i>SISFFIT042 Instruct personalised exercise sessions</i>.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect updated scope of each unit.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours and client contact sessions removed, and replaced with number of programs and sessions to be developed (develop unit) and number of sessions to be delivered (instruct unit). Duration of sessions is defined. Client types are nominated.</p>
	SISFFIT042 Instruct personalised exercise sessions	

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated scope for each unit.</p> <p>Assessment conditions contained information about assessment activities involving the instruction of client exercise sessions that was better suited to Performance Evidence. Any relevant content has been included in Performance Evidence.</p>
<p>SISFFIT022 Instruct aquatic sessions for specific population groups (Merged and planning content split out.)</p> <p>SISFFIT008 Instruct water-based fitness activities (Merged and planning content split out.)</p>	<p>SISFFIT038 Plan group water-based exercise sessions</p> <p>SISFFIT039 Instruct group water-based exercise sessions</p>	<p>N</p> <p>Two units merged because of significant duplication of content and overlap of skill and knowledge coverage:</p> <p>SISFFIT008 Instruct water-based fitness activities</p> <p>SISFFIT022 Instruct aquatic sessions for specific population groups.</p> <p>Content for planning and instructing group water-based sessions has been split. Content is covered in two different units:</p> <p>SISFFIT038 Plan group water-based exercise sessions (Covers requirements for meeting the needs of specific populations.)</p> <p>SISFFIT039 Instruct group water-based exercise sessions. (Covers requirements for meeting the needs of specific populations)</p> <p>Element 1 develop session plans and associated knowledge (from SISFFIT008) housed in <i>SISFFIT038 Plan group water-based exercise sessions</i>.</p> <p>Elements 2 and 3 conduct and evaluate sessions and associated knowledge (from SISFFIT008) housed in <i>SISFFIT039 Instruct group water-based exercise sessions</i>.</p> <p>Significant changes to structure and content of Elements and Performance</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>Criteria to reflect updated scope of each unit.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Unclear requirements for hours removed but number of sessions to be developed (plan unit) and delivered (instruct unit) is still nominated. Duration of sessions is defined and participant types are nominated. Group numbers are nominated in instruct unit.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to updated scope for each unit.</p> <p>Assessment conditions contained information about assessment activities involving the instruction of exercise sessions that was better suited to Performance Evidence. Any relevant content has been included in Performance Evidence.</p>
SISFFIT023 Instruct group personal training programs	SISFFIT035 Plan group exercise sessions SISFFIT036 Instruct group exercise sessions	<p>N</p> <p>Content has been split and is covered in two different units:</p> <p>SISFFIT035 Plan group exercise sessions</p> <p>SISFFIT036 Instruct group exercise sessions</p> <p>SISFFIT035 and SISFFIT036 describe common skills for planning and instructing all types of group sessions. They account for a range of workplace contexts and job roles, including the personal trainer.</p>
SISFFIT024 Instruct endurance programs	Deleted	
SISFFIT025 Recognise the dangers of providing nutrition advice to clients SISFFIT026 Support healthy eating through the Eat for Health Program	SISFFIT053 Support healthy eating for individual fitness clients	<p>N</p> <p>Two units merged:</p> <p>SISFFIT025 Recognise the dangers of providing nutrition advice to clients</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p>SISFFIT026 Support healthy eating through the Eat for Health Program.</p> <p>Content from two units used to create <i>SISFFIT053 Support healthy eating for individual fitness clients</i> which focuses on providing information about healthy eating to individual clients, risks to clients of providing nutrition-related advice outside scope of practice, and situations and requests that require referral.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Client numbers are nominated.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p> <p>Assessment conditions contained information about validation of assessment tools no longer relevant and has been removed. Content also repeated Performance Evidence requirements for referrals and has been removed.</p>
SISFFIT026 Support healthy eating through the Eat for Health Program	SISFFIT053 Support healthy eating for individual fitness clients	<p>N</p> <p>Two units merged:</p>

Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
SISFFIT025 Recognise the dangers of providing nutrition advice to clients		<p>SISFFIT026 Support healthy eating through the Eat for Health Program</p> <p>SISFFIT025 Recognise the dangers of providing nutrition advice to clients</p> <p>Content from two units used to create <i>SISFFIT053 Support healthy eating for individual fitness clients</i> which focuses on providing information about healthy eating to individual clients, risks to clients of providing nutrition-related advice outside scope of practice, and situations and requests that require referral.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence. Requirements for hours and client contact sessions removed and replaced with a number of clients.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p> <p>Assessment conditions contained information about validation of assessment tools no longer relevant and has been removed. Content also repeated Performance Evidence requirements for referrals and has been removed.</p>
SISFFIT027 Conduct health promotion activities	Deleted	
<p>SISFFIT028 Apply evidence-based practice to exercise programs</p> <p>SISFFIT015 Collaborate with medical and allied health professionals in a fitness context</p>	SISFFIT051 Establish and maintain professional practice for fitness instruction	<p>N</p> <p>Two units merged:</p> <p>SISFFIT028 Apply evidence-based practice to exercise programs</p> <p>SISFFIT015 Collaborate with medical and allied health professionals in a fitness context</p> <p>Content from two units used to create <i>SISFFIT051 Establish and maintain</i></p>



Previous Unit Code and Title SIS V4	Replacement Unit Code and Title SIS V5	Comment in relation to previous version E = equivalent N = not equivalent
		<p><i>professional practice for fitness instruction</i> which focuses on professional practice for personal trainers inclusive of collaboration with medical and allied health professionals.</p> <p>Significant changes to structure and content of Elements and Performance Criteria to reflect merged unit scope.</p> <p>Performance Evidence amended to provide clear information about sufficiency of evidence.</p> <p>Knowledge Evidence reworded to indicate scope and depth; significant additions and deletions to fully reflect Performance Criteria and to tailor content to merged unit scope.</p>
SISFFIT029 Apply anatomy and physiology to advanced personal training	Deleted	
SISFFIT030 Instruct advanced exercise programs	Deleted	
SISFFIT031 Implement injury prevention strategies	Deleted	
New unit	SISFFIT046 Plan and instruct online exercise sessions	Covers skills and knowledge required by fitness instructors to plan and instruct online exercise sessions for individuals or groups of clients.
New unit	SISFFIT048 Use anatomy and physiology knowledge to support safe and effective water-based exercise	Covers skills and knowledge for aqua exercise instructors who require a body of anatomy and physiology knowledge that is specific to water-based exercise activity.

## Outdoor Recreation unit mapping

Please refer to the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Abseiling (artificial)</b>		
SISOABA201A Demonstrate abseiling skills on artificial surfaces	SISOABS001 Abseil single pitches using fundamental skills	N  Two units merged:  SISOABA201A Demonstrate abseiling skills on artificial surfaces  SISOABN201A Demonstrate abseiling skills on natural surfaces  Unit recategorised to Abseiling and covers fundamental skills for both artificial and natural surfaces.  Belaying of others added.  Significant changes to performance criteria and knowledge evidence.
SISOABN201A Demonstrate abseiling skills on natural surfaces		
SISOABA302A Apply single pitch abseiling skills on artificial surfaces	SISOABS002 Abseil single pitches, artificial surfaces	N  Title changed.  Unit recategorised to Abseiling.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Unit now includes self-belaying.  Significant changes to performance criteria and knowledge evidence.
SISOABA303A Establish ropes for abseiling on artificial surfaces	SISOABS005 Establish ropes for single pitch abseiling on artificial surfaces	N  Title changed to incorporate single pitch.  Unit recategorised to Abseiling.  Significant additions to knowledge evidence.
SISOABA304A Guide abseiling on single pitch artificial surfaces	SISOABS008 Lead single pitch abseiling activities on artificial surfaces	N  Title changed.  Two units merged:  SISOABA304A Guide abseiling on single pitch artificial surfaces
SISOABA406A Instruct abseiling on single pitch artificial surfaces		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>SISOABA406A Instruct abseiling on single pitch artificial surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABA407A Instruct abseiling on multi pitch artificial surfaces	Deleted	
SISOABA405A Establish ropes for multi pitch abseiling on artificial surfaces	Deleted	
<b>Adventure-based learning</b>		
SISOABL301A Assist in the facilitation of adventure-based learning activities	SISOABL001 Lead adventure-based learning activities	<p>N</p> <p>Title changed.</p> <p>Unit refocussed to better describe skills for assistant facilitators under the supervision and guidance of adventure-based learning facilitators.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABL402A Facilitate adventure-based learning activities	SISOABL002 Facilitate adventure-based learning activities	<p>N</p> <p>Unit focuses on facilitation skills at time of delivery; planning removed.</p> <p>Planning covered in SISOABL003 Design adventure-based learning programs.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABL503A Design and facilitate adventure-based learning programs	SISOABL003 Design adventure-based learning programs	<p>N</p> <p>Title changed.</p> <p>Unit refocused to only cover the planning of programs, not facilitation.</p> <p>Facilitation covered in SISOABL002 Facilitate adventure-based learning activities.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Abseiling (natural)</b>		
SISOABN201A Demonstrate abseiling skills on natural surfaces	SISOABS001 Abseil single pitches using fundamental skills	N  Two units merged:  SISOABN201A Demonstrate abseiling skills on natural surfaces  SISOABA201A Demonstrate abseiling skills on artificial surfaces  Unit recategorised to Abseiling and covers fundamental skills for both artificial and natural surfaces.  Belaying of others added.  Significant changes to performance criteria and knowledge evidence.
SISOABA201A Demonstrate abseiling skills on artificial surfaces		
SISOABN202A Safeguard an abseiler using a single rope belay system	Deleted	Content for belaying others covered in SISOABS001 - 004.
SISOABN303A Apply single pitch abseiling skills on natural surfaces	SISOABS003 Abseil single pitches, natural surfaces	N  Title changed  Unit recategorised to Abseiling.  Significant changes to performance criteria and knowledge evidence.
SISOABN304A Establish ropes for single pitch abseiling on natural surfaces	SISOABS006 Establish ropes for single pitch abseiling on natural surfaces	N  Unit recategorised to Abseiling.  Significant additions to knowledge evidence.
SISOABN305A Guide abseiling on single pitch natural surfaces	SISOABS009 Lead single pitch abseiling activities on natural surfaces	N  Title changed.  Two units merged:  SISOABN305A Guide abseiling on single pitch natural surfaces  SISOABN408A Instruct abseiling on single pitch natural surfaces  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOABN408A Instruct abseiling on single pitch natural surfaces		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOABN406A Apply multi pitch abseiling skills on natural surfaces	SISOABS004 Abseil multi pitches, natural surfaces	N Title changed. Unit recategorised to Abseiling. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOABN407A Establish ropes for multi pitch abseiling on natural surfaces	SISOABS007 Establish ropes for multi pitch abseiling on natural surfaces	N Unit recategorised to Abseiling. Significant changes to performance criteria and knowledge evidence.
SISOABN409A Guide abseiling on multi pitch natural surfaces	SISOABS010 Lead multi pitch abseiling activities on natural surfaces	N Title changed. Two units merged: SISOABN409A Guide abseiling on multi pitch natural surfaces SISOABN510A Instruct abseiling on multi pitch natural surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOABN510A Instruct abseiling on multi pitch natural surfaces		
Archery		
SISOARC301A Conduct an archery session	SISOARC001 Lead archery sessions	N Title changed. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
Bushwalking		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
SISOBWG201A Demonstrate bushwalking skills in a controlled environment	SISOBWG001 Bushwalk in tracked environments	N  Title changed.  Track grade and conditions clarified in title and throughout unit.  Unit now focuses on activity skills rather than planning; planning removed  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOBWG302A Apply intermediate bushwalking skills	SISOBWG002 Bushwalk in difficult tracked environments	N  Title changed.  Track grade and conditions clarified in title and throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOBWG303A Guide bushwalks in a controlled environment	SISOBWG005 Lead bushwalks in tracked environments	N  Title changed  Two units merged:  SISOBWG303A Guide bushwalks in a controlled environment  SISOBWG411 Instruct bushwalks in a controlled environment  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005  Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.  Significant changes to performance
SISOBWG411 Instruct bushwalks in a controlled environment		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
		criteria and knowledge evidence.
SISOBWG404A Apply river crossing skills	SISOBWG004 Cross rivers during bushwalks	N Title changed. Significant changes to performance criteria and knowledge evidence.
SISOBWG405A Guide intermediate bushwalks	SISOBWG006 Lead bushwalks in difficult tracked environments	N Title changed. Two units merged: SISOBWG405A Guide intermediate bushwalks SISOBWG412 Instruct bushwalks in an intermediate environment Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOBWG412 Instruct bushwalks in an intermediate environment		
SISOBWG406A Apply bushwalking skills in uncontrolled landscapes	SISOBWG003 Bushwalk in extremely difficult tracked and untracked environments	N Title changed. Track grade and conditions clarified in title and throughout unit. Four units merged: SISOBWG406A Apply bushwalking skills in uncontrolled landscapes SISOBWG507A Apply advanced bushwalking skills in alpine areas SISOBWG508A Apply advanced bushwalking skills in arid areas SISOBWG509A Apply advanced bushwalking skills in tropical areas Unit covers any type of environment; assessment can be contextualised to particular environments.
SISOBWG507A Apply advanced bushwalking skills in alpine areas		
SISOBWG508A Apply advanced bushwalking skills in arid areas		
SISOBWG509A Apply advanced bushwalking skills in tropical areas		



Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, 002, 004 &amp; 005.</p> <p>River crossing content (SISOBWG406A) removed; covered in SISOBWG004 Cross rivers during bushwalks, to be selected as required.</p> <p>Following content found in SISOBWG507A, 508A &amp; 509A removed:</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Navigation content removed, covered in SISOFD008 Navigate in extremely difficult tracked and untracked environments.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOBWG413 Instruct bushwalks in an uncontrolled environment</p> <p>SISOBWG510A Guide bushwalks in an uncontrolled environment</p>	SISOBWG007 Lead bushwalks in extremely difficult tracked and untracked environments	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOBWG413 Instruct bushwalks in an uncontrolled environment</p> <p>SISOBWG510A Guide bushwalks in an uncontrolled environment</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<b>Canyoning</b>		
SISOCAY201A Demonstrate horizontal canyoning skills	SISOCAY001 Traverse canyons	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005</p> <p>Navigation tasks removed; covered in navigation units with type of navigation/track to be selected as required.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Skills and knowledge upgraded to reflect those required by leaders (guides and instructors).</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY302A Apply vertical canyoning skills	SISOCAY002 Abseil in easy to intermediate canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005</p> <p>Content for travelling through canyons removed; covered in SISCAY001 Traverse canyons.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY303A Establish belays in canyons	SISOCAY004 Establish ropes and belays for abseils in easy to intermediate canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY304A Guide single pitch canyoning trips		N

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOCAY508A Instruct canyoning skills	SISOCAY006 Lead canyoning activities, easy to intermediate canyons	<p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOCAY304A Guide single pitch canyoning trips</p> <p>SISOCAY508A Instruct canyoning skills</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY405A Apply advanced vertical canyoning skills	SISOCAY003 Abseil in intermediate to advanced canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Content for travelling through canyons removed and covered in SISCAY001 Traverse canyons.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Rescue tasks removed, covered in vertical rescue units.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY407A Guide multi pitch canyoning trips	SISOCAY007 Lead canyoning activities, intermediate to advanced canyons	<p>N</p> <p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOCAY407A Guide multi pitch canyoning trips</p>
SISOCAY508A Instruct canyoning skills		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>SISOCAY508A Instruct canyoning skills</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY406A Establish complex belays in canyons	SISOCAY005 Establish ropes and belays for abseils in intermediate to advanced canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY508A Instruct canyoning skills	<p>SISOCAY006 Lead canyoning activities, easy to intermediate canyons</p> <p>SISOCAY007 Lead canyoning activities, intermediate to advanced canyons</p>	<p>N</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction. Therefore, two replacement units are listed here, to be selected as required.</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<b>Climbing (artificial)</b>		
SISOCLA201A Demonstrate top rope climbing skills on artificial surfaces	SISOCLM001 Top rope climb single pitches, artificial surfaces	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Climbing.</p> <p>Two units merged:</p> <p>SISOCLA201A Demonstrate top rope climbing skills on artificial surfaces.</p>
SISOCLA302A Apply top rope climbing skills on artificial surfaces		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
		<p>SISOCLA302A Apply top rope climbing skills on artificial surfaces.</p> <p>Unit now focuses on activity skills rather than planning; planning removed (Was in SISOCLA302A)</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLA303A Establish belays for climbing on artificial surfaces	SISOCLM005 Establish belays for single pitch climbing on artificial surfaces	<p>N</p> <p>Title changed to incorporate single pitch.</p> <p>Unit recategorised to Climbing.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLA305A Apply route setting skills	Deleted	
SISOCLA311 Guide top rope climbing activities on artificial surfaces	SISOCLM008 Lead single pitch climbing activities on artificial surfaces, top rope climbing	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOCLA311 Guide top rope climbing activities on artificial surfaces</p> <p>SISOCLA412 Instruct top rope climbing on artificial surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLA412 Instruct top rope climbing on artificial surfaces		
SISOCLA406A Apply lead climbing skills on artificial surfaces	Deleted	
SISOCLA407A Apply multi pitch lead climbing skills on artificial surfaces	Deleted	
SISOCLA408A Establish belays for multi pitch climbing on artificial surfaces	Deleted	

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISOCLA409A Instruct lead climbing on single pitch artificial surfaces	Deleted	
SISOCLA510A Instruct lead climbing on multi pitch artificial surfaces	Deleted	
<b>Climbing (natural)</b>		
SISOCLN201A Demonstrate top rope climbing skills on natural surfaces	SISOCLM002 Top rope climb single pitches, natural surfaces	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Climbing.</p> <p>Two units merged:</p> <p>SISOCLN201A Demonstrate top rope climbing skills on natural surfaces</p> <p>SISOCLN302A Apply climbing skills on natural surfaces</p> <p>Unit now focuses on activity skills rather than planning; planning removed. (Was in SISOCLN302A)</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLN302A Apply climbing skills on natural surfaces		
SISOCLN303A Establish belays for climbing on natural surfaces	SISOCLM006 Establish belays for single pitch climbing on natural surfaces	<p>N</p> <p>Title changed to incorporate single pitch.</p> <p>Unit recategorised to Climbing.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLN304A Guide top rope climbing activities on natural surfaces	SISOCLM009 Lead single pitch climbing activities on natural surfaces, top rope climbing	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOCLN304A Guide top rope climbing activities on natural surfaces</p> <p>SISOCLN409A Instruct top rope climbs on natural surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance</p>
SISOCLN409A Instruct top rope climbs on natural surfaces		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
		criteria and knowledge evidence.
SISOCLN405A Apply single pitch lead climbing skills on natural surfaces	SISOCLM003 Lead climb single pitches, natural surfaces	N Title changed Unit recategorised to Climbing. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN406A Apply multi pitch lead climbing skills on natural surfaces	SISOCLM004 Lead climb multi pitches, natural surfaces	N Title changed Unit recategorised to Climbing. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN407A Establish belays for multi pitch climbing on natural surfaces	SISOCLM007 Establish belays for multi pitch climbing on natural surfaces	N Unit recategorised to Climbing Significant changes to performance criteria and knowledge evidence.
SISOCLN408A Guide lead climbing activities on single pitch natural surfaces	SISOCLM010 Lead single pitch climbing activities on natural surfaces, lead climbing	N Title changed. Two units merged: SISOCLN408A Guide lead climbing activities on single pitch natural surfaces SISOCLN411A Instruct lead climbing on single pitch natural surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN411A Instruct lead climbing on single pitch natural surfaces		



Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOCLN410A Guide lead climbing activities on multi pitch natural surfaces	SISOCLM011 Lead multi pitch climbing activities on natural surfaces, lead climbing	N  Title changed.  Two units merged:  SISOCLN410A Guide lead climbing activities on multi pitch natural surfaces  SISOCLN512A Instruct lead climbing on multi pitch natural surfaces  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOCLN512A Instruct lead climbing on multi pitch natural surfaces		
Canoeing		
SISOCNE201A Demonstrate simple canoeing skills	SISOCNE001 Paddle a craft using fundamental skills	N  Title changed.  Unit covers different types of craft including canoes and kayaks; assessment can be contextualised to craft type.  Water grade and conditions clarified throughout unit; applicable to inland flatwater areas including rivers and small lakes.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOCNE202A Perform deep water rescues	Deleted	Content for performing deep water rescues covered in activity specific units:  SISOCNE002 - 004  SISOKYK001 - 004  SISOKYS001 - 003.
SISOCNE303A Apply canoeing skills	SISOCNE002 Paddle a canoe on inland flatwater	N  Title changed

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		<p>Water grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
New unit	SISOCNE003 Paddle a canoe on moving water up to grade 1 rivers	
SISOCNE304A Apply inland canoeing skills on Grade 2 water	SISOCNE004 Paddle a canoe on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>River grade and conditions clarified throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCNE305A Guide canoeing trips on flat and undemanding water	SISOCNE005 Lead canoeing activities on inland flatwater	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOCNE305A Guide canoeing trips on flat and undemanding water</p> <p>SISOCNE306A Instruct canoeing skills on flat and undemanding water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in: SISOFLD003 Select, set up and operate a temporary or</p>
SISOCNE306A Instruct canoeing skills on flat and undemanding water		

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		overnight site, to be selected as required.  Significant changes to performance criteria and knowledge evidence.
New unit	SISOCNE006 Lead canoeing activities on moving water up to grade 1 rivers	
SISOCNE307A Guide canoeing trips on Grade 2 water	SISOCNE007 Lead canoeing activities on grade 2 rivers	N  Title changed.  Two units merged:  SISOCNE307A Guide canoeing trips on Grade 2 water  SISOCNE409A Instruct canoeing skills on Grade 2 water  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.  Significant changes to performance criteria and knowledge evidence.
SISOCNE409A Instruct canoeing skills on Grade 2 water		
SISOCNE408A Apply inland canoeing skills on Grade 3 water	Deleted	
SISOCNE410A Guide canoeing trips on Grade 3 water	Deleted	
SISOCNE511A Instruct canoeing skills on Grade 3 water	Deleted	
<b>Challenge Course</b>		
SISOCR301A Conduct a low ropes session	SISOCHC001 Lead challenge course sessions, low elements	N  Title changed.  Unit focuses on leadership skills at time of delivery; planning removed.

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		<p>Planning not relevant to job role but planning units could be selected, as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCR302A Conduct a high ropes session	SISOCHC003 Lead challenge course sessions, high elements	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed. Planning not relevant to job role but planning units could be selected, as required.</p> <p>Establishing belay systems removed as not relevant to course leader job role; covered in SISOCHC004 Set up and supervise challenge course sessions, high elements.</p> <p>Rescue requirements confined to basic assisted rescues; more complex rescues covered by SISOCHR004 Set up and supervise challenge course sessions, high elements.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCR403A Supervise a low ropes session	SISOCHC002 Set up and supervise challenge course sessions, low elements	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCR404A Supervise a high ropes session	SISOCHC004 Set up and supervise challenge course sessions, high elements	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCR505A Manage a low ropes course	SISOCHC005 Manage challenge course	N

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SISOCR506A Manage a high ropes course		<p>Title changed.</p> <p>Two units merged:</p> <p>SISOCR505A Manage a low ropes course</p> <p>SISOCR506A Manage a high ropes course</p> <p>Assessment can be contextualised to low or high element courses or courses that include both types of elements.</p> <p>Documenting course maintenance procedures removed, covered in SISXFAC004 Coordinate facility and equipment acquisition and maintenance, to be selected as required.</p> <p>Conducting course maintenance removed, covered in SISXFAC003 Implement facility maintenance programs, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<b>Caving</b>		
SISOCVE201A Demonstrate caving skills	SISOCVE001 Traverse caves	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, &amp; SISOPLN004.</p> <p>Skills and knowledge upgraded to reflect those required by leaders (guides or instructors).</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCVE302A Apply single pitch abseiling skills in caves	SISOCVE003 Abseil single pitches in caves	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, &amp; SISOPLN004.</p>

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		Significant changes to performance criteria and knowledge evidence.
SISOCVE303A Rig a ladder pitch	Deleted	Content covered in SISOCVE005 Establish ropes, ladders and belays for caving.
SISOCVE304A Apply laddering skills	SISOCVE002 Descend and ascend ladders in caves	N Title changed. Significant changes to performance criteria and knowledge evidence.
SISOCVE305A Apply caving specific single rope techniques	SISOCVE004 Descend and ascend single ropes in caves	N Title changed. Content for rescues removed, covered in SISORSC002 Perform vertical rescues. Significant changes to performance criteria and knowledge evidence.
SISOCVE306A Rig ropes and establish belays in caves	SISOCVE005 Establish ropes, ladders and belays for caving	N Title changed. Unit now covers rigging of ladders. Significant changes to performance criteria and knowledge evidence.
SISOCVE307A Guide vertical single pitch caving trips	SISOCVE006 Lead caving activities	N Title changed. Three units merged: SISOCVE307A Guide vertical single pitch caving trips SISOCVE308A Guide horizontal caving trips SISOCVE417A Instruct vertical single pitch caving skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCVE308A Guide horizontal caving trips		
SISOCVE417A Instruct vertical single pitch caving skills		
SISOCVE409A Rig ladders in complex situations	Deleted	

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SISOCVE410A Rig a complex pitch using caving specific techniques	Deleted	
SISOCVE411A Apply vertical caving skills	Deleted	
SISOCVE412A Rig multi pitches in complex vertical cave systems	Deleted	
SISOCVE413A Navigate in untrogged caves	Deleted	
SISOCVE414A Guide vertical multi pitch caving trips	Deleted	
SISOCVE415A Perform cave rescues	Deleted	
SISOCVE416A Apply cavern diving skills	Deleted	
SISOCVE518A Apply cave diving skills	Deleted	
SISOCVE519A Apply sinkhole diving skills	Deleted	
SISOCVE520A Apply sump diving skills	Deleted	
SISOCVE521A Apply advanced cave diving skills	Deleted	
SISOCVE522A Instruct vertical multi pitch caving skills	Deleted	
<b>Cycling Tours (on-road)</b>		
SISOCYT201A Select, set up and maintain a bike	SISOCYT001 Set up, maintain and repair bicycles	N Title changed. Content about selection of bikes clarified; focuses on selection to suit participants. Unit now covers more extensive repair and maintenance tasks. Significant changes to performance criteria and knowledge evidence.
SISOCYT202A Demonstrate basic cycling skills	SISOCYT002 Ride bicycles on roads and pathways, easy conditions	N Title changed. Cycling and road conditions clarified in title and throughout unit.



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		Significant changes to performance criteria and knowledge evidence.
SISOCYT303A Apply on-road cycling skills	SISOCYT003 Ride bicycles on roads, up to moderate terrain and heavy traffic	N Title changed. Cycling and road conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
New unit	SISOCYT006 Lead cycling activities on roads and pathways, easy conditions	
SISOCYT304A Guide on-road cycle tours	SISOCYT007 Lead cycling activities on roads, up to moderate terrain and heavy traffic	N Title changed. Two units merged: SISOCYT304A Guide on-road cycle tours SISOCYT407A Instruct cycle touring skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCYT407A Instruct cycle touring skills		
SISOCYT405A Apply overnight cycle touring skills	Deleted	
SISOCYT406A Guide overnight and extended cycle tours	Deleted	
<b>Four Wheel Driving</b>		
SISODRV201A Drive AWD/4WD vehicles on unsealed roads	SISODRV001 Drive AWD/4WD vehicles on unsealed roads	N Vehicle inspection aspects removed; covered in imported unit TLIB0002 Carry out vehicle inspection. Significant changes to performance

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		criteria and knowledge evidence.
SISODRV302A Drive and recover a 4WD vehicle	Deleted	Replaced by two imported units: TLIC2025 Operate four wheel drive vehicle FWPCOT3260 Recover four wheel drive vehicles
SISODRV303A Guide 4WD tours	SISODRV002 Lead four wheel driving activities	N Title changed. Two units merged: SISODRV303A Guide 4WD tours SISODRV506A Instruct four wheel driving skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISODRV506A Instruct four wheel driving skills		
SISODRV404A Drive a 4WD vehicle in difficult terrain	Deleted	Replaced by imported unit: TLIC2025 Operate four wheel drive vehicle.
SISODRV405A Coordinate recovery of 4WD vehicles	Deleted	Replaced by imported unit: FWPCOT3260 Recover four wheel drive vehicles.
<b>Equine (EQU)</b> SISOEQU Equine units were updated and endorsed in 2017 prior to other outdoor recreation units. Equine units were housed in SIS V3.0. Mapping is now brought forward without any changes from version 3.0.		
SISOEQO201A Handle horses	SISOEQU001 Handle horses	N Transportation removed from unit. Significant additions to performance criteria and knowledge evidence.
SISOEQO202A Demonstrate basic horse riding skills	SISOEQU002 Ride horses using fundamental skills	N Title changed. All references to riding in open areas and on trails removed. Significant additions to performance criteria and knowledge evidence.

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		Prerequisite added - SISOEQU001 Handle horses
SISOEQO303A Conduct horse riding sessions in an arena	SISOEQU008 Instruct fundamental horse riding skills	<p>N</p> <p>Title changed; previous unit was about instructing but not reflected in title; now aligns to riding Unit SISOEQU002.</p> <p>Two units merged:</p> <p>SISOEQO303A Conduct horse riding sessions in an arena and SISSEQS303A Teach the fundamental skills of riding.</p> <p>Unit better focuses on instructional skills.</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisite added -SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISSEQS303A Teach the fundamental skills of riding		
SISOEQO304A Apply first aid for horses	Deleted	<p>Replaced by imported unit:</p> <p>RGRPSH308 Provide first aid and emergency care for horses or other equines.</p>
SISOEQO305A Ride horses in tracked areas	SISOEQU003 Ride horses on tracked trail rides	<p>N</p> <p>Title changed to reflect unit content.</p> <p>Unit now focuses on riding skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, &amp; SISOPLN005, and SISOEQU010.</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites now -SISOEQU001 Handle horses, and SISOEQU002 Ride horses using fundamental skills.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISOEQO306A Guide day horse trail rides in tracked areas	SISOEQU005 Guide horse trail rides in tracked areas	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOEQO306A Guide day horse trail rides in tracked areas</p> <p>SISOEQO410A Guide overnight horse trail rides in tracked areas</p> <p>Unit covers guiding skills no matter what the duration of the trail ride.</p> <p>Unit now focuses on delivering the activity rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, in SISOPLN002, &amp; in SISOPLN005, and SISOEQU010.</p> <p>Campsite and temporary stop operation removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site.</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISOEQO410A Guide overnight horse trail rides in tracked areas		
SISOEQO317A Supervise horse handling	SISOEQU007 Instruct horse handling skills	<p>N</p> <p>Title changed; previous unit was about instructing but not reflected in title.</p> <p>Unit better focuses on instructional skills</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p>
SISOEQO407A Select horses for a program		N

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SISOEQO516A Manage the education of horses	SISOEQU015 Acquire and educate horses for sport or recreational programs	Title changed to reflect unit content and industry applicability.  Two units merged:  SISOEQO407A Select horses for a program  SISOEQO516A Manage the education of horses  Significant additions to performance criteria and knowledge evidence.  Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO408A Determine nutritional requirements for horses	SISOEQU014 Determine nutritional requirements for sport or recreational horses	N  Title changed to reflect industry applicability.  Significant additions to knowledge evidence.
SISOEQO409A Train and condition horses	SISOEQU013 Condition horses for sport or recreational performance	N  Title changed to reflect unit content which is about conditioning of horses, not behavioural or discipline-specific training; also to reflect industry applicability.  Performance criterion relating to transportation removed.  Significant changes to knowledge evidence.  Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO411A Ride horses in remote areas	SISOEQU004 Ride horses on untracked trail rides	N  Title changed to reflect unit content  Unit now focuses on riding skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN005, and SISOEQU010.  Significant additions to performance criteria and knowledge evidence.

**SIS SPORT, FITNESS AND RECREATION TRAINING PACKAGE  
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		Prerequisites now - SISOEQU001 Handle horses, and SISOEQU002 Ride horses using fundamental skills.  Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.
SISOEQO412A Manage horse illness and injuries in remote areas	SISOEQU011 Manage horse illness and injury in remote areas	N  Minor change to title.  Performance criterion relating to cast horse removed.  Performance criterion for euthanasia refocused.  All references to first aid removed; unit refocused to provision of emergency treatment.  Significant changes to performance criteria and knowledge evidence.  Prerequisite updated to - RGRPSH308 Provide first aid and emergency care for horses or other equines.
SISOEQO413A Guide trail rides in remote areas	SISOEQU006 Guide horse trail rides in untracked areas	N  Title changed to reflect unit content.  Unit covers guiding skills no matter what the duration of the trail ride.  Unit now focuses on delivering the activity rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN005, and SISOEQU010.  Selection of temporary stops removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site.  Significant additions to performance criteria and knowledge evidence.  Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.  Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.

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SISOEQO414A Instruct horse riding and handling skills	SISOEQU0009 Instruct the advancement of recreational horse riding skills	N  Title changed to reflect unit content.  Content for horse handling removed; instructing in handling covered in:  SISOEQU007 Instruct horse handling skills  Significant additions to performance criteria and knowledge evidence.  Prerequisites added -SISOEQU008 Instruct fundamental horse riding skills, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO418A Apply anatomy and physiology to Equine performance	SISOEQU012 Assess horses for sport or recreational performance	N  Title changed to better reflect intent of the Unit also to reflect industry applicability.  Assessing physiological capacity and health of horses removed; requires considerable specialist knowledge far exceeding scope of the unit.  Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO515A Manage stable maintenance	Deleted	Replaced by imported unit:  ACHPHR407 Implement an Equine facility maintenance, improvement and management program.
New Unit	SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities	New Unit  Covers the processes necessary to manage the significant safety risks associated with horse handling, instructing, coaching, guiding and riding activities.
<b>Fishing</b>		
SISOFSH201A Catch and handle fish	SISOFSH001 Locate, attract and catch fish	N  Title changed.  Two units merged:  SISOFSH201A Catch and handle fish SISOFSH206A Locate and attract fish
SISOFSH206A Locate and attract fish		



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		Some content removed; covered in: SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities SISOFLD004 Minimise environmental impact Significant changes to performance criteria and knowledge evidence.
SISOFSH202A Select, catch and use bait	SISOFSH002 Select and catch bait	N Title changed. Content on presenting bait and berley removed; covered in SISOFSH001 Locate, attract and catch fish. Significant changes to performance criteria and knowledge evidence.
SISOFSH203A Select, rig and use terminal tackle	SISOFSH003 Select and rig tackle outfits	N Title changed. Two units merged: SISOFSH203A Select, rig and use terminal tackle SISOFSH204A Select, use and maintain fishing tackle outfits Unit covers terminal tackle and rod and reel tackle. Content on use of casting techniques removed, covered in SISOFSH001 Locate, attract and catch fish. Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOFSH204A Select, use and maintain fishing tackle outfits		
SISOFSH205A Construct and work simple fishing lures	Deleted	
SISOFSH307A Guide fishing trips	SISOFSH004 Lead fishing activities	N Title changed. Two units merged: SISOFSH307A Guide fishing trips SISOFSH308A Instruct fishing skills
SISOFSH308A Instruct fishing skills		

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		Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOFSH309A Apply fly fishing skills	Deleted	
SISOFSH310A Tie simple fishing flies	Deleted	
SISOFSH311A Demonstrate freshwater fishing skills	Deleted	
SISOFSH312A Demonstrate estuary fishing skills	Deleted	
SISOFSH313A Catch crabs, prawns and squid	Deleted	
SISOFSH314A Construct and repair fishing rods	Deleted	
SISOFSH315A Demonstrate beach fishing skills	Deleted	
SISOFSH416A Demonstrate marine inshore fishing skills	Deleted	
SISOFSH417A Demonstrate marine offshore fishing skills	Deleted	
<b>Interpretation</b>		
SISOINT201A Conduct interpretation within an outdoor activity	Deleted	Replaced by imported unit: SITTGDE005 Prepare and present tour commentaries or activities.
SISOINT302A Develop specialist resources for interpretive activities	Deleted	Skills covered in a range of imported units: SITTPPD002 Develop interpretive activities  SITTGDE008 Prepare specialised interpretive content on flora, fauna and landscape

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		<p>SITTGDE009 Prepare specialised interpretive content on marine environments</p> <p>SITTGDE010 Prepare specialised interpretive content on cultural and heritage environments.</p>
<b>Kayaking</b>		
SISOKYK201A Demonstrate simple kayaking skills	SISOKYK001 Paddle a kayak on inland flatwater	<p>N</p> <p>Title changed.</p> <p>Water grade and conditions clarified in title and throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK302A Apply kayaking skills	SISOKYK002 Paddle a kayak on moving water up to grade 1 rivers	<p>N</p> <p>Title changed.</p> <p>Water grade and conditions clarified in title and throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK303A Apply inland kayaking skills on Grade 2 water	SISOKYK003 Paddle a kayak on grade 2 rivers	<p>N</p> <p>Title changed</p> <p>River grade and conditions clarified throughout unit.</p> <p>Performing deep water rescues included.</p>

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		<p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005..</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOKYK304A Guide kayaking trips on flat and undemanding water</p> <p>SISOKYK407A Instruct kayaking skills on flat and undemanding water</p>	SISOKYK005 Lead kayaking activities on inland flatwater	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOKYK304A Guide kayaking trips on flat and undemanding water</p> <p>SISOKYK407A Instruct kayaking skills on flat and undemanding water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
New unit	SISOKYK006 Lead kayaking activities on moving water up to grade 1 rivers	
<p>SISOKYK305A Guide kayaking trips on Grade 2 water</p> <p>SISOKYK408A Instruct kayaking skills on Grade 2 water</p>	SISOKYK007 Lead kayaking activities on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOKYK305A Guide kayaking trips on Grade 2 water</p> <p>SISOKYK408A Instruct kayaking skills on Grade 2 water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p>

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		<p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK406A Demonstrate inland kayaking skills on Grade 3 water	SISOKYK004 Paddle a kayak on grade 3 rivers	<p>N</p> <p>Title changed</p> <p>River grade and conditions clarified throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK409A Guide kayaking trips on Grade 3 water  SISOKYK510A Instruct kayaking skills on Grade 3 water	SISOKYK008 Lead kayaking activities on grade 3 rivers	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOKYK409A Guide kayaking trips on Grade 3 water</p> <p>SISOKYK510A Instruct kayaking skills on Grade 3 water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>

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<b>Sea Kayaking</b>		
SISOKYS201A Demonstrate simple sea kayaking skills	SISOKYS001 Paddle a sea kayak in enclosed waters	N  Title changed.  Water grade and conditions clarified in title and throughout unit.  Performing deep water rescues included.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOKYS302A Demonstrate sea kayaking skills	SISOKYS002 Paddle a sea kayak in sheltered coastal waters	N  Title changed  Water grade and conditions clarified in title and throughout unit.  Performing deep water rescues included.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOKYS303A Guide sea kayaking trips in easy to moderate conditions	SISOKYS004 Lead sea kayaking activities in enclosed waters	N  Title changed.  Two units merged:  SISOKYS303A Guide sea kayaking trips in easy to moderate conditions  SISOKYS407A Instruct sea kayaking in easy to moderate conditions  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance
SISOKYS407A Instruct sea kayaking in easy to moderate conditions		

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		criteria and knowledge evidence.
SISOKYS304A Demonstrate sea kayaking skills in moderate to difficult conditions	SISOKYS003 Paddle a sea kayak in exposed coastal waters	N  Title changed.  Water grade and conditions clarified in title and throughout unit.  Performing deep water rescues included.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOKYS406A Plan and navigate a sea kayaking inshore passage	SISOFLD005 Navigate waterway courses	N  Unit recategorised to Field operations.  Unit covers navigation for a range of waterway types and craft, including sea kayaks; assessment can be contextualised to particular settings and craft type.  Significant changes to performance criteria and knowledge evidence.
SISOKYS408A Guide sea kayaking trips in moderate to difficult conditions  SISOKYS409A Instruct sea kayaking in moderate to difficult conditions	SISOKYS005 Lead sea kayaking activities in sheltered coastal waters	N  Title changed.  Two units merged:  SISOKYS408A Guide sea kayaking trips in moderate to difficult conditions  SISOKYS409A Instruct sea kayaking in moderate to difficult conditions  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
New unit	SISOKYS006 Lead sea kayaking activities in exposed coastal waters	



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<b>Mountain Biking (off road)</b>		
SISOMBK201A Demonstrate basic off-road cycling skills	SISOCYT004 Ride off road bicycles on easy trails	N Title changed. Unit recategorised to Cycle Touring. Trail conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOMBK302A Apply advanced off-road cycling skills	SISOCYT005 Ride off road bicycles on intermediate trails	N Title changed. Unit recategorised to Cycle Touring. Trail conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
New Unit	SISOCYT008 Lead off road cycling activities on easy trails	
SISOMBK303A Guide off-road cycle tours SISOMBK404A Instruct off-road cycling skills	SISOCYT009 Lead off road cycling activities on intermediate trails	N Title changed. Two units merged: SISOMBK303A Guide off-road cycle tours SISOMBK404A Instruct off-road cycling skills Unit recategorised to Cycle Touring. Unit focuses on leadership skills at time of delivery; planning removed.

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		Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
<b>Navigation</b>		
SISONAV201A Demonstrate navigation skills in a controlled environment	SISOFLD006 Navigate in tracked environments	N  Title changed.  Unit recategorised to Field Operations.  Track grade and conditions clarified in title and throughout unit.  Significant changes to performance criteria and knowledge evidence.
SISONAV302A Apply navigation skills in an intermediate environment	SISOFLD007 Navigate in difficult tracked environments	N  Title changed.  Unit recategorised to Field Operations.  Track grade and conditions clarified in title and throughout unit.  Significant changes to performance criteria and knowledge evidence.
SISONAV403A Navigate in uncontrolled environments	SISOFLD008 Navigate in extremely difficult tracked and untracked environments	N  Title changed.  Unit recategorised to Field Operations.  Track grade and conditions clarified in title and throughout unit.  Significant changes to performance criteria and knowledge evidence.
<b>Outdoor Recreation</b>		
SISOODR201A Assist in conducting outdoor recreation sessions	SISOFLD001 Assist in conducting recreation sessions	N  Minor change to title; can apply to indoor activities, e.g. climbing.  Unit recategorised to Field Operations.  Unit refocussed to better describe skills for assistant leaders under the supervision and guidance of leaders (guides or instructors).  Significant changes to performance

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		criteria and knowledge evidence.
New unit	SISOPLN001 Finalise operation of outdoor recreation activities	
SISOODR302A Plan outdoor recreation activities	SISOPLN002 Plan activity sessions	N Title changed. Unit recategorised to Outdoor Recreation Planning. Significant changes to performance criteria and knowledge evidence.
SISOODR303A Guide outdoor recreation sessions	Deleted	Unit deleted in favour of a range of leadership units that align to specific activities and environments.
SISOODR404A Manage risk in an outdoor activity	SISOPLN007 Manage risk for outdoor programs	N Title changed. Significant changes to performance criteria and knowledge evidence.
SISOODR405A Develop and coordinate programs incorporating outdoor activities	SISOPLN003 Develop outdoor recreation programs	N Title changed. Unit recategorised to Outdoor Recreation Planning. Significant changes to performance criteria and knowledge evidence.
New unit	SISOPLN004 Identify hazards, assess and control risks for outdoor recreation activities	
SISOODR506A Evaluate policy for an outdoor organisation	Deleted	Skills for developing and evaluating policy in the context of a work function are covered in subject specific units, e.g. work health and safety.
<b>Field Operations</b>		
SISOOPS201A Minimise environmental impact	SISOFLD002 Minimise environmental impact	N Significant changes to performance criteria and knowledge evidence.
SISOOPS202A Use and maintain a temporary or overnight site	SISOFLD003 Select, set up and operate a temporary or overnight site	N Title changed. Content added to fully cover meal planning, preparation and service including food safety practices.

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		Skills and knowledge and responsibilities clarified to better align to leader role, not that of assistant.  Significant changes to performance criteria and knowledge evidence.
SISOOPS303A Interpret weather for marine environments	SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities	N  Title changed.  Unit recategorised to Outdoor Recreation Planning.  Three units merged:  SISOOPS303A Interpret weather for marine environments  SISOOPS306A Interpret weather conditions in the field  SISOOPS509A Interpret weather for mountain environments  Unit covers any type of environment; assessment can be contextualised to particular settings.  Unit refocussed to include coverage of interpretation of both weather and environmental events, e.g. flood, bushfire  Significant changes to performance criteria and knowledge evidence.
SISOOPS306A Interpret weather conditions in the field		
SISOOPS509A Interpret weather for mountain environments		
SISOOPS304A Plan for minimal environmental impact	SISOPLN006 Plan for minimal environmental impact	N  Unit recategorised to Outdoor Recreation Planning.  Significant changes to knowledge evidence.
SISOOPS305A Provide first aid in a remote location	SISOFLD004 Provide first aid in remote locations	N  Minor change to title.  Unit recategorised to Field Operations.  Significant changes to performance criteria and knowledge evidence.  Prerequisite added -HLTAID003 Provide first aid
SISOOPS407A Apply search and rescue skills	SISORSC001 Conduct search and rescue	N  Title changed  Unit recategorised to Rescue Operations.

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		Significant changes to knowledge evidence.
SISOOPS508A Manage natural resources	Deleted	
<b>Personal Water Craft</b>		
SISOPWC201A Select and maintain a personal water craft	Deleted	Knowledge of personal water craft covered in riding units, SISOPWC001 – 002.  Maintenance covered in SISXFAC001 Maintain equipment for activities, to be selected as required.
SISOPWC202A Demonstrate simple personal water craft skills in controlled conditions	SISOPWC001 Ride personal watercraft in smooth water conditions	N  Title changed.  Water grade and conditions clarified in title and throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOPWC303A Ride personal water craft in moderate to difficult conditions	SISOPWC002 Ride personal watercraft in slight water conditions	N  Title changed.  Water grade and conditions clarified in title and throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOPWC304A Guide tours using personal water craft	SISOPWC003 Lead personal water craft activities in smooth water conditions	N  Title changed.  Incorporates components of: SISOPWC304A Guide tours using personal water craft.  SISOPWC405A Instruct basic personal water craft riding skills.
SISOPWC405A Instruct basic personal water craft riding skills		

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		<p>SISOPWC405A Instruct basic personal watercraft riding skills did not nominate water conditions or complexity of trips/sessions guided.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOPWC304A Guide tours using personal water craft</p> <p>SISOPWC506A Instruct advanced personal water craft riding skills</p>	SISOPWC004 Lead personal water craft activities in slight water conditions	<p>N</p> <p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOPWC304A Guide tours using personal water craft.</p> <p>SISOPWC506A Instruct advanced personal water craft riding skills.</p> <p>SISOPWC506A Instruct advanced personal watercraft riding skills did not nominate water conditions or complexity of trips/sessions guided.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<b>Rafting</b>		
SISORAF301A Guide a raft on moving water	SISORAF001 Guide a raft on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>River grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on controlling the raft rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>

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SISORAF402A Guide a raft on Grade 3 rapids	SISORAF002 Guide a raft on grade 3 rivers	N  Title changed.  River grade and conditions clarified in title and throughout unit.  Unit now focuses on controlling the raft rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISORAF403A Guide a raft on Grade 4 rapids	SISORAF003 Guide a raft on grade 4 rivers	N  Title changed.  River grade and conditions clarified in title and throughout unit.  Unit now focuses on controlling the raft rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISORAF404A Coordinate and manage white water rafting trips	Deleted	
SISORAF505A Instruct rafting skills	<div>SISORAF004 Lead rafting activities on grade 2 rivers</div> <div>SISORAF005 Lead rafting activities on grade 3 rivers</div> <div>SISORAF006 Lead rafting activities on grade 4 rivers</div>	N  Title changed.  Incorporates components of: SISORAF5050A Instruct rafting skills.  SISORAF505A Instruct rafting skills did not nominate river grade or conditions or complexity of skills under instruction. Therefore, three replacement units are listed here, to be selected as required.  Units focus on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.



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<b>SCUBA Diving</b>		
SISOSCB301A SCUBA dive in open water to a maximum depth of 18 metres	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres	N  Title changed.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSCB302A Complete night dives	SISOSCB003 SCUBA dive at night	N  Title changed.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSCB303A Complete deep dives to between 18 and 40 metres	SISOSCB009 SCUBA dive to depths between 18 and 40 metres	N  Title changed.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSCB304A Navigate prescribed routes underwater	SISOSCB004 Navigate prescribed routes underwater	N  Significant changes to performance criteria and knowledge evidence.
SISOSCB305A Complete underwater search and recovery dives	SISOSCB005 Complete underwater search and recovery dives	N  Significant changes to performance criteria and knowledge evidence.
SISOSCB306A Perform diver rescues	SISOSCB006 Perform diver rescues	N  Significant changes to performance criteria and knowledge evidence.
SISOSCB307A Inspect and fill SCUBA cylinders	SISOSCB007 Inspect and fill SCUBA cylinders	N  Significant changes to performance

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SISOSCB308A Guide a SCUBA dive	SISOSCB010 Lead SCUBA diving activities	N Title changed. Two units merged: SISOSCB308A Guide a SCUBA dive SISOSCB419A Instruct SCUBA diving skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSCB419A Instruct SCUBA diving skills		
SISOSCB309A Complete dives off boats	SISOSCB002 SCUBA dive from boats	N Significant changes to performance criteria and knowledge evidence.
SISOSCB310A Complete an underwater video	Deleted	
SISOSCB311A Take still photographs underwater	Deleted	
SISOSCB312A Complete dry suit dives	Deleted	
SISOSCB313A Complete computer aided dives	Deleted	
SISOSCB314A Complete wreck dives	Deleted	
SISOSCB315A Complete drift dives on SCUBA	Deleted	
SISOSCB316A Dive at altitude greater than 300 metres	Deleted	
SISOSCB317A Complete a dive using Enriched Air Nitrox	SISOSCB008 SCUBA dive using Enriched Air Nitrox	N Significant changes to performance criteria and knowledge evidence.
SISOSCB318A Dive in open water using surface supplied air	Deleted	
SISOSCB420A Instruct specialised SCUBA diving skills	SISOSCB011 Lead specialised SCUBA diving activities	N Title changed.

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		Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSCB521A Demonstrate technical diving	Deleted	
<b>Snowboarding</b>		
SISOSKB201A Demonstrate snowboarding skills on beginner terrain	Deleted	
SISOSKB302A Snowboard on intermediate terrain	Deleted	
SISOSKB303A Guide day snowboarding activities	Deleted	
SISOSKB404A Snowboard on advanced terrain	Deleted	
SISOSKB405A Snowboard freestyle on advanced terrain	Deleted	
SISOSKB406A Snowboard alpine-style on advanced terrain	Deleted	
SISOSKB407A Instruct snowboarding	Deleted	
SISOSKB408A Guide overnight snowboarding activities	Deleted	
SISOSKB509A Snowboard off-piste	Deleted	
<b>Skiing (downhill)</b>		
SISOSKI201A Demonstrate alpine skiing skills downhill on beginner terrain	Deleted	
SISOSKI402A Alpine ski downhill on intermediate terrain	Deleted	
SISOSKI403A Alpine ski downhill on advanced terrain	Deleted	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOSKI404A Alpine ski downhill off-piste	Deleted	
SISOSKI405A Alpine free ski on all terrain	Deleted	
SISOSKI406A Telemark ski downhill on intermediate terrain	Deleted	
SISOSKI407A Telemark ski downhill on advanced terrain	Deleted	
SISOSKI408A Instruct alpine skiing skills	Deleted	
<b>Skiing (touring)</b>		
SISOSKT201A Demonstrate basic cross country skiing skills	SISOSKT001 Ski on easy cross country terrain	<p>N</p> <p>Title changed.</p> <p>Terrain and skiing conditions clarified in title and throughout unit.</p> <p>Two units merged:</p> <p>SISOSKT201A Demonstrate basic cross country skiing skills</p> <p>SISOSKT202A Demonstrate ski touring skills in a patrolled environment to a basic standard</p> <p>Some content removed; covered in SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSKT202A Demonstrate ski touring skills in a patrolled environment to a basic standard		
SISOSKT303A Day ski tour away from a patrolled area	SISOSKT002 Ski on intermediate cross country terrain	<p>N</p> <p>Title changed.</p> <p>Terrain and skiing conditions clarified in title and throughout unit.</p> <p>Two units merged:</p> <p>SISOSKT303A Day ski tour away from a patrolled area</p> <p>SISOSKT409A Apply intermediate cross country skiing skills</p> <p>Some content removed; covered in SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities.</p> <p>Significant changes to performance</p>
SISOSKT409A Apply intermediate cross country skiing skills		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
		criteria and knowledge evidence.
SISOSKT304A Guide day ski tours	SISOSKT004 Lead skiing activities on easy cross country terrain	N Title changed. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSKT305A Apply snow craft skills for day touring SISOSKT408A Apply snow craft skills for overnight touring	SISOSKT003 Use snow craft skills for alpine touring	N Title changed. Two units merged: SISOSKT305A Apply snow craft skills for day touring SISOSKT408A Apply snow craft skills for overnight touring Significant changes to performance criteria and knowledge evidence.
SISOSKT406A Demonstrate advanced cross country skiing skills	Deleted	
SISOSKT407A Overnight ski tour in difficult terrain using advanced ski touring skills	Deleted	
SISOSKT410A Guide overnight ski tours	Deleted	
SISOSKT411A Instruct cross country skiing	SISOSKT005 Lead skiing activities on intermediate cross country terrain	N Title changed Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.

Previous Unit Code and Title	Replacement Unit Code and Title	Comment in relation to previous version
SIS10 V3.1	SIS V4.0	E = Equivalent N = Not Equivalent
Snorkelling		
SISOSNK201A Demonstrate snorkelling activities	SISOSNK001 Snorkel	N  Title changed.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Rescue element removed, covered in SISCAQU002 Perform basic water rescues.  First aid aspects removed, covered in HLTAID003 provide first aid.  Significant changes to performance criteria and knowledge evidence.
SISOSNK302A Guide snorkelling	SISOSNK002 Lead snorkelling activities	N  Title changed.  Two units merged:  SISOSNK302A Guide snorkelling  SISOSNK403A Instruct snorkelling skills  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSNK403A Instruct snorkelling skills		
Surfing		
SISOSRF201A Demonstrate surf survival and self-rescue skills	Deleted	Content for rescuing self covered in surfing activity units SISOSRF001, SISOSRF002 and SISOSRF003.
SISOSRF202A Demonstrate basic surfing manoeuvres in controlled conditions	SISOSRF001 Surf small waves using basic manoeuvres	N  Title changed.  Surf conditions clarified in title and throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
		Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSRF303A Perform intermediate level surfing manoeuvres	SISOSRF002 Surf waves using intermediate manoeuvres	N  Title changed.  Surf conditions clarified throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSRF304A Perform simple rescues in moderate surf conditions	SISORSC007 Perform basic surf rescues	N  Title changed.  Unit recategorised to Rescue Operations.  Significant changes to performance criteria and knowledge evidence.
SISOSRF305A Guide surfing sessions	SISOSRF004 Lead surfing activities, small waves and basic manoeuvres	N  Title changed.  SISOSRF305A Guide surfing sessions did not nominate water conditions or complexity of trips/sessions guided.  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSRF406A Perform advanced level surfing manoeuvres	SISOSRF003 Surf waves using advanced manoeuvres	N  Title changed.  Surf conditions clarified throughout unit.  Unit now focuses on activity skills rather than planning; planning removed.



Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSRF407A Perform rescues in moderate to difficult surf conditions	Deleted	
SISOSRF408A Guide surfing trips	Deleted	
SISOSRF409A Instruct basic to intermediate surfing skills	SISOSRF004 Lead surfing activities, small waves and basic manoeuvres  SISOSRF005 Lead surfing activities, intermediate manoeuvres	N  Title changed.  One unit replaced with two to differentiate between basic and intermediate manoeuvres.  Units focus on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOSRF410A Instruct advanced surfing skills	SISOSRF006 Lead surfing activities, advanced manoeuvres	N  Title changed.  Unit focuses on leadership skills at time of delivery; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
<b>Stand up Paddle Boarding</b>		
New unit	SISOSUP001 Paddle a stand up board on inland flatwater	
New unit	SISOSUP002 Paddle a stand up board in small waves	
New unit	SISOSUP003 Paddle a stand up board in sheltered coastal waters	
New unit	SISOSUP004 Lead stand up paddle boarding	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
	activities on inland flatwater	
New unit	SISOSUP005 Lead stand up paddle boarding activities on small waves	
New unit	SISOSUP006 Lead stand up paddle boarding activities in sheltered coastal waters	
<b>Motorcycling (off-road)</b>		
SISOTBR201A Select, set up and maintain an off-highway motorcycle	Deleted	
SISOTBR202A Demonstrate basic off-highway motorcycling skills	Deleted	
SISOTBR303A Apply advanced off-highway motorcycling skills	Deleted	
SISOTBR304A Guide off-highway motorcycle tours	Deleted	
SISOTBR405A Guide extended off-highway motorcycle tours	Deleted	
SISOTBR406A Instruct basic off-highway motorcycling skills	Deleted	
SISOTBR507A Instruct advanced off-highway motorcycling skills	Deleted	
<b>Vertical Rescues</b>		
SISOVTR301A Perform vertical rescues	SISORSC002 Perform vertical rescues	N Unit recategorised to Rescue Operations. Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOVTR402A Perform complex vertical rescues	SISORSC003 Perform complex vertical rescues	N Unit recategorised to Rescue Operations.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.  Significant changes to performance criteria and knowledge evidence.
SISOVTR403A Instruct vertical rescue	Deleted	
<b>White Water Rescues</b>		
SISOWWR201A Demonstrate self-rescue skills in white water	SISORSC004 Self rescue in white water	N  Title changed.  Unit recategorised to Rescue Operations.  Unit reframed so that it can cover self rescues in different grades of rivers, 2, 3 & 4. Assessment can be contextualised to particular environments.  Significant changes to knowledge evidence.
SISOWWR302A Demonstrate white water rescues and recoveries	SISORSC005 Rescue others in white water	N  Title changed.  Unit recategorised to Rescue Operations.  Unit reframed so that it can cover self rescues in different grades of rivers, 2, 3 & 4. Assessment can be contextualised to particular environments.  Significant changes to knowledge evidence.
SISOWWR403A Perform complex white water rescues and recoveries	SISORSC006 Lead and participate in complex white water rescues	N  Title changed.  Unit recategorised to Rescue Operations.  Rescues apply to grade 3 & 4 rivers; no change.  Unit now emphasises leadership role, prioritising and dealing with multiple rescue needs.  Significant changes to performance criteria and knowledge evidence.

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISOWWR404A Instruct white water rescue	Deleted	
<b>Yachting (windsurfing)</b>		
SISOYSA201A Demonstrate basic sailboarding skills in controlled conditions	SISOWIN001 Windsurf in smooth water and light wind conditions	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Windsurfing.</p> <p>Water and wind conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOYSA302A Apply enhanced windsurfing skills in moderate conditions	Deleted	
SISOYSA303A Use a sailboard in stronger winds	Deleted	
SISOYSA404A Use long boards in difficult conditions	Deleted	
SISOYSA405A Use short boards in difficult conditions	Deleted	
SISOYSA406A Instruct windsurfing	SISOWIN002 Lead windsurfing activities in smooth water and light wind conditions	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Windsurfing.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Yachting (small boat)</b>		
SISOYSB201A Demonstrate basic skills to sail a small boat in controlled conditions	SISOSAI001 Sail small boats in smooth water and light to moderate wind conditions	N  Title changed.  Water and wind conditions clarified in title and throughout unit.  Unit recategorised to Sailing Small Boats.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Significant changes to performance criteria and knowledge evidence.
SISOYSB302A Sail a small boat in light to moderate conditions	SISOSAI002 Sail small boats in partially smooth water and moderate to fresh wind conditions	N  Title changed  Water and wind conditions clarified in title and throughout unit.  Unit recategorised to Sailing Small Boats.  Unit now focuses on activity skills rather than planning; planning removed.  Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.  Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities and TLIB2119 Carry out maintenance of trailers, to be selected as required  Content for using spinnakers and trapezes removed as not relevant to recreational use of small boats.  Significant changes to performance criteria and knowledge evidence.
SISOYSB403A Sail a small boat in moderate and variable conditions	SISOSAI003 Sail small boats in open coastal waters and moderate wind conditions	N  Title changed.  Water and wind conditions clarified in title and throughout unit.  Unit recategorised to Sailing Small Boats.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities and TLIB2119 Carry out maintenance of trailers, to be selected as required</p> <p>Content for using spinnakers removed as not relevant to recreational use of small boats.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOYSB404A Instruct small boat yachting	SISOSAI004 Lead sailing activities in smooth water and light to moderate wind conditions	<p>N</p> <p>Title changed.</p> <p>Units recategorised to Sailing Small Boats.</p> <p>SISOYSB404A Instruct small boat yachting did not nominate water and wind conditions or complexity of skills under instruction. Therefore, three replacement units are listed here, to be selected as required.</p> <p>Units focus on leadership skills at time of delivery; planning removed</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 &amp; SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
	SISOSAI005 Lead sailing activities in partially smooth water and moderate to fresh wind conditions	
	SISOSAI006 Lead sailing activities in open coastal waters and moderate wind conditions	

## Sport unit mapping

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<b>Australian Football</b>		
SISSAFL201A Perform the intermediate skills of Australian Football	SISSAFL001 Participate in Australian football at an intermediate level	N Title changed. Incorporates content from: SISSAFL201A Perform the intermediate skills of Australian Football SISSAFL202A Perform the intermediate tactics of Australian Football
SISSAFL202A Perform the intermediate tactics of Australian Football		
SISSAFL203A Participate in conditioning for Australian Football	SISSPAR009 Participate in conditioning for sport	N Title changed. Incorporates content from: SISSAFL203A Participate in conditioning for Australian Football SISSNTB203A Participate in conditioning for netball
SISSAFL304A Perform the advanced skills of Australian Football	SISSAFL002 Participate in Australian football at an advanced level	N Title changed. Incorporates content from: SISSAFL304A Perform the advanced skills of Australian Football SISSAFL305A Perform the advanced tactics of Australian Football
SISSAFL305A Perform the advanced tactics of Australian Football		
SISSAFL406A Teach the intermediate skills of Australian Football	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSAFL407A Teach the intermediate tactics of Australian Football	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
<b>Athletics</b>		
SISSATH201A Teach the fundamental skills of athletics	SISSATH001 Conduct athletics coaching sessions with foundation level participants	E Title changed. Updated to the Standards for Training Packages 2012.
<b>Basketball</b>		



Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSBSB201A Teach fundamental basketball skills	SISSBSB001 Conduct basketball coaching sessions with foundation level participants	N  Title changed.  Incorporates content from:  SISSBSB201A Teach fundamental basketball skills  SISSBSB202A Teach fundamental basketball tactics and game strategy  SISSBSB205 Interpret and apply the rules of basketball
SISSBSB202A Teach fundamental basketball tactics and game strategy		
SISSBSB205 Interpret and apply the rules of basketball		
SISSBSB205 Interpret and apply the rules of basketball	SISSBSB002 Coach basketball participants up to an intermediate level	N  Title changed.  Incorporates content from:  SISSBSB303A Teach intermediate level basketball skills  SISSBSB304A Teach intermediate level basketball tactics and game strategy  SISSBSB205 Interpret and apply the rules of basketball
SISSBSB304A Teach intermediate level basketball tactics and game strategy		
SISSBSB303A Teach intermediate level basketball skills		
Cricket		
SISSCKT201A Perform the intermediate skills of cricket	SISSCKT001 Participate in cricket at an intermediate level	N  Title changed.  Incorporates content from:  SISSCKT201A Perform the intermediate skills of cricket  SISSCKT202A Perform the intermediate tactics and strategies of cricket
SISSCKT202A Perform the intermediate tactics and strategies of cricket		
SISSCKT303A Participate in conditioning for cricket	Deleted	Relevant content covered in generic conditioning unit:  SISSPAR009 Participate in conditioning for sport
SISSCKT304A Perform the advanced skills of cricket	SISSCKT002 Participate in cricket at an advanced level	N  Title changed.  Incorporates content from:  SISSCKT304A Perform the advanced skills of cricket  SISSCKT305A Perform the advanced tactics and strategies of cricket
SISSCKT305A Perform the advanced tactics and strategies of cricket		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
SISSCKT306A Teach the intermediate skills of cricket	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCKT307A Teach the intermediate tactics and strategies of cricket	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCKT408A Teach the advanced skills of cricket	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSCKT409A Teach the advanced tactics and strategies of cricket	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
<b>Competitive Canoeing</b>		
SISSCNO201A Perform the intermediate skills and tactics of canoeing	Deleted	
SISSCNO302A Teach the intermediate skills and tactics of flatwater canoeing	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO303A Teach the intermediate skills and tactics of whitewater canoeing	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO304A Teach the intermediate skills and tactics of canoe polo	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO305A Perform the advanced skills and tactics of canoeing	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSCNO406A Teach the advanced skills and tactics of flatwater canoeing	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSCNO407A Teach the advanced skills and tactics of slalom canoeing	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		participants up to an advanced level
<b>Equestrian Activities</b>		
SISSEQS301A Demonstrate basic dressage, show jumping and cross-country riding	Deleted	
SISSEQS302A Demonstrate basic dressage and show horse skills	Deleted	
SISSEQS303A Teach the fundamental skills of riding	SISOEQU008 Instruct fundamental horse riding skills	N Title changed Two units merged due to overlap of skills coverage and duplication of content: SISOEQO303A Conduct horse riding sessions in an arena SISSEQS303A Teach the fundamental skills of riding Significant additions to performance criteria and knowledge evidence Prerequisite added: SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISSEQS404A Teach the intermediate skills of riding on the flat	Deleted	
SISSEQS405A Teach the intermediate skills of riding over fences	Deleted	
New Unit	SISSEQS001 Coach individual participants in the introduction of equestrian activities	
New Unit	SISSEQS002 Coach unofficial local competition competitors in equestrian	
New Unit	SISSEQS003 Coach official national competition participants in equestrian	
<b>Golf</b>		
SISGLF201 Perform the A-Grade skills of golf		N

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISSGLF202 Apply the A-Grade tactics and strategies of golf	SISSGLF002 Participate in golf at an intermediate level	Title changed.  Incorporates content from:  SISSGLF201 Perform the A-Grade skills of golf  SISSGLF202 Apply the A-Grade tactics and strategies of golf  SISSGLF316 Interpret and apply the rules of golf
SISSGLF316 Interpret and apply the rules of golf		
SISSGLF307 Participate in conditioning for golf	Deleted	Relevant content covered in generic conditioning unit:  SISSPAR009 Participate in conditioning for sport
SISSGLF314 Perform the advanced skills of golf	SISSGLF003 Participate in golf at an advanced level	N  Title changed.  Incorporates content from:  SISSGLF314 Perform the advanced skills of golf  SISSGLF315 Apply the advanced tactics and strategies of golf  SISSGLF316 Interpret and apply the rules of golf
SISSGLF315 Apply the advanced tactics and strategies of golf		
SISSGLF316 Interpret and apply the rules of golf		
SISSGLF510 Fit and alter golf equipment	SISSGLF004 Fit and alter golf equipment	E  Unit updated to the Standards for Training Package 2012.
SISSGLF512 Manage the structure and facilitation of golf competitions and tournaments	SISSGLF005 Manage the structure and facilitation of golf competitions and tournaments	E  Unit updated to the Standards for Training Package 2012.
SISSGLF517 Apply advanced skills, tactics and strategies of golf in high performance competition	SISSGLF006 Participate in high performance golf tournaments	E  Title changed.  Unit updated to the Standards for Training Package 2012.
SISSGLF518 Teach the advanced skills of golf	SISSGLF001 Coach advanced level golfers	N  Title changed.  Incorporates content from:  SISSGLF316 Interpret and apply the rules of golf  SISSGLF518 Teach the advanced skills of golf  SISSGLF519 Teach the advanced tactics and strategies of golf
SISSGLF519 Teach the advanced tactics and strategies of golf		
SISSGLF316 Interpret and apply the rules of golf		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSGLF520 Design and implement strategies to increase junior participation in golf	Deleted	Relevant content covered in cross-sector unit: SISXIND007 Develop and implement participation strategies
SISSGLF521 Manage on course golf operations	SISSGLF007 Manage on-course golf operations	E Unit updated to the Standards for Training Package 2012
<b>Gymnastics</b>		
SISSGYN201A Teach fundamental gymnastic skills	Deleted	
SISSGYN302A Teach fundamental gymnastic skills for infants	Deleted	
<b>Martial Arts</b>		
SISSMAR201A Teach the intermediate skills of martial arts	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSMAR402A Teach the advanced skills of martial arts	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSMAR503A Teach the high performance skills of martial arts	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
<b>Netball</b>		
SISSNTB201A Use intermediate level netball skills	SISSNTB002 Participate in netball at an intermediate level	N Incorporates content from: SISSNTB201A Use intermediate level netball skills SISSNTB202A Use intermediate level netball tactics and game strategy in netball play
SISSNTB202A Use intermediate level netball tactics and game strategy in netball play		
SISSNTB203A Participate in conditioning for netball	SISSPAR009 Participate in conditioning for sport	N Incorporates content from: SISSAFL203A Participate in conditioning for Australian Football SISSNTB203A Participate in

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		conditioning for netball
SISSNTB204A Teach foundation netball skills	SISSNTB001 Conduct netball coaching sessions with foundation level participants	N Title changed. Significant changes to content.
SISSNTB305A Use advanced level tactics and game strategy in netball play	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSNTB306A Use advanced level netball skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSNTB407A Teach intermediate level netball skills	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSNTB408A Teach intermediate level netball tactics and game strategy	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
<b>Participation</b>		
New unit	SISSPAR001 Participate in sport at an intermediate level	
SISSCOP201A Prepare a pre or post event meal	SISSPAR003 Follow specialist dietary advice	N Title changed. Significant changes to content.
SISSCOP202A Develop a personal management plan	Deleted	Relevant content is covered in: SISSSCO005 Continuously improve coaching skills and knowledge and SIRXIND005 Develop personal productivity
SISSCOP203A Develop a travel and accommodation plan	SISSPAR004 Book athlete travel and accommodation	N Title changed. Significant changes to content.
SISSCOP204A Develop personal media skills	SISSPAR005 Develop athlete personal brand	N Title changed. Significant changes to content.

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISSCOP205A Develop a personal financial plan	Deleted	Relevant content is covered in: FNSFLT201 Develop and use a personal budget
SISSCOP306A Prepare a sponsorship proposal	SISSPAR006 Prepare and present athlete sponsorship proposals	E Title changed. Unit updated to the Standards for Training Package 2012.
SISSCOP307A Manage personal finances	Deleted	The industry relevant content from this unit is captured in FNSFLT301 Be MoneySmart
SISSCOP308A Model the responsibilities of an elite athlete	Deleted	Relevant content is covered in: SISSPAR007 Work as an athlete
SISSCOP309A Design an athlete's diet	Deleted	
New unit	SISSPAR007 Work as an athlete	
New unit	SISSPAR008 Maintain personal wellbeing as an athlete	
<b>Rugby League</b>		
SISSRGL201A Use intermediate level Rugby League game skills	SISSRGL002 Participate in rugby league at an intermediate level	N Title changed. Incorporates content from: SISSRGL201A Use intermediate level Rugby League game skills SISSRGL202A Use intermediate level tactics and game strategy in Rugby League play
SISSRGL202A Use intermediate level tactics and game strategy in Rugby League play		
SISSRGL203A Participate in conditioning for Rugby League	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSRGL204A Teach the skills of Rugby League for modified games	SISSRGL001 Conduct rugby league coaching sessions with foundation level participants	N Title changed. Significant changes to content.
SISSRGL305A Use advanced level Rugby League game skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level



Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISSRGL306A Teach intermediate level Rugby League game skills	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSRGL307A Teach intermediate level Rugby League tactics and game strategy	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSRGL308A Use advanced level tactics and game strategy in Rugby League play	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGL409A Teach advanced level Rugby League game skills	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSRGL410A Teach advanced level Rugby League tactics and game strategy	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSRGL511A Teach high performance Rugby League game skills	Deleted	
SISSRGL512A Teach high performance Rugby League tactics and game strategy	Deleted	
<b>Rugby Union</b>		
SISSRGU201A Perform foundation level Rugby Union skills	Deleted	Relevant content covered in generic intermediate level participation unit: SISSPAR001 Participate in sport at an intermediate level
SISSRGU202A Perform foundation level Rugby Union tactics and strategies	Deleted	Relevant content covered in generic intermediate level participation unit: SISSPAR001 Participate in sport at an intermediate level
SISSRGU203A Participate in conditioning for Rugby Union	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSRGU204A Officiate junior level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSO003 Officiate sport competitions

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
SISSRGU205A Officiate local or district level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSRGU306A Perform advanced level Rugby Union skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGU307A Perform advanced level Rugby Union tactics and strategies	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGU308A Teach Rugby Union tactics and strategies at a foundation level	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants
SISSRGU309A Teach Rugby Union skills at a foundation level	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants
SISSRGU410A Officiate advanced level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
<b>Sailing</b>		
SISSSAI301A Teach the basic tactics and strategies of sailing	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants
SISSSAI402A Teach the advanced tactics and strategies of sailing	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
<b>Sport Coaching</b>		
SISSSCO101 Develop and update knowledge of coaching practices	SISSSCO005 Continuously improve coaching skills and knowledge	N Significant changes to content. Incorporates content from: SISSSCO101 Develop and update knowledge of coaching practices
SISSSCO411 Apply self-management to intermediate level coaching		

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
		SISSSCO411 Apply self-management to intermediate level coaching
SISSSCO202 Coach beginner or novice participants to develop fundamental motor skills	SISSSCO001 Conduct sport coaching sessions with foundation level participants	N Title changed. Significant changes to content.
New unit	SISSSCO002 Work in a community coaching role	
SISSSCO303 Plan and deliver coaching programs	SISSSCO004 Plan, conduct and review coaching programs	N Title changed. Significant changes to content.
SISSSCO304 Customise coaching for athletes with specific needs	SISSSCO003 Meet participant coaching needs	N Title changed. Significant changes to content.
SISSSCO305 Implement selection policies	SISSSCO006 Implement sport selection policies and procedures	N Title changed. Significant changes to content.
SISSSCO306 Provide drugs in sport information	SISSSCO008 Apply anti-doping policies	N Title changed. Significant changes to content.
SISSSCO307 Provide nutrition information to athletes	Deleted	
SISSSCO308 Support athletes to adopt principles of sports psychology	SISSSCO007 Apply sport psychology principles	N Title changed. Significant changes to content.
SISSSCO409 Work collaboratively with support personnel	SISSSCO009 Work collaboratively with others in a sport environment	N Title changed. Significant changes to content.
SISSSCO410 Implement a talent identification program	SISSSCO010 Implement sport talent identification programs	E Unit updated to the Standards for Training Package 2012.
SISSSCO512 Assist athletes to prevent and manage injury and illness	Deleted	
New unit	SISSSCO011 Manage integrity in sport	
New unit	SISSSCO012 Coach sport participants up to an intermediate level	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
New unit	SISSSCO013 Coach sport participants up to an advanced level	
New unit	SISSSCO014 Develop sport coaches	
New unit	SISSSCO015 Prepare participants for sport competition	
New unit	SISSSCO016 Coach participants in sport competition	
Sport Development		
SISSSDE201 Communicate effectively with others in a sport environment	Deleted	Communication skills are embedded throughout coaching and officiating units.
SISSSDE502 Design and implement strategies to increase participation	Deleted	Relevant content covered in cross-sector unit: SISXIND007 Develop and implement participation strategies
SISSSDE503 Develop volunteer management policies	Deleted	Relevant content covered in: CHCVOL004 Manage volunteer workforce development
Soccer		
SISSSOC301A Perform advanced level soccer skills	SISSPAR002 Participate in sport at an advanced level	N Title changed. Incorporates content from: SISSSOC301A Perform advanced level soccer skills SISSSOC302A Perform advanced level soccer tactics and strategies
SISSSOC302A Perform advanced level soccer tactics and strategies		
Sport Officiating		
New unit	SISSSOF001 Work as an official in sport	
SISSSOF101 Develop and update officiating knowledge	SISSSOF002 Continuously improve officiating skills and knowledge	N Title changed. Incorporates content from: SISSSOF101 Develop and update officiating knowledge SISSSOF306 Apply self-management to enhance high performance
SISSSOF306 Apply self-management to enhance high performance officiating		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		officiating
SISSSOF202 Officiate games or competitions	SISSSOF003 Officiate sport competitions	N Title changed. Significant changes to content.
SISSSOF203 Judge competitive situations	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSSOF304 Roster officials	Deleted	
SISSSOF305 Officiate in a high performance environment	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSSOF307 Coach officials	Deleted	
<b>Sports Administration</b>		
SISSSPA301A Coordinate regional touring athletes	Deleted	Relevant content covered in: SISXADM001 Organise and supervise participant travel
SISSSPA402A Coordinate international touring athletes	Deleted	Relevant content covered in: SISXADM001 Organise and supervise participant travel
SISSSPA403A Administer a team or group	Deleted	
SISSSPA404A Implement accreditation and registration systems	Deleted	
SISSSPA505A Coordinate team or group management	Deleted	
SISSSPA506A Coordinate team or group administration	Deleted	
<b>Sports Trainer</b>		
SISSSPT201A Implement sports injury prevention	SISSSPT001 Implement sport injury prevention and management strategies	N Significant changes to content and prerequisite added. Incorporates content from:
SISSSPT302A Provide initial management of sports injuries		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSSPT303A Conduct basic warm-up and cool-down programs		SISSSPT201A Implement sports injury prevention
SISSSPT304A Tape ankle, thumb and fingers		SISSSPT302A Provide initial management of sports injuries
SISSSPT305A Support sports injury management		SISSSPT303A Conduct basic warm-up and cool-down programs
SISSSPT306A Deal with medical conditions in a sport setting		SISSSPT304A Tape ankle, thumb and fingers
SISSSPT307A Conduct advanced taping		SISSSPT305A Support sports injury management
		SISSSPT306A Deal with medical conditions in a sport setting
		SISSSPT307A Conduct advanced taping
Squash		
SISSSQU201A Teach the fundamental skills of squash	SISSSQU001 Conduct squash coaching sessions with foundation level participants	N
SISSSQU202A Teach the basic tactics and strategies of squash		Significant changes to content. Incorporates content from: SISSSQU201A Teach the fundamental skills of squash SISSSQU202A Teach the basic tactics and strategies of squash
SISSSQU303A Teach the intermediate skills of squash	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSSQU304A Teach the intermediate tactics and strategies of squash	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
Surf Life Saving		
SISSSUR201A Teach the basic skills of surf life saving	SISSSUR001 Conduct surf life saving coaching sessions with foundation level participants	E Title changed. Unit updated to the Standards for Training Package 2012.
SISSSUR202A Officiate beginner level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions

Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent</b> <b>N = Not Equivalent</b>
SISSSUR303A Teach the intermediate skills of surf life saving	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSSUR304A Officiate intermediate level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit: SISSSOFO03 Officiate sport competitions
SISSSUR405A Teach the advanced skills of surf life saving	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSSUR406A Officiate advanced level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit: SISSSOFO03 Officiate sport competitions
<b>Swimming</b>		
SISSSWM301A Teach the competitive strokes of swimming	SISSSWM001 Coach swimmers up to a competitive level	N Title changed. Significant changes to content.
SISSSWM302A Plan a program for a competitive swimmer	Deleted	Relevant content covered in: SISSSCO004 Plan, conduct and review coaching programs
SISSSWM303A Teach the advanced skills of competitive swimming	SISSSWM002 Coach swimmers up to a high performance level	N Title changed. Significant changes to content.
New unit	SISSSWM003 Coach swimmers up to an elite level	
<b>Tennis</b>		
SISSTNS204 Conduct red stage tennis activities	SISSTNS001 Coach junior players in tennis	N Title changed. Significant changes to content. Incorporates content from: SISSTNS204 Conduct red stage tennis activities SISSTNS205 Interpret and apply the rules and regulations of tennis
SISSTNS205 Interpret and apply the rules and regulations of tennis		
SISSTNS206 Develop and update knowledge of tennis development programs		
SISSTNS307 Coach red stage tennis players		



Previous Unit Code and Title <b>SIS10 V3.1</b>	Replacement Unit Code and Title <b>SIS V4.0</b>	Comment in relation to previous version <b>E = Equivalent N = Not Equivalent</b>
SISSTNS308 Coach orange stage tennis players		SISSTNS206 Develop and update knowledge of tennis development programs  SISSTNS307 Coach red stage tennis players  SISSTNS308 Coach orange stage tennis players  SISSTNS309 Coach green stage tennis players
SISSTNS309 Coach green stage tennis players		
SISSTNS205 Interpret and apply the rules and regulations of tennis	SISSTNS002 Coach intermediate players in tennis	N  Title changed.  Significant changes to content.  Incorporates content from: SISSTNS205 Interpret and apply the rules and regulations of tennis  SISSTNS206 Develop and update knowledge of tennis development programs  SISSTNS410 Coach stroke production for intermediate tennis players  SISSTNS411 Coach tactics for intermediate tennis players
SISSTNS206 Develop and update knowledge of tennis development programs		
SISSTNS410 Coach stroke production for intermediate tennis players		
SISSTNS411 Coach tactics for intermediate tennis players		
SISSTNS512 Coach stroke production for high performance tennis players	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSTNS513 Coach tactics for high performance	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
<b>Touch Football</b>		
SISSTOU201A Perform the intermediate skills of Touch	SISSTOU001 Participate in touch at an intermediate level	N  Significant changes to content.  Incorporates content from: SISSTOU201A Perform the intermediate skills of Touch  SISSTOU202A Perform the intermediate tactics and strategies of Touch
SISSTOU202A Perform the intermediate tactics and strategies of Touch		
SISSTOU303A Teach the intermediate skills of Touch	Deleted	Relevant content covered in generic intermediate-level coaching unit:

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		SISSSCO012 Coach sport participants up to an intermediate level
SISSTOU304A Teach the intermediate tactics and strategies of Touch	Deleted	Relevant content covered in generic intermediate-level coaching unit:  SISSSCO012 Coach sport participants up to an intermediate level
<b>Tenpin Bowling</b>		
SISSTPB201A Teach fundamental tenpin bowling skills	SISSTPB001 Conduct tenpin bowling coaching sessions with foundation level participants	N  Title changed.  Significant changes to content.
<b>Volleyball</b>		
SISSVOL301A Teach the intermediate skills of volleyball	SISSVOL001 Coach volleyball participants up to an intermediate level	N  Significant changes to content.  Incorporates content from:  SISSVOL301A Teach the intermediate skills of volleyball  SISSVOL302A Teach the intermediate tactics and strategies of volleyball
SISSVOL302A Teach the intermediate tactics and strategies of volleyball		
SISSVOL403A Teach the advanced skill of volleyball	Deleted	Relevant content covered in generic advanced coaching unit:  SISSSCO013 Coach sport participants up to an advanced level
SISSVOL404A Teach the advanced tactics and strategies of volleyball	Deleted	Relevant content covered in generic advanced coaching unit:  SISSSCO013 Coach sport participants up to an advanced level

## Appendix E: Packaging of units in SIS qualifications

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
<b>CROSS-SECTOR (X)</b>						
<b>Administration (ADM)</b>						
SISXADM001	Organise and supervise participant travel			✓	✓	✓
<b>Coaching and Instruction (CAI)</b>						
SISXCAI001	Provide equipment for activities	✓	✓	✓		
SISXCAI002	Assist with activity sessions	✓	✓			
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions			✓		
SISXCAI004	Plan and conduct programs			✓	✓	
SISXCAI005	Conduct individualised long-term training programs				✓	✓
SISXCAI006	Facilitate groups			✓		
SISXCAI007	Assist with activities not requiring equipment			✓		
SISXCAI008	Plan, conduct and review training and recovery programs					✓
SISXCAI009	Instruct strength and conditioning techniques			✓		
SISXCAI010	Develop strength and conditioning programs				✓	
<b>Client and Customer Service (CCS)</b>						
SISXCCS001	Provide quality service	✓	✓	✓		
SISXCCS002	Coordinate client service activities				✓	✓
SISXCCS003	Address client needs				✓	✓
<b>Disability (DIS)</b>						
SISXDIS001	Facilitate inclusion for people with a disability			✓	✓	
SISXDIS002	Plan and conduct disability programs			✓	✓	
<b>Emergency Response (EMR)</b>						
SISXEMR001	Respond to emergency situations		✓	✓		

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISXEMR002	Coordinate emergency responses				✓	
<b>Facility Management (FAC)</b>						
SISXFAC001	Maintain equipment for activities		✓	✓		
SISXFAC002	Maintain sport, fitness and recreation facilities		✓	✓		
SISXFAC003	Implement facility maintenance programs			✓	✓	✓
SISXFAC004	Coordinate facility and equipment acquisition and maintenance				✓	✓
SISXFAC005	Manage stock supply and purchase			✓		✓
<b>Finance (FIN)</b>						
SISXFIN001	Develop and review budgets for activities or projects			✓	✓	✓
SISXFIN002	Process financial transactions	✓	✓	✓		
<b>Human Resource Management (HRM)</b>						
SISXHRM001	Recruit and manage volunteers			✓	✓	✓
<b>Computer Operations and ICT Management (ICT)</b>						
SISXICT001	Select and use technology for sport, fitness and recreation work				✓	✓
<b>Working in Industry (IND)</b>						
SISXIND001	Work effectively in sport, fitness and recreation environments	✓		✓		
SISXIND002	Maintain sport, fitness and recreation industry knowledge		✓			
SISXIND003	Maintain legal knowledge for organisation governance			✓	✓	✓
SISXIND004	Analyse participation patterns				✓	
SISXIND005	Coordinate work teams or groups				✓	✓
SISXIND006	Conduct sport, fitness or recreation events			✓	✓	✓
SISXIND007	Develop and implement participation strategies					✓
SISXIND008	Manage legal compliance in sport and recreation					✓
SISXIND009	Respond to interpersonal conflict			✓	✓	
SISXIND010	Protect children and young people			✓	✓	✓

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
<b>Management and Leadership (MGT)</b>						
SISXMGT001	Develop and maintain stakeholder relationships			✓	✓	✓
<b>Resource Management (RES)</b>						
SISXRES001	Conduct sustainable work practices in open spaces			✓	✓	✓
SISXRES002	Educate user groups			✓	✓	✓
<b>COMMUNITY RECREATION (C)</b>						
<b>Aquatics (AQU)</b>						
SISCAQU001	Test pool water quality			✓	✓	
SISCAQU002	Perform basic water rescues			✓	✓	
SISCAQU003	Maintain aquatic facility plant and equipment				✓	
SISCAQU004	Develop and implement pool water maintenance procedures				✓	
SISCAQU005	Develop and implement aquatic facility maintenance procedures				✓	
SISCAQU006	Supervise clients in aquatic locations			✓		
SISCAQU007	Perform advanced water rescues			✓	✓	
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills			✓	✓	
SISCAQU009	Instruct water safety and survival skills			✓	✓	
SISCAQU010	Instruct swimming strokes			✓	✓	
SISCAQU011	Promote development of infants and toddlers in an aquatic environment			✓	✓	
SISCAQU012	Assist participants with a disability during aquatic activities			✓	✓	
SISCAQU013	Coordinate lifeguard service at an aquatic facility				✓	
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility				✓	
<b>Community Recreation Development (CRD)</b>						
SISCCRD001	Facilitate community recreation initiatives				✓	✓
<b>Community Recreation Operations (CRO)</b>						
SISCCRO001	Plan and conduct recreation programs for older persons			✓		

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
<b>FITNESS (FFIT)</b>						
SISFFIT032	Complete pre-exercise screening and service orientation			✓		
SISFFIT033	Complete client fitness assessments			✓		
SISFFIT034	Assess client movement and provide exercise advice				✓	
SISFFIT035	Plan group exercise sessions			✓		
SISFFIT036	Instruct group exercise sessions			✓		
SISFFIT037	Develop and instruct group movement programs for children			✓	✓	
SISFFIT038	Plan group water-based exercise sessions			✓	✓	
SISFFIT039	Instruct group water-based exercise sessions			✓	✓	
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients			✓		
SISFFIT041	Develop personalised exercise programs				✓	
SISFFIT042	Instruct personalised exercise sessions				✓	
SISFFIT043	Develop and instruct personalised exercise programs for body composition goals				✓	
SISFFIT044	Develop and instruct personalised exercise programs for older clients				✓	
SISFFIT045	Develop and instruct personalised exercise programs for adolescent clients				✓	
SISFFIT046	Plan and instruct online exercise sessions				✓	
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise			✓		
SISFFIT048	Use anatomy and physiology knowledge to support safe and effective water-based exercise			✓	✓	
SISFFIT049	Use exercise science principles in fitness instruction				✓	
SISFFIT050	Support exercise behaviour change				✓	
SISFFIT051	Establish and maintain professional practice for fitness instruction				✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISFFIT052	Provide healthy eating information			✓		
SISFFIT053	Support healthy eating for individual fitness clients				✓	
<b>SPORT (S)</b>						
<b>Australian Football (AFL)</b>						
SISSAFL001	Participate in Australian football at an intermediate level		✓			
SISSAFL002	Participate in Australian football at an advanced level			✓		
<b>Athletics (ATH)</b>						
SISSATH001	Conduct athletics coaching sessions with foundation level participants		✓			
<b>Basketball (BSB)</b>						
SISSBSB001	Conduct basketball coaching sessions with foundation level participants		✓			
SISSBSB002	Coach basketball participants up to an intermediate level			✓		
<b>Cricket (CKT)</b>						
SISSCKT001	Participate in cricket at an intermediate level		✓			
SISSCKT002	Participate in cricket at an advanced level			✓		
<b>Equestrian (EQS)</b>						
SISSEQS001	Coach individual participants in the introduction of equestrian activities			✓		
SISSEQS002	Coach unofficial local competition competitors in equestrian				✓	
SISSEQS003	Coach official national competition participants in equestrian					✓
<b>Golf (GLF)</b>						
SISSGLF001	Coach advanced level golfers					✓
SISSGLF002	Participate in golf at an intermediate level		✓			
SISSGLF003	Participate in golf at an advanced level			✓		
SISSGLF004	Fit and alter golf equipment				✓	
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments				✓	



Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISSGLF006	Participate in high performance golf tournaments				✓	
SISSGLF007	Manage on-course golf operations				✓	
<b>Netball (NTB)</b>						
SISSNTB001	Conduct netball coaching sessions with foundation level participants		✓			
SISSNTB002	Participate in netball at an intermediate level		✓			
<b>Participation (PAR)</b>						
SISSPAR001	Participate in sport at an intermediate level		✓			
SISSPAR002	Participate in sport at an advanced level			✓		
SISSPAR003	Follow specialist dietary advice		✓	✓		
SISSPAR004	Book athlete travel and accommodation		✓	✓		
SISSPAR005	Develop athlete personal brand			✓		
SISSPAR006	Prepare and present athlete sponsorship proposals			✓	✓	
SISSPAR007	Work as an athlete		✓	✓		
SISSPAR008	Maintain personal wellbeing as an athlete			✓		
SISSPAR009	Participate in conditioning for sport		✓	✓		
<b>Rugby League (RGL)</b>						
SISSRGL001	Conduct rugby league coaching sessions with foundation level participants		✓			
SISSRGL002	Participate in rugby league at an intermediate level		✓			
<b>Coaching (SCO)</b>						
SISSSCO001	Conduct sport coaching sessions with foundation level participants		✓			
SISSSCO002	Work in a community coaching role		✓	✓		
SISSSCO003	Meet participant coaching needs			✓	✓	✓
SISSSCO004	Plan, conduct and review coaching programs					✓
SISSSCO005	Continuously improve coaching skills and knowledge			✓	✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISSSCO006	Implement sport selection policies and procedures			✓	✓	
SISSSCO007	Apply sport psychology principles					✓
SISSSCO008	Apply anti-doping policies					✓
SISSSCO009	Work collaboratively with others in a sport environment			✓	✓	
SISSSCO010	Implement sport talent identification programs				✓	✓
SISSSCO011	Manage integrity in sport					✓
SISSSCO012	Coach sport participants up to an intermediate level			✓		
SISSSCO013	Coach sport participants up to an advanced level				✓	
SISSSCO014	Develop sport coaches					✓
SISSSCO015	Prepare participants for sport competition				✓	
SISSSCO016	Coach participants in sport competition			✓		✓
<b>Officiating (SOF)</b>						
SISSSOF001	Work as an official in sport		✓	✓		
SISSSOF002	Continuously improve officiating skills and knowledge		✓	✓		
SISSSOF003	Officiate sport competitions		✓	✓		
<b>Sports Trainer (SPT)</b>						
SISSSPT001	Implement sport injury prevention and management strategies			✓	✓	
<b>Squash (SQU)</b>						
SISSSQU001	Conduct squash coaching sessions with foundation level participants		✓			
<b>Surf Lifesaving (SUR)</b>						
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants		✓			
<b>Swimming (SWM)</b>						
SISSSWM001	Coach swimmers up to a competitive level			✓		
SISSSWM002	Coach swimmers up to a high performance level				✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISSSWM003	Coach swimmers up to an elite level					✓
<b>Tennis (TNS)</b>						
SISSTNS001	Coach junior players in tennis			✓		
SISSTNS002	Coach intermediate players in tennis				✓	
<b>Touch (TOU)</b>						
SISSTOU001	Participate in touch at an intermediate level		✓			
<b>Tenpin Bowling (TPB)</b>						
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants		✓			
<b>Volleyball (VOL)</b>						
SISSVOL001	Coach volleyball participants up to an intermediate level			✓		